



AMALA COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society)

Amala Nagar P.O., Thrissur-680 555, Kerala, India.

Website : www.amalanursingcollege.org

FIRST CYCLE NAAC ACCREDITATION 2022

CRITERION 2

TEACHING – LEARNING AND EVALUATION

2.3. Teaching Learning Process

*2.3.4 Mentor Mentee Register – Mentor Wise Report
2018 Batch*

Submitted to



THE NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL

MENTOR MENTEE PROGRAMME

The mentor mentee meet of this academic year was conducted on November 15th. The objective of this programme was to understand the academic, health, family and financial problems and to help them to cope up with the situation. It gives a common platform to the students to have an open interaction with their teachers. The mentor meet the students individually, discuss their issues and suggest remedial measures if needed. Mentors should keep 100% confidential of the matters they deal with. Each mentor should keep the record of their mentees.

Mentor Mentee Report on 13/12/19

Mentors met their students individually, discussed their issues and suggested remedial measures.

Report of each mentor is as follows.

1. SR. MOLY THOMAS

counselling session conducted on 13/12/19. met 13 students. major issues not identified one student have problems with studies. she is a slow learner.

Explained tips for learning and suggested to prepare a time table for time planning.

2. Ms SIMI.C. MATHEW

Mentor-Mentee meeting was conducted on 13/12/2019. Met 12 students. Two of the students have some financial problems. Detailed information are collected from that students. One of them have some family issues regarding her father's health. Psychological support was given. First stage of counselling session conducted with these students. One of them reported that, she has ~~no~~ interest in nursing profession; explained the scope of nursing profession in both administrative and service aspects to motivate/create interest in this nursing profession. Other students have no any academic/family/financial problems reported to the mentor.

3. Mrs. ARYA.V.AJITH

Mentor-mentee meeting session was conducted on 13/12/19, Met the 13 students. No major problems were reported/identified. Among them 3 students are slow learners, enquired their problems and noticed that they are having problems in memorizing the topics. Explained and advised the students to have group study and clarify the doubts with teachers/friends. One student have PCOD and is on treatment, one of them reported that she became angry and tempered fastly for very minute problems and for that advised to

mind from that problem & engage in prayers.

4. Mrs. Fancy Paul &

Mentor-Mentee session was conducted on 20/12/2019. Met 12 students and discussed about their academic, family, friends, financial, social, health and spiritual issues or problems. Major issues are not identified. Some students have problems in memorizing some terms in pharmacology. Advised tips to remember the points and terms and suggested to prepare a time table to study every subjects all days.

Mentor Mentee Report on 10/01/2020

1. Ms. Simi C. Mathew

Mentor-Mentee session was conducted on 10/01/2020. Met 12 students and discussed about their academic, financial, social, psychological and health issues. Major issues are not identified. Some students have problem in memorizing at the time of exam. Advised to read more time and utilizing library. Suggested for preparing a plan for study every subjects and activities.

2. Mrs. ARYA V. ASITH

Mentor-mentee meeting session was conducted on 10/01/2020, met the 13 students. No major problems were identified. The 3 slow learner students reported good improvement in the academic activities. Students reported that they are having hectic work and seems difficult to complete within the stipulated time. One student who have become angry reported slight change in the mood swings.

3. Mrs. Nancy Paul K

Mentor - Mentee session was conducted on 10/01/2020. met 12 students and discuss about their academic, financial, social, psychological and health issues. Major issues are not identified. Advised to prepare a time table to utilize available time for studying. Advised to perform well in clinical postings. None had issues at clinical settings too.

4. SRI. MOLY THOMAS

Mentor-mentee session was conducted. Met 13 student. No major problems were identified. one slow learner student reported her difficulties in learning.

Mentor - MENTEE REPORT ON 24/02/2020

10. MRS. ARYA. V. AJITH

Mentor-mentee meeting session was conducted on 24/02/2020. Met 13 students and the major problem focussed/discussed was about the marks in the sessional exam. Students have problems with their studies especially in pharmacology, i.e., they are not able to memorize what they have learned, so advised the students to revise the lessons each day and make short notes on the topic they have studied. Among the 3 slow learners all have failed in the sessional examination. So remedial teaching had started for them.

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Mrs. Fanny Paul. K

Mentor - Mentee meeting session was conducted on 24/02/2020. Met 2 students and discussed their academic, health, social and financial difficulties. Some students have scored less marks in 1st sessional examination are identified and focused them during upcoming remedial teaching.

3 Ms. Sima C. Mathew

Mentor-mentee meeting session was conducted on 20/02/2020. Met the 10 students. No major problems were reported and identified. Some students have some problems in learning & memorising the subjects. Some of the students were failed in session exam due to improper learning. So some suggestions were given to them for achieving better result in exams. Suggested to prepare a timetable for daily activities especially study time. Also advised to perform well in clinical setting.

4 SR. MOLY THOMAS

Mentor-mentee meeting session was conducted on 24/2/2020. Met 13 students. No major problems were identified. Some have less marks in first sessional examination and encouraged them to focus in studies. Suggested for timetable preparation.

MENTOR-MENTEE REPORT ON 13/03/2020.

1. Aanya V. Asith

Mentor-mentee meeting session was conducted on 13/02/2020. 4 students have failed in the university exam and they have some problems with the studies. 1 student was very much depressed as she hadn't got the expected marks in the exam. No other problems were reported by the rest of the students.

2. Fanny Paul K

Mentor - Mentee Meeting session was conducted on 13/03/2020. Met 12 students and discussed the problems they met face during last two weeks. No major problems were identified. Some were depressed because of the failure in 1st PSC university exams. Encouraged them to focus more on studies so that they can pass supplementary examination. Advised them to make time table for the same.

3. SR. MOLY THOMAS

Mentor - Mentee meeting session was conducted on 13/3/2020. Met 13 students. Few of them were worried about the first year university result. Enquired them about the ways of improvement. Discussed about their study habits. They decided to prepare time table and planned for combined study. No other problems were reported by the rest of the students.

MENTOR - MENTEE REPORT ON 08/05/2020

1. Aya.v. Ajith

Mentor - mentee meeting session was conducted on 08/05/2020. Through online mode. Voice calling was done and contacted all 13

addressing was discussed. Students were not able to adjust with the online mode of teaching and reported not able to concentrate more on their studies. Hostler's reported that they were not able to focus more on their studies, and most of them hadn't taken any notes or textbooks with them. Slow learners are facing more difficulty as group studying is not applicable in this scenario. Advised all the students to practice measures to adjust with this virtual learning, and concentrate more on their studies.

2. Ms. Sumi C. Mathew.

Mentor Mentee meeting was conducted by online. No major issues were identified. One student reported health issues of her parents in lockdown period. Psychological support was given by open communication. Now she is capable of managing such situations. All of them reported a positive feedback regarding online teaching, except two students. They have some network issues in the beginning period of online teaching. But it's ok now. At present all of them are staying and safe in their own home.

3. Mrs. Faney Paul. G.

Mentor - Mentee session was conducted on 08/05/2020 through online mode. voice calling was done and

and discussed. Advised measures to adjust with virtual learning and concentrate more on studies.

4. SR. MOLY THOMAS

Mentor-mentee meeting was conducted by online. No major issues were identified. Few have reported financial crisis. Few students reported straining of eyes and headache due to long use of mobiles. Encouraged them to study well & make utilize the time fully.

MENTOR-MENTEE SESSION ON 15/07/2020

1. Aya V. Ajith

Mentor-mentee session was held through online mode on 15/07/2020. Through voice calling all 13 students were contacted and have discussed about the problems that they were facing in this scenario. Most of them reported that they were not able to concentrate more on their studies, a great difference noted by them with this online method of learning when compared to real situation. Yet another problem discussed was regarding the financial crisis, as most of their parents are not having job due to lockdown. A student from Wayanad district discussed about the attack of wild animals in their farmland and the damage brought about. One remarkable point is that one of our student's mother had COVID-19 duty, hence to Thrissur medical college and student had discussed me with the emotional feelings that she had during that time when most of our

test COVID positive. By this session it's able to conclude that most of them had experienced some form of stress. Now we had created a common whatsapp group to share their daily issues. Psychological support was provided and explained about some of the coping strategies that can be used to overcome the same.

2. Mrs. Simi C. Mathew

Mentor Mentee session was held through online mode on 15/07/2020. Through voice calling all 13 students were discussed about their problems. Some students were reported regarding financial ~~prob~~ issues during this COVID 19 lockdown phase. Also other student says that, they have some fear and stress regarding COVID 19 and it's upcoming issues. Psychological support was provided and explained about some home remedies to overcome the stress like yoga, meditation etc.

3. Mrs. Faney Paul K

Mentor Mentee session was held through online mode on 15/7/2020. Interacted with 12 Mentee students through phone call and whatsapp. All of them conveyed their views on this pandemic situation and how they are facing these

academics through online classes. I advised tips to stay safe and healthy and how can we update knowledge through online classes more effectively.

4. SR. MOLY THOMAS

Mentor Mentee Session was held on 15/7/20 through online mode. I interacted with all 13 students. One student was very much worried about her father's ill health. Her father was admitted in a hospital after CVA. I consoled her my level best. She recovered. Most of my students was very happy during the lock down period. Some students have problems with internet connections. I motivated them to utilize the time effectively. I created a whatsapp group and uploaded motivational videos.

MENTOR - MENTEE SESSION ON 03.08.2021

1. Mrs. Fanny Paul . K

Mentor Mentee Session was held through online mode. I talked with the 12 students through voice call and whatsapp. We shared positive vibes through whatsapp messages. Students are adjusted with the new mode of life in this pandemic situation. They are concentrating on the studies and doing additional assignments and

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maximum effort in academics. They were worried about the completion of the present academic year and next year classes. We discussed the importance of virtual learning and coping strategies for a better outcome.

2. Mrs. Aya. V. Ajith

Mentor mentee session was held through online mode. I talked with the 13 students through voice call. Students now got adjusted with this online mode of teaching. They were now concentrated on completion of some of the clinical requirements and getting ready for the next academic year classes. They were worried about the completion of the clinical posting and regarding the university examination. Motivated the students to utilize their time effectively.

3. SR. MOLY THOMAS

Mentor-mentee session was held on 3/8/20 through online mode. Interacted with all students. Most of the students were very happy. Few students were worried about their supplementary exams and they were preparing for that. Few complained about the tight schedule of classes and writing notes. Some of them have problems with net connection.

4 Mas Smiti C Mathew

Mentor Mentee meeting was held through online mode on 3/08/20. I have contacted all 12 students through voice call. We discussed about the problems which they faced during this pandemic situation. Most of them reported that they were worried about their exam pending exams and delayed academic year. Some students have problems with network connection. Psychological support provided to overcome the Corona related issues and suggestions given as sharing notes within the class.

MENTOR MENTEE SESSION ON 3/09/2020

1) Mas Aya V Ajith

Mentor mentee session was held through online mode on 3/09/2020. Through messaging and voice calling contacted all 13 students and have discussed about the problems that they were facing in this scenario. Most of them reported that they were having some issues with the sessional exams and classes. As 3rd year classes are going on they were not getting enough time to finish their 2nd year portions for the exam. Students reported that they got good technical knowledge regarding the use of different sites

enjoy the festival even though it is lockdown.
All students and their family members are safe.

2) Mrs. Fanny Paul. K.

Mentor mentee session was held on 29.09.2020 through online mode. I contacted all 12 students through messaging and voice call. We discussed about the problem they faced during this pandemic situation. Most of the reported that they were worried about next academic schedule and online classes. Now students are used to handle moodle, google meet, google classrooms and other online platform for the education. I advised to be safe and healthy during this time.

3 SR. MOLY THOMAS

mentor mentee programme conducted on 30/9/20. Contacted 12 students. Discussed their issues and problems. They had no special problems. They are keeping fine + one student was worried with family issues. They are adjusting to the online class. Some of them have problems with eye strains. Encouraged them to involve in physical fitness

f. Mrs. Simi C. Mathew

Mentor mentee meeting was conducted by online. No major issues were identified. One student reported health issues of her parents in lockdown period. Psychological support was given by open communication. All of them reported a positive feedback regarding online teaching except two students. They have some network issues in beginning period of online teaching. But it's OK now. At present all of them are staying and safe in their home.

Mentor - Mentee session on 06-10-2020

1) Mrs. Fancy Paul - R

Mentor - Mentee session was held on 06-10-2020 through online mode. I contacted all 12 students through messaging and voice call. We discussed about the problems they faced during this pandemic situation. Students reported that they got good technical knowledge regarding the use of different online platforms for academic purpose. I advised them to be safe and healthy during this time.

e) Mrs. Daya V Ajith

calling contacted all students. Some students are having supplementary exams so they were more concentrating on 1st year subjects. One student reported that they have seen the funeral of a covid 19 patient. One student's father was sick and was hospitalized for few weeks. All the students are busy with their 3rd year classes and all are having good health. Informed to be safe and healthy.

3. Mrs. Sini - C. Mathew

Mentor mentee meeting was conducted through online meeting. No major issues were identified. One student reported a health issue in her voice. She had complaint of voice problem due to throat congestion. Suggestions given regarding the consultation with ENT and voice therapist. Psychological support was given by open-communication. All of them reported a positive feedback regarding online teaching except one student. She had some network issues while teaching with moodle platform. Suggestions given as to share the notes of other classmates for getting the missing classes. All of them are actively celebrated the Onam festival within the Covid restriction in their home. At present all of them are staying safe in their own home.

4. Sr. Moly Thomas

mentor-mentee meeting was conducted on 6/10/20 through online meeting. I contacted 13 students. Discussed about their problems. Few had complained about connectivity issues. At present all of them

MENTOR-MENTEE SESSION ON 30/11/2020

1) Mrs. ARYA.V.AJITH

Mentor-mentee session was held through voice calling on 30/11/2020. All the 13 students were contacted and discussed about their issues. All students are healthy, students who have appeared for the supplementary exams were not much satisfied as they were not able to perform well. And those students were now busy in completing the pending 3rd year notes. One student's father was sick and was on ventilator, but now he has been cured and had undergone Angiogram. Another student's sister had informed that her congregation sisters were positive for COVID-19 but among them one sister was very sick and is on DIL. Advised the students to be safe and healthy in this pandemic situation and try to concentrate more on 3rd yr subjects.

2) Mrs. Fanny Paul K

mentor-mentee session was held through voice calling on 30/11/2020. All the 12 students were contacted and discussed about their concerns. All students were staying safe and healthy. One student said that there are many COVID-19 positive cases in their ^{neighbourhood} ~~school~~. Some of their parents lost their job or have limited day of work. Advised the students to be safe and healthy.

3. Mas. Simi. C. Mathew.

Mentor. Mentee meeting was held through Voice Calling on 30/11/2020. 13 students were contacted and discussed about their issues. Some students having supplementary exams so they were more concentrating on 1st year subjects. Now they are well adjusted with online class. At present all of them are safe in their home.

4. Sri. Moly Thomas

Mentor mentee programme conducted on 30/11/20. Contacted 13 students. Three of them have supplementary exam. They were concentrating on their exams. Some are satisfied after finishing exams. Few attended the exam very well. All student are healthy and safe. Instructed them to concentrate more on studies.

MENTOR-MENTEE SESSION ON 30/12/2020

1. St. Moly Thomas

Mentor mentee meeting was held through voice calling on 30/12/20. Contacted 13 students. All students were staying safe and healthy. They all searched about reopening of college and all are eagerly waiting for reopening of college. Few students has to work in the paddy field for helping their parents. Encouraged them to participate physical fitness programme.

MENTOR MENTEE SESSION ON 30/12/2020.

2) Mrs. Smt. C. Mathew.
Mentor meeting was conducted by online. No major issues were identified. One student reported fever, consulted a physician and there is no symptom of COVID 19. All of them reported a positive feedback regarding online class except 3 students. They had some network issues and also complaints of migraine due to continuous online class. Suggestions given to share notes of others, who had network issues and advised to take adequate food and rest to overcome migraine. All of them are actively celebrated Christmas within COVID restrictions in their home. At present all of them are staying safe in their home.

3) ARYA. V. AJITH
Mentor meeting was conducted by online. No major issues were identified. All 13 students were contacted and discussed about their issues. All students seem to be healthy and were very busy with their 3rd year classes. Students are eagerly waiting to come to the college, they reported that they have celebrated their Christmas in an attractive and healthy manner. Advised to stay safe and healthy in this situation.

4) FANCY PAUL
Mentor mentee was conducted on 30/12/2020 by online. No major issues

WINTER - MENTEE SESSION ON 10/11/2020

heads which can be resolved by its own.
 Advised them to take adequate food and
 sleep tight to boost immunity and to
 improve concentration. All of them were
 extremely celebrated Christmas and their loved
 ones at their home. Advised them
 to stay safe and healthy.

MENTOR-MENTEE SESSION ON 16/01/2021

1) MRS. ARYA V. AJITH

Mentor-mentee session was held by online mode on 16/01/2021. All the 13 students were contacted and discussed about their status. No major issues were addressed by them. Students were eagerly waiting for coming back to the college and enquired about the date on which they will be called off. Now they were busy in completing the 3rd notes and other assignments. No students reported regarding any health problems, and all their family members were well. Informed the students regarding the overall precautions to be taken before being back to the college and hostels.

2) MRS. PANCY PAUL K.

Mentor-mentee session was held online on 16/01/2021. All the 12 students were contacted and discussed about their current issues and concerns. No major problems were addressed by the students. They are actively participating in academic programs and busy in theory classes and assignments. All the students and family members are doing well, and they are staying safe and healthy. Informed students regarding the guidelines to be followed to restrict the college and clinical schedules.

2) Mrs. Sini. C. Mathew .

Mentor mentee session was conducted by online. I contacted all 12 students through messaging. All the students are healthy and staying safe in home. No major issues were identified. One student father was sick and was on treatment in hospital. Psychological support was given. Informed the students regarding restarting clinical posting, and information given regarding precautions to be taken.

4) Sr. Moly Thomas

Mentor mentee session was conducted on 16/1/21 by online mode. All the 13 students were contacted and discussed about their issues. All the students are healthy and staying safe in home. No major issues were addressed by them. They were eagerly waiting for coming back to college and enquired about college reopening. Informed the students regarding the precautions to be taken by them when the re-open of college.

MENTOR-MENTEE SESSION ON 12/2/21

1) Mrs. ARYA. V. AJITH

Mentor-mentee session was held by online mode on 12/02/21. All the 13 students were contacted and discussed about their issues and concerns. Students are very busy with their clinical posting and completing 2nd year assignments. Students reported that they were back to their normal routine and had started studying the 2nd year subjects. No students reported any health problems or any other issue. One student was RT-PCR positive and now antigen result shows negative, and she is preparing to come back to college. A

2) Mrs. Fancy Paul K.

Mentor-mentee session was held on 12/02/2021 at Staffroom. All 12 students attended the session. A debate was also conducted on advantages and disadvantages of online classes. Students are busy in attending clinical posting, and completing their requirements. No students reported any complaints or issues. Students reported that they are back to their normal college routine and started studying the 2nd year subjects. Also started preparation for university exams.

3 Dr. Moly Thomas

Mentor-mentee session was held on 12/12/21 at staff room. All 13 students attended. Discussed about their problems and issues in clinical posting. No student reported any health problem. Informed about debate topic. Instruct them for getting ready for that. Few of them have fever and pain after the covidshield immunization. Encouraged them to start study and finish their assignments.

4 Mrs. Simi C. Mathew

Mentor - Mentee Session was held by Face to face interaction on 12/02/21 at staff room. 12 students attend the session. A debate was held on advantages and disadvantages of online teaching. There is no any issue reported by students. They are happy to say they are back to their normal college routine and started studying the rest subjects. Also started preparation of university exams. Encouraged to start self study and ~~work~~ to complete the clinical assignments.

MENTOR MENTEE SESSION ON 13/03/2021

1. MRS. SIMI C. MATHEW

Mentor Mentee session was held by online mode on 13/03/2021. All the 12 students were contacted and discussed about their issues and concerns. Students were reported that they were back to normal routine and had started studying the 2nd year subjects. No students reported any health problems or any other issues. Encouraged to start self study and complete their clinical requirements.

2. Mrs. Fany Paul. K

Mentor Mentee session was held by online mode on 13/3/2021. 12 students were contacted and discussed their concerns by phone call. Students were reported that they were back to normal routine and had started studying the 3rd year subjects. No student reported any health problems or any other issues. Encouraged to start self study as per time table.

3. Mrs. Anja. V. Ajith

Mentor-mentee session was held online mode on 13/03/2021. All the 13 students contacted and discussed their concerns. Students reported that they had started studying 3rd year subjects. No students reported any health problems, and all their family members are safe and doing well.

MENTOR MENTEE SESSION ON 14/04/21

1. MRS. SIMI. C. MATHEW

Mentor^{mentee} meeting was held on 14/04/2021. All the 12 students were contacted and discussed about their issues. All students are healthy. One student's father was sick and seek treatment in hospital. Psychological support was given. All students strictly followed the precautions to prevent Covid infection. They are already started to review the topics for 2nd year university exam. Now they are safe and stay healthy.

2. MRS. PAMEL PAUL. K

Mentor-mentee session was held on 14/04/2021. All the 12 students were contacted and discussed about issues. All students are healthy. All students strictly followed the precautions to prevent covid infection. They have already started to review the topics for 2nd year university exams. Now they are safe and staying healthy.

3. Mrs. Anja. V. Ajith

Mentor-mentee session was held on 14/4/2021. All the 13 students were contacted and discussed about their current issues and concerns. No major problems were discussed by the students. They are actively participating in the college activities. All students are

getting prepared for the university exams

the first thing I did was to look at the syllabus and see what I needed to study. I then made a list of all the topics and started to read them one by one. I also found some practice questions and did them to see how I was getting on.

I also found some online resources that were really helpful. I used them to find out more about the topics I was studying and to see what other people were saying about them. I also found some videos that were really easy to understand.

I also found some books that were really good. I read them and they helped me to understand the topics better. I also found some articles that were really interesting and I read them too.

MENTOR MENTEE PROGRAMME ON 14/05/21

1. MRS. SIMI C. MATHEW

Mentor Mentee session was held on 14/05/21. All the students were contacted and discussed their issues. Students were reported some network issues. No any students ^{were} reported any health issues. Encouraged to start self-study and complete their clinical assignments. Overall precautions to be taken before going to clinical posting to prevent Covid. At present all of them are staying safe in their home.

2. Mrs. Famey Paul. R

Mentor-Mentee session was held on 14/05/2021. All the students were contacted and discussed their issues. Students were reported some network issues. No students reported any health issues. Encouraged to start self study by preparing a timetable.

3. Mrs. Anya. V. Ajith

Mentor-mentee session was held on 14/05/2021. All the students were contacted and discussed about their issues. Students reported regarding connectivity issues. Students were motivated to concentrate on 2nd year subjects. Instructed the students to prepare their own timetable for revising the topics. All students and family members are staying safe and

MENTOR MENTEE PROGRAMME 21/06/21

1. MRS. SIMI. C. MATHEW.

Mentor Mentee Session was held on 21/06/21 by face to face interaction. 12 students attended the session and discussed about their issues. All the students seems to be healthy and were very busy with preparing for university exam. Some students reported they have stress towards their exam. Psychological support was given. Some strategies for easy method of studying and scoring the marks were discussed.

2. Mrs. Fany Paul. K

Mentor - Mentee session was held on 21/6/2021 by face-to-face interaction. 12 students attended the session and discussed about their issues. All the students seems to be healthy and they are preparing for university exams. No psychological issues were addressed by the students. I put-forward and discussed some strategies for them to study.

3. Mrs. Anya. V. Ajith

Mentor-mentee session was held on 21/06/2021 by face to face interaction. 13 students attended the session and discussed about the health issues. All students are healthy and now concentrating on the