



# AMALA COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society)

Amala Nagar P.O., Thrissur-680 555, Kerala, India.

Website : [www.amalanursingcollege.org](http://www.amalanursingcollege.org)

**FIRST CYCLE NAAC ACCREDITATION 2022**

## CRITERION 2

### TEACHING – LEARNING AND EVALUATION

#### 2.3. Teaching Learning Process

*2.3.4 Mentor Mentee Register – Mentor Wise Report  
2019 Batch*

*Submitted to*



**THE NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL**

Sl. No.	Date	Time	Name of student	Teacher
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## Report on Mentor Mentee programme Conducted On 15<sup>th</sup> November, 2019.

The department of College of Nursing organized "Mentor Mentee Meet" On 15<sup>th</sup> November 2019 onwards. The objective of this meet was to provide a common platform to the students to have an open interaction with their teachers. The aim of this activity was to understand the level of capabilities a mentee possesses to excel in the role of studying. The Mentors met the students individually discussed their abilities and issues and also suggested remedial measures.

Report by each Mentor is as follows.

1. Sr. Tyoshish csc. Met allotted 13 students (roll No 1-13) individually. No major issues identified. 1 student has 'academic issues with memorizing learned subjects, suggested recollecting the topic frequently, and other one has psychological issue that is tension. Suggested that find out the reason and accept the situation. Solyoshishere  
18/11/2019.
2. Ms. Sincy Paul - Met allotted students. No major problems were identified. 3 students were facing learning difficulties as they need more time to study. Archana and Athulya have allergic problem towards dust and Archana is an inhaler (asthma). Delma reported financial problem, as her sister also doing Nursing course. Gave proper suggestion and guide to handle all issues.

Sincy Paul  
18/11/19

3. Shaly Joseph - Met the following mentor students, Hendhya, Maria K. Darlin, Mintia Rose, Gladis Maria, Muhammad Kasim, Margret James. Identified various types of problems such as academic as well as family issues. counselled them, suggested corrective actions; 7 students are remaining to be counselled.

SA  
20/11/19

4. Dr. Chempuohpam - I could meet the following students and ventilated their feelings towards the course and subjects. Myself have given suggestions to them to reduce their stresses. Names allotted are: Neena Babu, Niya Grace, Nova Elizabeth Tom, Pritty Mary Prakash, Ritty Thomas, Sandra Benny, Sandra Thomas, Sharon Thomas, Sheen Maria Jose, Shibly Rasfia K M, Sindrella Paul, Tinn James. No major issues are remaining.

Dr Chempuohpam  
20/11/19

Problems identified	No.
Health problems	02
Family (financial)	01
Academic	14
Psychological	01

Report on Mentor Mentee Programme Conducted  
on 13/12/19

Report of each Mentor as follows:-

1. Ms. Sincy Paul - Counsellor allotted Mentees on 13/12/19 and 14/12/19  
Met each student separately and asked about academic, Personal/family, Health and psychological problems. 2 student were reported academic issues; other 2 students (Anu and Emilia) reported excessive sleeping issues on class times & while studying given guidance regarding modifications. No other issues were reported  
Sincy Paul  
16/12/19

2. Ms. Shaly Joseph :- Met allotted mentees individually, and enquire about their problem. Most of the students complained about over burden on studies, too many exams. Given suggestion for proper time management and how to prepare for examinations. No other issues identified.

3. Sr. Chempushpam. I have met all the mentees individually and checked students individual plans and problems. Most of the students are following individual time tables and activities planned by themselves. They were learned better time management and coping stresses. No other issues identified.  
Sr. Chempushpam  
18/12/19

ProblemRemarks

4. Dr. Syofish C.S.C. Met all the students individually. There is no particular problems identified. Mentees ventilated their emotional feelings! clear all the doubts. They are adjusted with the situations.

Problems identified	NO.
Academic	02
Psychological	02

Syofish C.S.C.  
16/12/19

### Report on Mentor Mentee Programme conducted on 10/01/2020

1. Sr. Cherupushpam: Counselling allotted students on 10/1/2020. I have met individually all the students, listened their problems and discussed and their plans along with me. They were well adjusted in the hostel. Some of the students were finding difficult to learn subjects like Anatomy, Biochemistry and Fundamentals of Nursing etc. To improve their learning, myself have given some guidelines for two weeks. No other issues were reported.

Sr. Cherupushpam  
20.01.2020

2. Mrs. Shaly Joseph: Met all the allotted students individually and enquire about their problems. Most of the students were finding difficult to study on the subjects like anatomy and Bio-chemistry. Given suggestion

<u>S/No</u>	<u>Date</u>	<u>Time</u>	<u>Name of student</u>	<u>Teacher</u>
	22/01/2020	12/11	Dr. Jyothish	Met all the students individually. There is no particular problems identified.

	22/01/2020	12 noon	Mrs. Vashly Varghese	Counselled allotted mentees. Enquired all students about academic, personal and psychological issues. 2 students reported issues & counselled well. No major issues reported.
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Yashly  
22/01/2020

Report on Mentor - Mentee programme conducted on 06.02.2020

	09/02/2020	2pm	Mrs. Shaly Joseph	I met all the assigned students individually. Five students failed in bio-chemistry exam. 2 of them failed in 3 subjects. I given suggestions to them to prepare for difficult subjects. No other health, family or personal problems identified.
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Shaly Joseph  
09/02/2020

	22/2/2020	12 PM	Mrs. Vashly Varghese	Met all allotted students individually. Asked about personal, academic & family issues. No one reported any serious issues as they returned after home pass.
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ProblemRemarks

10.03.2020. Sr. cherupushpam met all the allotted students. Individually 6 students are finding difficult to learn Bio-chemistry and Anatomy. I have given some plans to reduce the difficulty. No other problems shared to me.

Sr. cherupushpam  
10.03.2020.

22/02/2020. Dr. Jayathish CSC, Met all the allotted students individually. Asked about personal, academic and family things. There is no particular problems.

Jayathish CSC  
22/02/2020

Report on Mentor - Mentee programme conducted on 13/03/2020

16/3/20 Mrs. Yashly, Met all allotted students individually. One student reported anger and worry as we are not sending home due to COVID-19 Pandemic. Counsellor about importance of staying in college. All other students verbalized they are sad because not sending home on second Saturday. Counselling and support given to all students personally.

Yashly  
16/3/20.

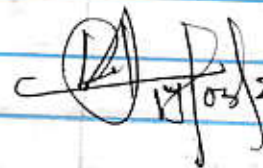
16.3.20. Sr. cherupushpam had seen all the allotted students individually. Students were not

Sl. No	Date	Time	Name of student	Teacher
			students to bring hope in their day to day dealings.	

Incherupshyam

16.03.2020

Mrs. Shaly Joseph: I met all the students individually and enquire about their problem Personal and <sup>any</sup> other problems. Some of the students are sad because of they are not getting permission to go home on second saturday. I explained the present situation and supported them. No other problems identified

 17/03/2020

17/03/2020

Sh. Gokulish csc Met all the students individually and identifying the problems. These are very much worry about covid-19. very few student are sad because of they are not allotted to permission to go home. we are explain in seson. And explained the present situation and help them to adjust the current situation.

Gokulish, csc

17/03/2020



Problem

Remarks

Report on mentor-mentee programme conducted on 06/05/2020

06/05/2020

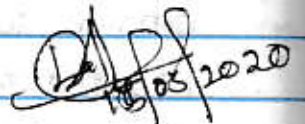
Mrs. Yashly Varghese conducted mentor mentee programme for 18 students through phone due to lockdown. All students are contacted through phone. Majority of the students verbalized concerns about lack of textbooks and notes given at home. No students had undergone quarantine or affected with covid-19. Explained about safety measures, how to follow online classes and participate in competitions conducted by college through online.

*[Signature]*  
06/05/2020

05/05/2020

Dr. Syofish esc met 19 student through phone either audio or video call, because lockdown. Some students say that, they are going good with this quarantine life. And also they were utilizing time to go through the previous chapters and on doing the college works like writing notes. Some students started "Bottle art" and prepared new Delicious food; reading books, made a vegetable garden with family and spent some time play with friends. No students had undergone quarantine or affected with corona.

05/05/20 Mrs. Shaly Joseph : I created a what's app group for mentor-mentee Programme & contacted all the students. All are safe & happy in their own places. Some Few of them & verbalised about their studies, exams & all. I instructed the students, to utilize the time & stay at home, Proper time management in studies etc. There is no health issues & no other problems to the students.

 05/05/2020

## Report on mentor-mentee programme conducted on 15/7/2020

15/7/2020

Mrs. Vashly Varghese conducted mentor-mentee program for 18 students. Contacted all students through phone. All are safe and not belong to hotspot area. They verbalized concerns about university exams and lack of books. Counselled them not to worry about both. Study materials to be shared with classmates through online.

Most of the students are happy as they are staying with family members. Whatsapp group for mentee students are created and motivational quotes are given.

16/07/2020

~~17/7/2020~~  
17/7/2020

Dr. Jyothish conducted mentor mentee program through phone either Video call or voice call. Some students are worried about their university exam, and their practical experience etc. All the students are safe and no health problems. Mentor instructed to all students to utilize the time that means going joining household activities made a vegetable garden with family members. Mentor instruct the students our ultimate responsibility is prepare for University examination.

16/04/2020

Mrs. Shaly Joseph, I contacted all the students through phone. All the students are safe & no health issues. Students are more concern about their exams, I advised them how to utilize the time & more concentrate on difficult subjects. Encouraged the students follow the online class & advised them to take care in this crucial situations.

 16/04/20

- ✓ → Agluna → No problem
- Agna Roy → No problem.
- AISWARYA → No problem
- ✓ → Aleena Jilson → No problem
- ✓ → Alcy Joseph → No problem.
- Alina Maria → No problem.
- ✓ → Alphonse Rose → No problem
- Ancy Shaju →
- ✓ → Angel Davis → No problem.
- ✓ → Angel Jesudas → No problem.
- Anilla Mathew → No Problem.
- ✓ → Anitta Shaju → No problem.
- ✓ → Anjaly Bunny → No Problem

~~16/04/20~~


Report On mentor Mentee programme  
conducted on 30-09-2020

03/10/20 Mrs. Yashly Varghese, conducted mentor mentee programme for 19 students through phone. Communicated with all students through phone. No students reported any illness or need for quarantine. Instructed all students to actively study 2nd year topics and prepare for unit tests. Some students reported concern about university exams. Encouraged all students to remain in home take good care and study.

Jan

04/10/2020 Dr. Jyothish CSC conducted mentor mentee program for 19 students through phone. Some students are worried about their university exam, and their practical experience etc. No one reported any illness or other problems. Instructed all students to study properly and stay at home and stay at healthy.

04/10/2020 Mrs. Shaly Joseph conducted Mentor - Mentee programme through phone. One student has the problems of diarrhoea, vomiting & skin problem. She & her family members are worried about her health. I talked to her mother & I give guidance for both & after ~~the~~ rest of all the students are safe & healthy. Some of them are worried about their 1st yr university examination and practicals. No other problems reported.

 04/10/2020

Report on Mentor Mentee Programme

conducted on 30-11-2020.

30/11/20 Mrs. Vashly Varghese conducted mentor mentee programme for 12 students through phone. Communicated with parent and student. All students are doing well and stay healthy. Some students reported difficulty to follow external classes as it is lengthy. Instructed one more hour will be provided as free. Parents are concerned about the delay in opening college and university exams. Assured they will be updated as soon as college receive any information from college.

*[Signature]*

30/11/2020 Mrs. Suiy Paul conducted mentor-mentee program for 13 students through phone. No body reported serious personal issues, which need further attention. Some students are worried about their university exams, revision of subjects and clinical posting. Instructed all students not to worry about exams and advised them to spend at least 30mt to revise first year subjects. One student reported mild asthma problem, which she had earlier and she is currently using inhalers. No other issues reported.

*[Signature]*  
30/11/2020

30/11/2020.

Dr. Sjothrisb esc. conducted mentor-mentee programme for 13 students through phone. Communicated with parents and students. All are safe and healthy. Students are worried about their university exam, and their practical examination. No body reported about their personal problems. Only one student reported body pain and slight fever. Mentors instructed to take rest and soft diet. Mentors instructed to the students to spend at least one hour to revise first year subject and prepare for university examination.

Sjothrisb esc.

30/11/2020

30/11/2020

Mrs. Shaly Joseph conducted mentor-mentee programme through phone. All the students are safe and healthy, no health issues reported. Two students reported that they are completed their 1 week quarantine. No health issues in their family also. Most of the students reported that external classes are too lengthy and difficult to follow. I instructed them to take more time for tough subjects.

Dr.

30/11/2020



## Report On Mentor Mentee Programme.

Conducted on 30-12-2020

30/12/20 Mrs Vashly Varghese conducted mentor mentee programme for 12 students through phone. All students are doing well. No health issues reported. Some had reported notes are pending to complete accordingly free hour is provided to complete notes. Advised all to start studying 1st year also as they have almost completed with second year theory. Also encouraged to prepare themselves to come to the college.

YVP  
30/12/20.

30-12/20 Mrs Shaly Joseph, conducted mentor-mentee programme for students through phone. No body reported health issues and other problems. All are doing well. All of them are concerns about the college re-opening. Advised them to utilize their timings. No other significant problems reported.

DA  
30/12/20.

30.12.20

Mr. Soney Paul conducted mentor mentee programme for 13 students through phone. Communicated with parents and students. All are safe and healthy. All students are worried about the university exams. Some students reported issues with external class and notes. Some are bothered about the time management. However, they are happy with their family.

Soney Paul  
30/12

31/12/2020 Sr. Sathish CSC conducted mentor mentee programme for 13 students through phone. All are safe and healthy. There is no health problems, only one student reported that they are completed two weeks quarantine. All are worried about their university examinations. Advise the students to study 1<sup>st</sup> year topics. There is no other problems.

Sathy Sathish CSC  
31/12/2020

Report Of Mentor Mentee programme  
conducted on 16/01/21

Mrs Yashly Varghese conducted mentor mentee program for 12 students through phone. Enquired about well being of students and family members. Instructed about the things to do while returning to college. One student was very anxious and cried during conversation. counselled student and conducted followup by calling again another day and calling directly after coming to college. One student is in quarantine as her siblings are COVID-19 positive. Advised her to take rest. All other students are doing well.

*Yashly*  
16/1/21

16/01/21 Mrs. Sincy Paul conducted mentor mentee program for 13 students through phone. All are safe in home and no reported health issues.

Most of the students are still worried about the university exams and practicals. Advised all students to utilise their time effectively for study purpose.

*Sincy Paul*  
16/01/2021

16.01.21

Mrs. Shaly Joseph conducted mentor-mentee Programme over phone. All are safe & doing well in the home. No one reported any health issues. Few of them are happy about re-opening of college. No other problems reported.

*Shaly*  
16/01/21

16.

11.02.2022

Mrs. Sincy Paul conducted mentor-mentee programme. All are safe, healthy and completed 2 week clinical posting. No academic, health and other personal issues. All students are busy with assignments, revision works. Archana came back after quarantine. She is also healthy. No other problem reported.

*Sincy*  
11/02/2021

12/2/2021

Mrs. Vashly Varghese conducted mentor-mentee programme for 12 students. One student is COVID 19 positive and in quarantine at home. The student reported dislike to stay at home due to lack of attachment with stepmother. All others are doing good and well adjusted with clinics and hostel.

*Vashly*  
12/2/21

12/02/21 Mrs. Shaly Joseph, conducted mentor-mentee Programme for 12 students. One student is in home quarantine had exposure with covid patients. Others safe and healthy. All the students are engaged with clinical duties and assignments. Adviced the students utilise their time properly.

12/02/21 Dr. Jayathish esc conducted ~~12/02/21~~ mentor-mentee programme for 13 students. All are healthy and safe. There is no health and other personal problems. All are engaged with their clinical duties and other assignments. Encourage the students to utilise their time properly.

Dr. Jayathish esc  
12/02/2021.

## Report On Mentor Mentee Programme conducted on 12/02/2021.

16/03/2021

Dr. Syofhisb esc conducted mentor-mentee programme for 13 students. All students are busy with their clinical postings and study. All are safe and healthy. Mentor instructed to the students to utilise their time properly. There is no health issues.

Syofhisb esc  
16/03/2021

12/03/21 Srinj Paul conducted mentor mentee meeting on 12/3 with 12 students. Students, most of them are worried about university exam and revision. Some are reported time management problem. Advised students to prepare study plan for revision. No other personal and health related issues among students.

Srinj Paul  
12/03/2021

12/3/21 Mrs. Yashly Varghese conducted mentor mentee for 12 students. Some students are anxious about their upcoming exams. Few students has family issues. Provided counselling and psychological support to all. Those who are weak in their studies are provided guidance regarding early study tips. No students have COVID or in quarantine. No health related issues.

Yashly Varghese  
12/3/21.

12/03/22 Shaly Joseph, conducted mentor-mentee Programme. All are doing well, no health issues are reported. All students are busy with their clinical requirements & assignments, some of them are tensed about university examinations. Advised the students to utilize their time effectively & fruitfully. No other significant problems identified & reported.

*[Signature]* 13/03/2021

Report on mentor mentee programme conducted on 13/8/2022.

13/8/22 Mrs. Yashly Varghese conducted mentor-mentee for 12 students. Some students had clarified doubts about clinical postings. Instructed students to use time effectively to complete assignments and study for the exams. Study tips advised to <sup>slow</sup> ~~work~~ learners to improve learning. No one reported any of the personal, physical, academic problems.

*[Signature]* 13/8/22.

13/08/22 Mrs. Shaly Joseph conducted mentor-mentee pgm. All are doing well. Clinical postings are ongoing. Few of them are quarantined due to covid. Instructed the students to utilize their time eff-

13/08/21 Dr. Lyophilic esc conducted mentor-mentee programme for 13 students. All students are busy with their clinical posting and study. There is no particular problems.

Dr Lyophilic esc

12/3/21 Report on mentor mentee programme conducted on 12/3/2021

Mrs Yashly Varghese conducted mentor mentee programme for 12 students. All students are met individually. All students are adjusted well. No personal issues. Encouraged all students to study well and utilize time effectively. No health problems were reported. Enquired regarding personal, academic and health issues.

Mrs  
12/3/2021



05/11/21 Report on mentor mentee conducted on  
05/11/21

05/11/21 Mrs Yashly Varghese conducted mentor  
mentee programme for 10 students of  
2019 batch. One student reported irregular  
periods. few students reported difficulties  
in studying. few students reported difficulty  
with clinical posting. Advised students  
to plan activities of a day and do  
accordingly. Advised tips to learn  
topics in a simple manner. Most of the  
students adjusted well.

MV  
05/11/21

05/11/21 Mrs Shaly Joseph Pullan, conducted mentor  
mentee pgm. All are doing well. No  
health issues reported. All students are  
busy with their clinical requirements  
& procedures. Instructed the students  
to manage their time properly. No  
other health issues or personal related  
problems.

05/12/21 Ms. Syofius conducted mentos mantee programme for 13 students of 2019 batch. There is no particular problems. There is no health problems.

Soly oflush esg

5/11/2021

Mrs. Rosario Asto conducted Mentos Mantee programme for 12 students (2019 batch). Few of them has complained about hostel, Mess canteen and few of them had no complaints and taken proper action, and some of students had complaints about past online classes, and studying difficulty, and provide tips to overcome the problem

Rosario

Report on mentor mentee conducted on  
17/12/2021.

Mrs. Yashly Varghese conducted mentor mentee programme for 12 students. A few students reported problem with hostel food. Advised to report mess coordinator and report in mess meeting. No health problems are identified. Enquired about personal, academic, psychological aspects. All are adjusted well. Concerned about quarantine and positive cases of covid in classroom. Advised to use proper ppe in words.

YV  
17/12/2021

17/12/21 Mrs. Shaly Joseph conducted mentor-mentee pgm. All are safe & healthy, busy with their clinical postings. Advised the students to utilise their time effectively. NO health related problems reported.

Shaly Joseph  
17/12/21

17/12/2020. Dr. Syobhis conducted mentor mentee programme for 13 students. There is no particular problems. All are healthy and safe.

Syobhis CSC

17/12/2021

Ms. Rasanyo Asto conducted Mentor mentee program, students reported problems about their studying time and lot of assignments and essays about their problem and I had given tips to overcome the problem. and also provide tips to adjust time.

Rasanyo

Report on mentor-mentee conducted on  
11/3/2022

Mrs. Yashly Varghese conducted mentor-mentee programme for 12 students. Explained about merits to individual student. All students have concerns regarding exams and lack of time to study. Advised to utilize S-A time for studying in the college. Explained about study tips. No health issues is reported by students. Currently, no positive cases of covid in class. All are adjusted well, motivated to study well and prepare for exams.

*Yashly*  
 11/3/2022

11/03/22 Mentor-mentee programme conducted on 11/03/22. Students are busy with their new academic year. All of them are worried about university Examinations. Advised the students utilize their time properly. No other personal or health issues identified or reported.

*Yashly*  
 11/03/22

11/03/22 Dr. Jyothish esc. conducted mentor mentee programme for 13 students. There is no particular problems. All are safe and healthy.

Jyothish esc

11/3/22

Rosario's Anto conducted mentor mentee meeting for 12 students so problems were solved by the students and a reward for any problem introduced the student to adjust the time as they are busy with their classes and their assignments, students are well <sup>to</sup> prepared for exam.

Rosario's Anto

Report On mentor mentee Programme  
conducted on 10-06-2022

Mrs. Yashly Varghese conducted mentor-mentee for 11 students. one student was absent. Enquired about university exams, third year classes, family matters and hostel. motivated all student to actively involve in clinical posting and learn more from clinics. Encourage participation in extra curricular activities. special advice given to each student based on need.

*YV*  
10/6/2022