

(An undertaking of Amala Cancer Hospital Society)
Amala Nagar P.O., Thrissur-680 555, Kerala, India.
Website: www.amalanursingcollege.org

FIRST CYCLE NAAC ACCREDITATION 2022

CRITERION 3 RESEARCH, INNOVATION & EXTENSION

3.2.2 Workshops/Seminars

3.2. 2 Report of workshops/Seminars 2017-2018

Submitted to



THE NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL

A LONG TO THE PROPERTY OF THE

AMALA COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society) Amala Nagar P.O., Thrissur-680 555, Kerala, India.

REPORT OF WORKSHOPS - 2017-2018

| Sl.No | Name of | Date | Objectives | Resource | No. of |
|-------|--------------|------------|----------------|--------------|---------------|
| | workshop | | | person | Beneficiaries |
| | | | Explain the | | |
| | Workshop | | Classification | | |
| 1 | on sampling | 10/8/2018 | of sampling, | Dr. Riyaz | |
| | procedures | | sampling | Marakkar | 50 |
| | | | procedures, | | |
| | | | sample size | | |
| | | | calculation | | |
| | | | Describe the | | |
| | Workshop | | Ethics in | | |
| 2 | on Ethics in | 15/10/2018 | nursing | | |
| | Nursing | | research, | Dr. Seena .S | 50 |
| | Research | | informed | | |
| | | | consent from | | |
| | | | study | | |
| | | | participants | | |

Prof. Dr. RAJEE REGHUNATH
PRINCIPAL
AMALA COLLEGE OF NURSING
AMALA NAGAR PO., THRISSUR-680



(An undertaking of Amala Cancer Hospital Society) Amala Nagar P.O., Thrissur-680 555, Kerala, India.

WORKSHOP - 1REPORT OF WORKSHOP ON SAMPLING PROCEDURES

We are extremely delighted that we could able to conduct a workshop on Research Methodology- Sampling techniques, sample size calculation. It was really informative and an enriching learning experience for all. Beneficiaries: Faculty and MSc Nursing students of Amala College of Nursing

Objectives:

- Explain the classification of sampling
- Describe sampling procedures
- Discuss the sample size calculation

The program was conducted on 10/8/2018 at lecture hall III. The session started at 10 am with a silent prayer. The program commenced with a welcome address by Principal Dr Rajee Reghunath. The program inaugurated by our beloved directed Rev Fr Francis Kurissery CMI. The session was taken by an expert speaker Dr Riyaz Marakkar, Assistant Professor, Department of Mental Health Nursing, College of Nursing Thrissur.

Dr Riyaz Marakkar discussed that sampling is a part of the total population. It can be an individual element or a group of elements selected from the population. Although it is a subset, it is representative of the population and suitable for research in terms of cost, convenience, and time. Resource mentioned about the sampling techniques which are grouped into two categories as Probability Sampling and Non- Probability Sampling. Also stressed that the sample group can be selected based on a probability or a non probability approach. A sample usually consists of various units of the population



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Resource person discussed that sampling procedure is choosing part of a population to use to test hypotheses about the entire population and is used to choose the number of participants, interviews, or work samples to use in the assessment process. Dr Riyaz discussed the steps in sampling procedures which comprises of defining the target population, specifying the sampling frame, specifying the sampling unit, selection of the sampling method, determination of sample size, specifying the sampling plan and selecting the sample. The resource person concluded that sampling is the set of techniques and steps to be taken to carry out the process of selecting the sample in an investigation. The basic function of sampling is to determine which part of a population should be examined to make inferences about that population

The participants were really benefitted out of this workshop. The session ended with a word of gratitude delivered by Sr Litha Lizbeth, Vice Principal, Amala college of Nursing. Fifty participants benefitted out of this workshop.

Principal

Prof. Dr. RAJEE REGHUNATH

AMALA NAGAR P.O., THRISSUR-680 :

AMALA COLLEGE OF NURSING, THRISSUR

AN UNDERTAKING OF AMALA CANCER HOSPITAL SOCIETY, AFFILIATED TO KUHS



WORKSHOP ON SAMPLING PROCEDURES



Dr RIAZ MARAKKAR

ASSISTANT PROFESSOR

DEPT OF MENTAL HEALTH NURSING

COLLEGE OF NURSING, THRISSUR

10th AUGUST 2018 10 AM -12PM LECTURE HALL III



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RESOURCE PERSON DETAILS

Workshop on Research Sampling Procedures

Dr.RIAZ MARAKKAR

Name

: Dr. Riyaaz Marakkar

Age

:48 yrs

Designation

: Assistant Professor

Mental Health Nursing department

Government College of Nursing, Ernakulum

Research Guidance: PG and PhD scholars from Kerala University of Health Sciences

Undertaken several Research Projects

Additional qualifications

- Dr. Riyaaz awarded PhD in 2015 march 25 by Rajiv Gandhi University Of Health Sciences
- He is part of Global Research, Nurses, Global Health Network
- Have various peer reviewed national and international publication

Prof. Dr. RAJEE REGHUNATH PRINCIPAL AMALA COLLEGE OF NURSING AMALA NAGAR P.O., THRISSUR-680 555



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ATTENDANCE SHEET

Workshop on : Sampling Procedures

Date: 10/08/2018

Venue: Lecture Hall III

Speaker: Dr. Riaz Marakkar, Dept. of Mental Health Nursing, Govt. College of

Nursing, Thrissur

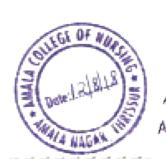
TEACHING STAFF:

| Sl. No. | Name of the Faculty | Signature |
|---------|---------------------------------|--------------|
| 1 | Dr. Rajee Reghunath | lano |
| 2 | Sr. Litha Lizbeth (Princy C. J) | Who. |
| 3 | Mrs. Lakshmi G | Policy |
| 4 | Sr. Merly John(Molly John) | Lump |
| 5 | Sr. Jyothish C.S.C (Shaji E. J) | Salyother |
| 6 | Mrs. Chanlin Chacko | chambie |
| 7 | Sr. Cherupushpam | Suhermhu |
| 8 | Mrs. Jyothi K F | There |
| 9 | Mrs. Aneesha V. B | Ando |
| 10 | Moly Thomas (Sr. Dona) | Mally Thomas |
| 11 | Sr. Cicily James | cals. |



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| Sl. No. | Name of the Faculty | Signature |
|---------|--------------------------|---|
| 12 | Mrs. Mary Treesa Joseph | L |
| 13 | Mrs. Rinu David | Quit |
| 14 | Mrs. Fancy Paul K | L |
| 15 | Mrs. Shaly Joseph Pullan | |
| 16 | Mrs. Rose Maria | Duy |
| 17 | Mrs. Merine Therese Jose | Hora |
| 18 | Mrs. Sincy Paul | Sup |
| 19 | Mrs. Arya V Ajith | Acy, |
| 20 | Mrs. Sreelekha R | Jack . |
| 21 | Mr. Don Jose K | John State of the |
| 22 | Mrs. Lintu Maria Michael | Ludie |
| 23 | Ms. Teena Paul | Continue |



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Objectives:

(An undertaking of Amala Cancer Hospital Society) Amala Nagar P.O., Thrissur-680 555, Kerala, India.

WORKSHOP - 2

REPORT OF WORKSHOP ON ETHICS IN NURSING RESEARCH

We are extremely delighted that we could able to conduct a workshop on Ethics in Nursing Research- ethical principles, ethical guidelines and informed consent. It was really informative and an enriching learning experience for all. Beneficiaries: Faculty and MSc Nursing students of Amala College of Nursing

• Explain the ethical principles

- Describe ethical guidelines to be followed before conducting study
- Discuss the informed consent process

The program was conducted on 15/10/2018 at lecture hall III. The session started at 10 am with a silent prayer. The program commenced with a welcome address by Principal Dr Rajee Reghunath. The program inaugurated by our beloved directed Rev Fr Francis Kurissery CMI. The session was taken by an expert speaker Dr Seena S, Professor & Vice Principal, Department of Obstetrics & Gynecological Nursing, Elite hospital Thrissur.

Dr Seena discussed that ethics provide the avenue for decision making and are guided by the researcher's integrity. Resource person mentioned that as a nurse researcher, it is an ethical duty to advocate for patients when incompetent, unethical or illegal practices are observed. Also stressed regarding three basic principles to consider when evaluating the ethics of a study which included respect for persons, beneficence and justice and apply these principles in research is detrimental to the quality and validity of the study. Respect for person involves allowing the patient to make his/her own decisions. In order to accomplish this, the researcher must be certain that the participant is capable of making a cognitive decision. Beneficence is accomplished through assurance that no harm will come to the participant for voluntary participation in the study. Beneficence is determined through assessment



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of the risks and benefits of the study design. Justice is accomplished when participant rights to fair treatment are honored. Justice includes subject selection.

Dr Seena discussed that Informed consent is a process of information exchange in which participants are provided understandable information needed to make a participation decision, full disclosure of the risk during data collection, subject selection process and competency issues are resolved. Resource person also mentioned to report all concerns to the Institutional Review Board (IRB) to assure that the patients are protected and that breaches of ethical or legal nature are resolved and further research would be discontinued until all concerns are appropriately managed. Once concerns are resolved, research design would be modified, informed consents would be re-obtained and study would continue as planned.

The participants were really benefitted out of this workshop. The session ended with a word of gratitude delivered by Lakshmi G. Fifty participants benefitted out of this workshop.

Principal

Prot. Dr. RAJEE REGHUNATH

AMALA COLLEGE OF NURSING AMALA NAGAR PO., THRISSUR-680



AMALA COLLEGE OF NURSING, THRISSUR

ETHICS IN NURSING RESEARCH



Dr. Seena S

Professor and VicePrincipal

Elite College of Nursing, Thrissur

15th October 2018

Time:10 AM



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RESOURCE PERSON DETAILS

Workshop on Ethics in Nursing Research

Dr Seena S

Name

: Dr Seena S

Age

:45 years

Position

: Vice Principal, Elite College of Nursing

Qualification

BSc Nursing from College of Nursing, Calicut

MSc Nursing from K G College of Nursing, Coimbatore

Doctor of Philosophy from Annamala University

Publications

- Effect of initiation of early breast feeding on improvement of physiological parameters among newborn
- 2. Quality of life and lived experiences of women after hysterectomy

Prof. Dr. RAJEE REGHUNATH
PRINCIPAL

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AMALA COLLEGE OF NURSING

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ATTENDANCE SHEET

Workshop on Ethics in Nursing Research On 15th October 2018 Venue: Lecture Hall III

Speaker:

Dr. Seena S, Vice Principal, Elite College of Nursing

TEACHING STAFF:

| Sl. No. | Name of the Faculty | Signature |
|---------|---------------------------------|--------------|
| 1 | Dr. Rajee Reghunath | 1gm |
| 2 | Sr. Litha Lizbeth (Princy C. J) | Dhi. |
| 3 | Mrs. Lakshmi G | Porl |
| 4 | Sr. Merly John(Molly John) | Same Same |
| 5 | Sr. Jyothish C.S.C (Shaji E. J) | Solyshishese |
| 6 | Mrs. Chanlin Chacko | |
| 7 | Sr. Cherupushpam | Sulgun |
| 8 | Mrs. Jyothi K F | Jy Mi |
| 9 | Mrs. Aneesha V. B | Ands |
| 10 | Moly Thomas (Sr. Dona) | Molly Thomas |
| 11 | Sr. Cicily James | Ciclo. |
| 12 | Mrs. Mary Treesa Joseph | L |

| Sl. No. | Name of the Faculty | Signature |
|---------|--------------------------|-----------|
| 13 | Mrs. Rinu David | g. D |
| 14 | Mrs. Fancy Paul K | L |
| 15 | Mrs. Shaly Joseph Pullan | W. |
| 16 | Mrs. Rose Maria | Rudu 3 |
| 17 | Mrs. Merine Therese Jose | Jacks |
| 18 | Mrs. Sincy Paul | Sough |
| 19 | Mrs. Arya V Ajith | Ax. |
| 20 | Mrs. Sreelekha R | Sule. |
| 21 | Mr. Don Jose K | Dok |
| 22 | Mrs. Lintu Maria Michael | Luther |
| 23 | Ms. Teena Paul | Jeanwold |

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