



AMALA COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society)

Amala Nagar P.O., Thrissur-680 555, Kerala, India.

Website : www.amalanursingcollege.org

First Cycle NAAC Accreditation 2022

Criterion 5

Student Support and Progression

5.1 Student Support

5.1.2 Any Additional information

Submitted to



THE NATIONAL ASSESSMENT AND ACCREDITATION
COUNCIL



AMALA COLLEGE OF NURSING

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Amala Nagar, Thrissur - 680 555, Kerala


Affiliated to Kerala University of Health Sciences and recognized by Kerala Nurses and Midwives Council & Indian Nursing Council
(Certificate No. 18-16/2893-INC)

Date: 30.12.2021

DECLARATION BY PRINCIPAL

This is to certify that the following number of capability enhancement programmes were conducted in Amala College of Nursing.




Prof. Dr. Rajee Reghunath
Principal

Prof. Dr. RAJEE REGHUNATH
PRINCIPAL
AMALA COLLEGE OF NURSING
AMALA NAGAR P.O., THIRISSUR-680 555



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List of Capability Enhancement and Development Schemes In Each Year

Sl.No	Name of the capability enhancement scheme	Number of students enrolled	Name of the agencies involved with their contact details
1. Soft skills development			
2. Language and communication skills development			
3. Yoga and wellness			
4. Analytical skill development			
5. Human value development			
6. Personality and professional development			
7. Employability skills development			
2020 -2021			
1	Life Skills	199	Mrs. Dimple Reeshen, Soft Skill Trainer Kerala Police Academy Trainer, Ph:8606160268
2	Self Esteem	199	Mrs. Rajasree M S, Soft Skill Trainer, Junior Superintendent Judicial first-class Magistrate court Pathanapuram, Ph: 7907716832
3	Public Speaking	199	Mr. Satheesh T V Soft skill trainer, Commerce Teacher, GVHSS, Koonathara, Palakkad
4	Communicative English	50	Mr. Joseph, Ph:9745355568
5	Phonetics	199	Mrs. Sini Joshy, Ph:8086882650
6	English Training Programme	199	Mr. Joshy Eapen, Bangalore School of English, Ph:9880189896
7	New Vocabulary learning Programme	199	Amala College of Nursing, Thrissur
8	Thapas	100	Sr.Infant theresa,FCC,Director Nirmala Yoga teachers training centre, Ph:9495778742
9	Kriya	199	Ms.Suma s,rettd.Joint director of Agricultural,masters in yoga
10	Critical Thinking and Creative Problem Solving	50	Mrs. Ambika, Vice Principal, KMCT College of Nursing, Ph: 9447064263
11	Scenario Baased Learning	199	Amala college of nursing
12	Multiple Intelligence	199	Mr. Anil Kurisingal, M.com, Soft Skill Trainer HSS Teacher GHSS,N Paravur, Ph: 9447522974
13	Problem Solving	199	Mrs. Ambika Kumari P B.Teh,MBA,Soft Skill Trainer
14	Adversity quotient	199	Prof. Lakshmi. G, HOD department of medical surgical nursing, IQAC co-ordinator, Amala College of Nursing thrissur, Ph: 9895064481
15	Value witnessing in present era	199	Rev. Dr. Sr. Therese Alencherry SABS, Public Speaker, Poetess, Writer, Asst. Professor, Sacred Heart College, Thevara,




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16	Life values	199	Mr. Sankaranunny M.K, DTM, Distinguished toastmaster, Financial Analyst, Motivational speaker
17	Personality development	199	Mrs. Chanlin Chacko , Ph: 9495086782
18	Stress management	199	Mrs. Bincy A P , Ph: 9495176818
19	Assertiveness	199	Mrs. Rinu David, Ph: 8943905640
20	Emotional intelligence	199	Prof. Sr. Litha Lizbeth, Ph: 8547411912
21	Endurance and success in life	199	Dr. Jaseera P, Ph: 9847309584
22	Find yourself	199	Mr. Arun G Krishnan, Ph:8089640291
23	Leadership	50	Sr. Moly Thomas, Ph: 9633425247
24	Motivation and self-esteem, ways to development , positive self-esteem and developing plan for boosting self	199	Rev. Fr. Deljo Puthur,CMI, Asso. Director AIMS, Ph: 9447002864
25	Enhancing quality of life	199	Sr. Melvin SABS, Ph: 9539985678
26	BLS	50	Amala College of Nursing
27	Team Work	50	Mrs. Dhanya Michael, Asso. Professor, Lourde College of Nursing, Ernakulam, Ph: 8289989682
28	Analytical and employability skills training	199	Mr. Justin Joseph, INSCOL, Kochi
29	Simulation	50	Amala College of Nursing
29	BLS	50	Amala College of Nursing
2019- 2020			
30	Conflict Resolution	100	Rev. Fr. Julious Arakkal CMI, Director, Amala Institute of Medical Sciences, Thrissur, Ph:9447443072
31	Professionalism, Honesty and integrity Self regulation, Emotional intelligence	100	Mr. Joshy Eapen, Bangalore School of English, Ph:9880189896
32	Grooming ,Body language, Politeness, Enthusiasm, Ethical practices, Team work, Communication skill	100	Mr. Joshy Eapen, Bangalore School of English, Ph:9880189896
33	Assertiveness, Art of persuasion	100	Mr. Joshy Eapen, Bangalore School of English, Ph:9880189896
34	Practical session : action plan for improving professionalism	100	Mr. Joshy Eapen, Bangalore School of English, Ph:9880189896
35	English Training Programme	199	Mr. Joshy Eapen, Bangalore School of English, Ph:9880189896
36	New Vocabulary learning Programme	199	Amala College of Nursing, Thrissur
37	Communication Enhancement Programme	200	Amala College of Nursing, Thrissur
38	New Vocabulary learning Programme	199	Amala College of Nursing, Thrissur
39	Nirvana	199	Amala College of Nursing



Rajee

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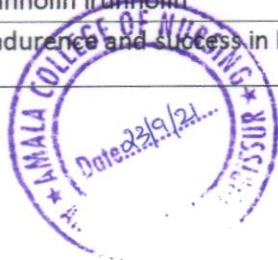



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40	Spiritual enhancement programme	199	Sr.Elseena SABs, Ph:8289924028
41	Certified programme on BLS	50	Amala college of nursing
42	Spirituality in health care	100	Sr. Julia, Paediatrician ,AIMS
43	Review of personality, types , characteristics and significance of personality development in nursing	150	Rev. Sr. Abhaya , HOD, MHN, Dharmagiri collge of nursing, Ph: 9605588590
44	Physical fitness in personality	149	Mrs. Nitha, Physiotherapist
45	Self-grooming, common problems in young adults, importance of skin and hair care	149	Dr. Roshen Mary George, SR, In- charge Amala Radiance
46	Self motivation	149	Dr. Sr. Rose Anitha FCC, Motivational Speaker, Ph: 9447737555
47	Todays Health care initiative and strong worl ethics	149	Dr. Sr. Merly M V, Physician, Amala Institute of Medical Sciences, Ethics
48	Giving and receiving feedback	149	Mrs. Lintu Maria Michael, Asst. Professor Fathima College of Health Sciences, Dubai
2018- 2019			
49	Group Dynamics	50	Adv. Sebi Pulleli Soft skill trainer
50	Communication Enhancement Programme	199	Amala College of Nursing, Thrissur
51	Kaivalya	199	Amala College of Nursing
52	Critical Patient Management and Simulation	199	INSCOL, Kochi
53	Value of life	199	Mr. O I Babu, Station houe officer
54	A bridge course programme	30	Sr. Moly Thomas , Ph: 9633425247 &Mrs. Rose Maria
55	BLS	50	Amala College of Nursing
56	Critical patient management and simulation	50	INSCOL, Kochi
57	Professional Ethics	149	Dr. Rajesh Anto, Vascular Surgeon, Amala Institute of Medical Sciences
2017- 2018			
58	Self Esteem and Assertiveness	99	Dr. Sr. Julia Paediatrician Amala Institute of Medical Sciences Thrissur
59	Communication Enhancement Programme	199	Amala College of Nursing, Thrissur
60	sattva	49	Amala College of Nursing
61	Ripples	112	Jerusalem retreat centre,Thaloore
62	Vannolin irunnolin	50	Amala College of Nursing
63	Endurance and success in life	100	Dr. Agnessamma Jacob, Retired HOD of Pathology, AIMS




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2016- 2017			
64	Stress Management, exam Preparation	50	Mrs. Chanlin Chacko, Department of Child Health Nursing, Ph: 9495086782
65	Basic english	49	Rev.Fr.Francis kurissery CMI, Director Amala Institute of Medical Sciences
66	Revive	100	Jordania retreat centre, Nedupuzha
67	Scientific paper presentation	3	Albrit. J Vadakkan, Ph: 7902318351
			Chipy Baby
			Pooja M S
68	Value education	199	Rev. Sr Sherin Maria
69	decision making	50	Dr.Sr.Ruby SABS, Gynecologist. Amala institute of medical sciences
70	Group Dynamics	50	Adv. Sebi Pulleli Soft skill trainer
71	Communication Enhancement Programme	199	Amala College of Nursing, Thrissur
72	Basic english	49	Rev.Fr.Francis kurissery CMI, Director Amala Institute of Medical Sciences
73	Traffic awareness	99	Mr. Babu, Sub Inspector Mr Biju, Senior police
74	Developing positive attitude	49	Rev.Fr.Julius Arakkal CMI, Joint Director AIMS, Ph:9447443072



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