



# AMALA COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society)

Amala Nagar P.O., Thrissur-680 555, Kerala, India.

Website : [www.amalanursingcollege.org](http://www.amalanursingcollege.org)

**FIRST CYCLE NAAC ACCREDITATION 2022**

## CRITERION 8

### B3 NURSING COLLEGE

8.1.7 College undertakes community oriented activities

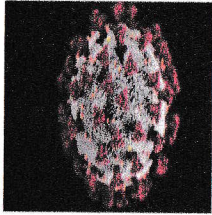
*Reports of health education*

*Submitted to*



**THE NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL**

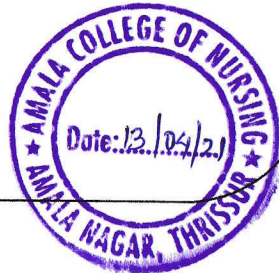
# Health Education Programme on Covid Vaccination (Tika Utsav)



*Date: 13.04.2021*

*Time : 2.00 p.m.*

*Venue: Elavally FHC*



*Dear all,*

*We Amala College of Nursing, NSS Unit (II year B.Sc. Nursing Students) and Elavally FHC planned to conduct a Health Education Programme regarding Covid Vaccination for Public.*

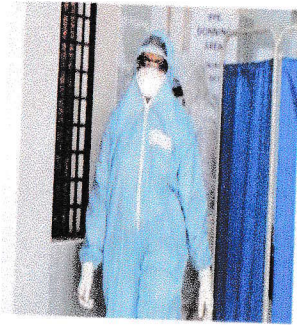
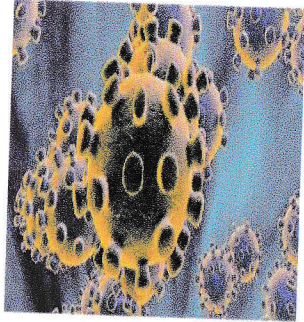
## *Programme Schedule*

- |                  |   |   |
|------------------|---|---|
| Prayer           | : | B.Sc. Nursing Students  |
| Welcome          | : | Dr. Chintha<br>Medical Officer<br>Elavally FHC                  |
| Felicitations    | : | Dr. Rajee Reghunath<br>Principal<br>Amala College of<br>Nursing |
| Health awareness | : | NSS Volunteers<br>II year B.Sc. Nursing<br>Students             |
| Vote of thanks   | : | Mrs. Rinu David<br>Assistant Professor<br>Amala College of      |

*Rajee*

Prot. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-6801

# “Health Education Programme on Coronavirus”



*Date: 13.02.2020*

*Time : 11.00 a.m.*

*Venue: Anganwadi No. 19*

*Adat Grama Panchayat, Chittilapilly*



*Dear all,*

*We Amala College of Nursing, IV year B.Sc. Nursing Students and Anganwadi (No. 19) planned to conduct a Health Education Programme regarding Coronavirus.*

## *Programme Schedule*

- |  |   |  |
|--|---|--|
| Prayer                                 | : | B.Sc. Nursing Students   |
| Welcome                                | : | Mrs. Rejani P. C,<br>Ward Member -3, Adat Panchayat            |
| Felicitations                          | : | Dr. Rajee Reghunath,<br>Principal,<br>Amala College of Nursing |
| Health awareness                       | : | Ms. Nimisha T. N & team  |
| Nutrition demonstration & Food display | : | IV year B.Sc. Nursing Students,<br>Amala College of Nursing    |
| Vote of thanks                         | : | Ms. Simi C Mathew,<br>Lecturer,<br>Amala College of Nursing    |

Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 :





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## DEPARTMENT OF COMMUNITY HEALTH NURSING

### REPORT ON HEALTH RALLY

Health rally “arogyajagrathayathra” was conducted on 02-02-2019 by fourth year BSc nursing students at Poovathuru under Mullassery CHC. The programme was conducted preceding the monsoon season with a aim to provide awareness among the community regarding prevention of communicable diseases. The rally started at 10 am. 25 students and teachers participated in the rally holding playcards on the topic. After the rally an awareness programme was conducted at the CHC for the public in which yoga dance, skit and other programmes were conducted. The programme ended at 2pm.



Signature of HOD

signature of principal  
Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 :





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## DEPARTMENT OF MEDICAL SURGICAL NURSING

### REPORT ON HEALTH EDUCATION

As a part of medical posting 2<sup>nd</sup> year bsc nursing students conducted health education for the patients and bystanders admitted in amala institute of medical sciences during the academic period 2020. The health education was given as group and individual based on the topic. The topics for health education was insulin therapy, dengue fever, prevention of CAD, DM diet, DASH diet, infection prevention, leptospirosis, hand hygiene, hypertension. The students used various types of AV Aids and explained well. The bystanders and patients asked doubts and actively participated in health education. Each session was of duration 15-30 minutes.



Subject coordinator

Sr. Jothish C.S.C

HOD

Mrs. Lakshmi G

Principal

Prof. Dr. Rajee Reghunath



Prot. Dr. RAJEE REGHUNATH  
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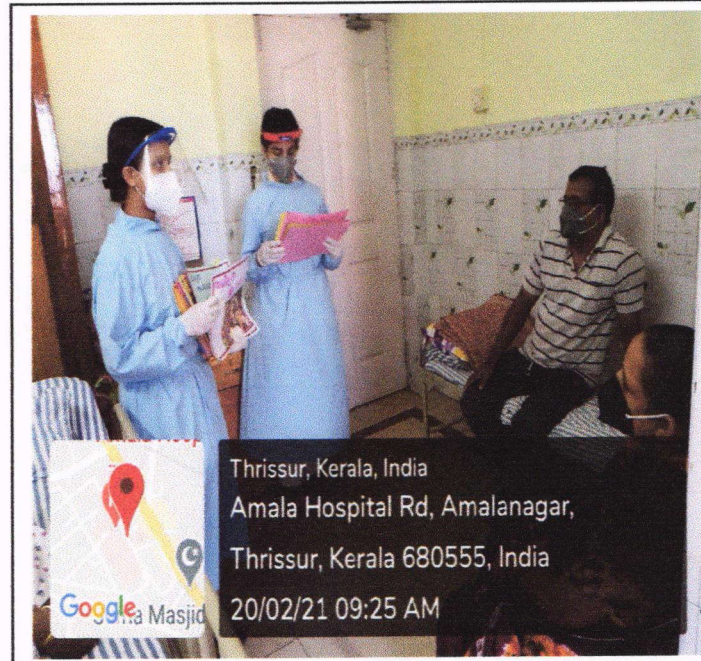
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## DEPARTMENT OF NURSING FOUNDATIONS

### REPORT ON HEALTH EDUCATION

As a part of clinical posting health education was given by the students of 2019 batch to the patients and bystanders in amala institute of medical sciences during the academic year 2021. The health education was given as individual and group. The topics were balanced diet and personal hygiene. In balanced diet students explained about the dietary requirement for adults. In personal hygiene students explained about the need for personal hygiene and how to take care of various body parts. The patients and bystanders actively participated in the health education and clarified doubts. Students used various AV aids for the health education. Each session was of duration 15-30 minutes.



Subject coordinator

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