



# AMALA COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society)

Amala Nagar P.O., Thrissur-680 555, Kerala, India.

Website : [www.amalanursingcollege.org](http://www.amalanursingcollege.org)

**FIRST CYCLE NAAC ACCREDITATION 2022**

## CRITERION 6

### GOVERNANCE, LEADERSHIP AND MANAGEMENT

#### 6.3. Faculty Empowerment Strategies

*6.3.1 Access to Fitness Centre*

*Submitted to*



**THE NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL**



# AMALA COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society)

Amala Nagar P.O., Thrissur-680 555, Kerala, India.

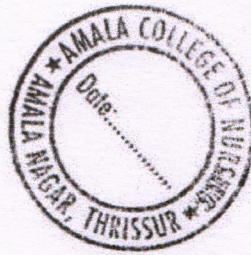
Affiliated to Kerala University of Health Sciences and recognized by Kerala Nurses and Midwives Council & Indian Nursing Council  
(Certificate No. 18-16/2893-INC)

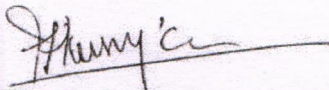
No.B/054/2019/ACON

Date: 18.02.2019

## PROCEEDINGS OF DIRECTOR, AMALA INSTITUTE OF MEDICAL SCIENCES, THRISSUR


Sanction has been given for the staff and students of Amala College of Nursing to use central library and gymnasium by abiding the prevailing rules and regulations of the institution. The permission is granted as per the request of Principal, Amala College of Nursing.

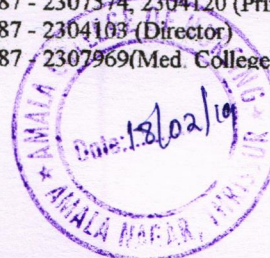


  
**Fr. Francis Kurissery CMI**  
**Director**

E-mail : [amalanursingcollege@gmail.com](mailto:amalanursingcollege@gmail.com)  
Web : [www.amalanursingcollege.org](http://www.amalanursingcollege.org)  
[www.amalaims.org](http://www.amalaims.org)

Phone : 0487 - 2304070 (College), 2304000(Hospital)  
0487 - 2307574, 2304120 (Principal's Office),  
0487 - 2304103 (Director)  
Fax : 0487 - 2307969(Med. College), 2307020(Hospital)

  
Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 :





# AMALA COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society)

Amala Nagar P.O., Thrissur-680 555, Kerala, India.

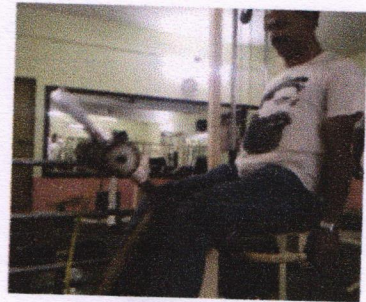
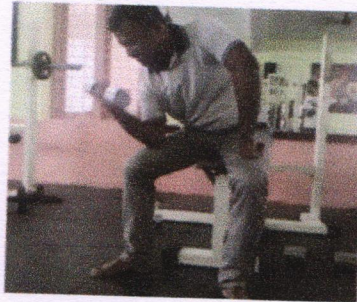
## Workout at fitness centre

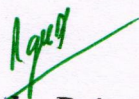
The Fitness Center at Amala Institute of Medical Sciences, Thrissur provides all faculties and students to utilize the weight training devices for maintaining the fitness and health. The center promotes good health and teach physical skills. The students and faculties can avail permission from the concerned authority and use the centre during the morning and evening time. They can also use it during holidays.

### Time and duration

Morning hours – 5 am to 7.30 am

Evening hours – 4 pm to 7.30 pm



  
Signature of the Principal

Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 :