



AMALA COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society)

Amala Nagar P.O., Thrissur-680 555, Kerala, India.

Website : www.amalanursingcollege.org

FIRST CYCLE NAAC ACCREDITATION 2022

CRITERION 6

GOVERNANCE, LEADERSHIP AND MANAGEMENT

6.5. Internal Quality Assurance System

6.5.1 Nurse Led Clinics

Submitted to



THE NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL

AMALA COLLEGE OF NURSING, THRISSUR



PROPOSAL FOR COLLABORATIVE (NURSE LED) GERIATRIC CLINIC

PREPARED BY

LAKSHMI G

PROFESSOR AND IQAC COORDINATOR

SUBMITTED TO

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PRINCIPAL
AMALA COLLEGE OF NURSING

*Forwarded
Lgms
29/6/21*

REV FR JULIOUS ARAKKAL CMI

DIRECTOR

AMALA INSTITUTE OF MEDICAL SCIENCES

FOR APPROVAL FROM

Recommended

REV FR FRANCIS KURISSERY CMI,

ACADEMIC COORDINATOR

AMALA INSTITUTE OF MEDICAL SCIENCES

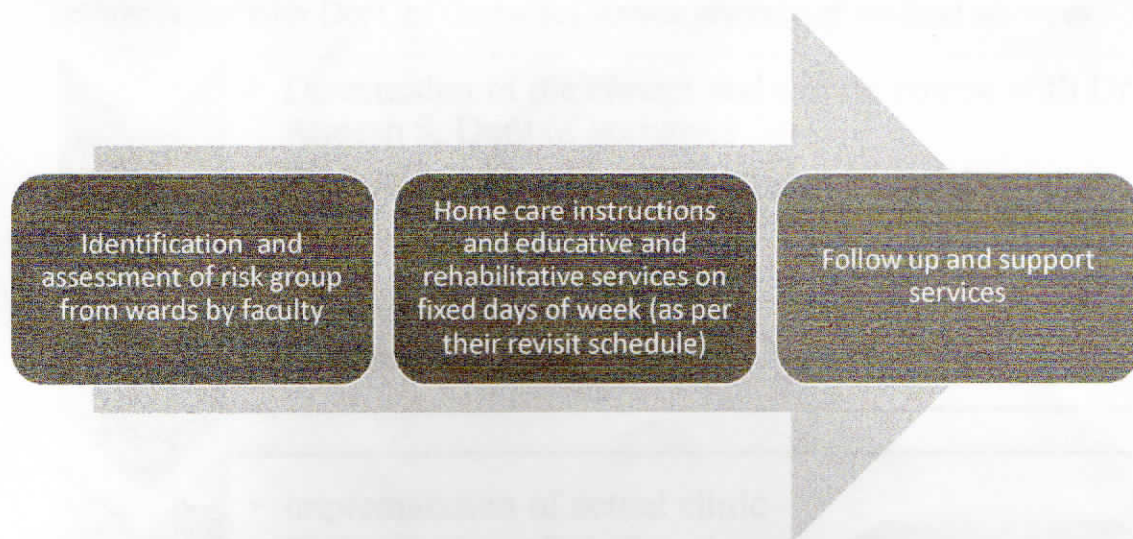
INTRODUCTION

Nurse clinics offer an alternative model of care delivery where the nurse is the primary provider of care for the patient. The nursing services provided are holistic and patient-centred, with accountability and responsibility for patient care and professional practice remaining with the nurse. In Amala a nurse led clinic will be a collaborative clinic in collaboration with the concerned medical departments. If implemented we will be the first college of nursing in Kerala to carry out nurse led geriatric clinics (Collaborative geriatric clinic).

PUPROSES

- Patients need to play an active, ongoing role in their health care and treatment (e.g. diabetes)
- Greater patient education and understanding is needed (e.g. post operative states, oncology)
- A closer, longer-term relationship between patients and caregivers is needed (e.g. diabetes, geriatrics, dialysis)
- Establishing trust is important (e.g, mental health)

HOW IT WORKS



PROPOSED AREAS OF STARTING CLINIC

- ▶ New areas
- ▶ Geriatric wellness clinic (along with course on geriatric care)
- ▶ Post stroke rehabilitation clinic (along with holistic approach)
- ▶ NCD and life style clinic
- ▶ Post mastectomy & lymphedema clinic

GERIATRIC

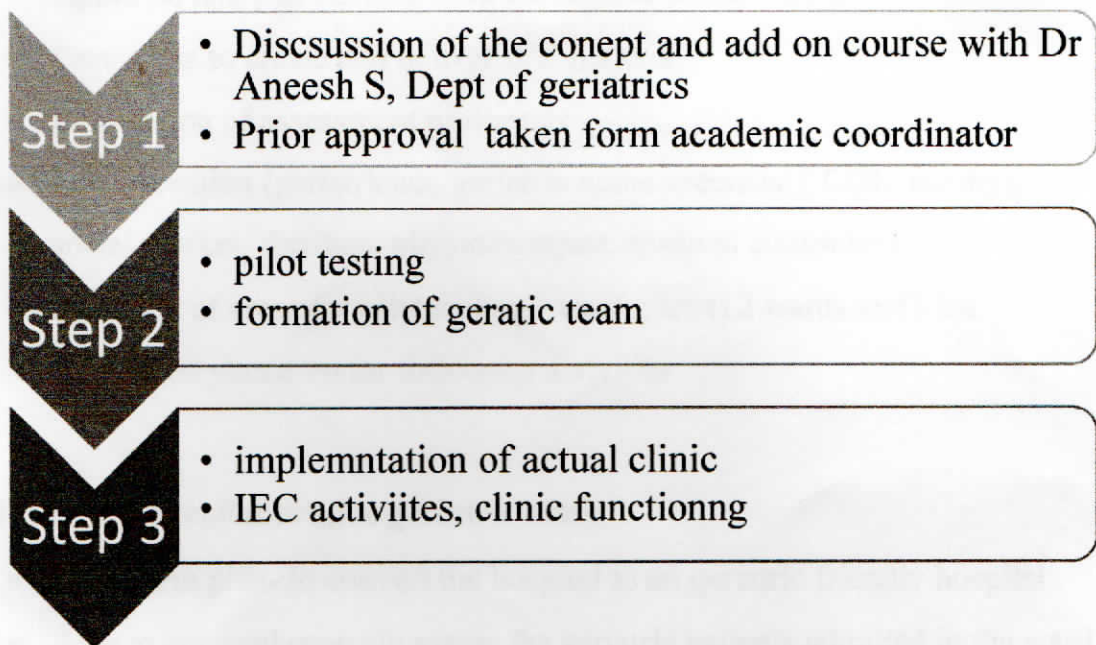
NURSE LED CLINIC

APPROVAL OF CONCEPT BY MANAGEMENT

The concept of nurse led clinic in geriatrics along with add on course on geriatric care was approved in the hospital management and clinical coordination committee 6th meeting held online on 17 th June (Agenda noHMCC 06.1)

The honourable director Rev Fr Julious Arakkal CMI had instructed to submit a proposal for nurse led geriatric clinic after approval from principal and Academic coordinator Rev Fr Francis Kurissery CMI

Proposed implementation plan for collaborative clinic in geriatrics in collaboration with Dept. of Geriatrics Amala institute of medical sciences



PILOT TESTING OF THE PROJECT

The discussion with Dr. ^{Aneesh S} revealed that there needs to be a geriatric team formed in collaboration with ACON and AMC and together the team will start function in an experimental way to

- Create awareness of geriatrics among the medical and nursing fraternity in the clinical area.
- To take assessment of all patients admitted in the hospital above 60 years of age.
- To create a pool of geriatric patients and follow up them continuously.
- Initially using virtual platforms ./ regular phone calls.

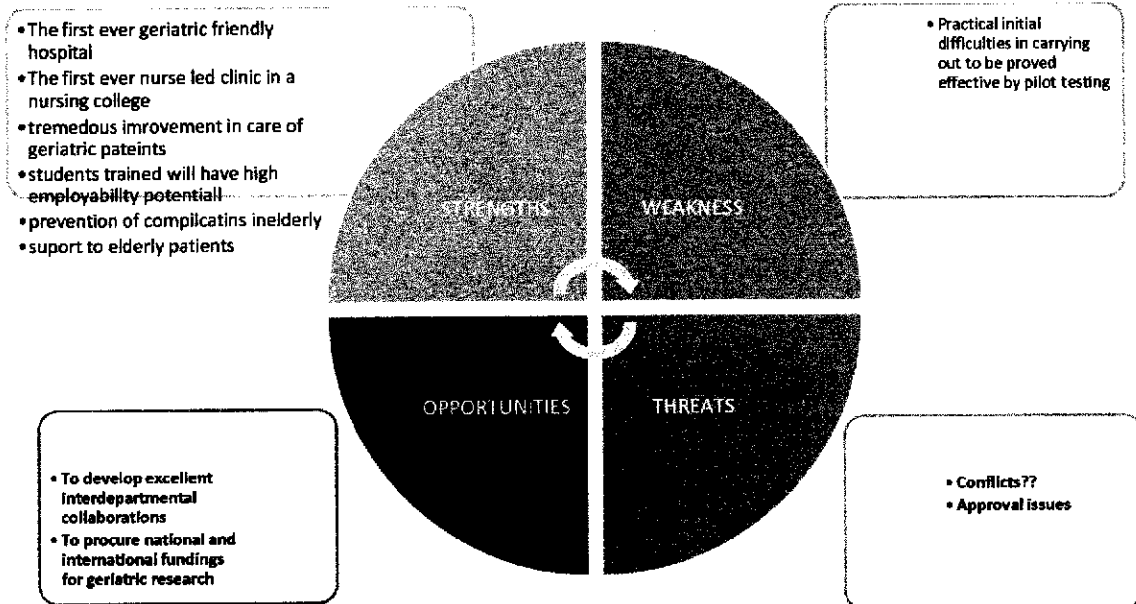
REQUIREMENTS FOR PILOT TESTING

- Approval and permissions from management and HODs
- Provisions to create and deliver IEC material
- Preparation of assessment proformas
- Team creation (geriatrician, geriatric nurse specialist (CON faculty), social worker, dietitian, physiotherapist, spiritual counselor)
- Selection of areas for pilot testing (wards, Icus) 2 wards and 2 Icu
- Dedicated phone no for follow-up activities

Advantages of collaborative geriatric clinic

- Long term plan- to convert the hospital to an geriatric friendly hospital
- Able to comprehensively assess the geriatric patients admitted in the ward
- Suggest geriatric based care modifications for patients and prevent complications in them
- Provide care giver support and education
- Through clinic regular followup of all patients above 60 years and admitted in Amala
- To provide psychological spiritual nutritional and other support activities through clinic
- Will be the first hospital in south India to implement geriatric collaborative clinic

SWOT ANALYSIS OF COLLABORATIVE GERIATRICS CLINIC



Strengths

- The first ever geriatric friendly hospital
- The first ever nurse led clinic in a nursing college
- Tremendous improvement in care of geriatric patients
- Increased patient and family satisfaction in care
- Students trained will have high employability potential
- Prevention of complications of elderly
- Team based all-round Support to elderly patients
- To improve the marketing potential and image of hospital

Weakness

- Practical initial difficulties in carrying out to be proved effective by pilot testing

Opportunities

- To develop excellent interdepartmental collaborations
- To procure national and international fundings for geriatric research

Threats

- Conflicts??
- Approval issues



Amala College of Nursing, Thrissur

NURSE LED GERIATRIC CLINIC

Integrating Homoeopathy in Client Care

Homoeopathy for Healthy Ageing

Topic:

സമ്പൂർണ്ണ ആരോഗ്യം നേടിയോപ്പതിയിലൂടെ

OUR EXPERT SPEAKER



DR. NIRMALA PHILIP

CHIEF MEDICAL OFFICER

AMALA HOMOEOPATHIC HOSPITAL

THRISSUR

27 AUGUST, 2021 @ 11.00 A.M. IST

PLATFORM: ZOOM

Amala College of Nursing, Thrissur



Nurse Led Geriatric Clinic Offers

CLIENT INFORMATION SERIES

Integrating Ayurveda in Client Care

Session 1 : Ayurveda for healthy living

**Topic : കർക്കിടക മാസത്തിലെ ആരോഗ്യ
പരിപാലന ശീലങ്ങൾ**

Our Expert Speaker



Rev. Dr. Sr. Austin, MD (Ayu.)

Consulting Physician

Amala Ayurvedic Hospital & Research Centre, Thrissur

JULY 23 2024 @ 10.00 A.M.

Platform : Zoom