



AMALA COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society)

Amala Nagar P.O., Thrissur-680 555, Kerala, India.

Website : www.amalanursingcollege.org

FIRST CYCLE NAAC ACCREDITATION 2022

CRITERION 1

CURRICULAR ASPECTS

1.2 Academic Flexibility

1.2.2 Details of Subject Related Add-on Courses

Submitted to



THE NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL

**AMALA COLLEGE OF NURSING
AMALA NAGAR, THRISSUR**



**ADD ON COURSE ON
GERONTOLOGY**



AMALA COLLEGE OF NURSING, THRISSUR

ADD-ON COURSE

GERONTOLOGY



COMMENCES ON 23rd NOVEMBER 2021
DURATION - 5 WEEKS
CREDENTIALING - 1 CREDIT HOUR

Organised by

Department of Medical Surgical
Nursing



Regin

Prof. Dr. RAJEE REGHUNATH
PRINCIPAL
AMALA COLLEGE OF NURSING
AMALA NAGAR P.O., THRISSUR-680 555

ENROLLMENT LIST OF STUDENTS



AMALA COLLEGE OF NURSING

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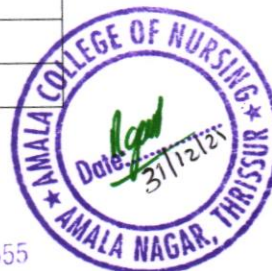
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The add on course programme on Gerontology has commenced on 23/11/21 and the following students from B.Sc. Nursing have been enrolled to the programme.

B.Sc. NURSING STUDENTS - 2017 BATCH

Sl. No.	Name
1	Abitha Benny
2	Adithya M B
3	Agana Mariya C. Thomas
4	Agnus Rose Tom
5	Aloise Vincent
6	Amala Simon
7	Amalnamol C M
8	Amritha B. Mathew
9	Anakha Pavithran
10	Aneesha Mani
11	Angel Mary Benny
12	Angel P Joseph
13	Angel Rose P A
14	Anita Rose Antony Kuttukaran
15	Anns Varghese
16	Antu Geo
17	Anumol Varghese
18	Aparna Shaju
19	Asha Michael
20	Athina James
21	Blessy Jose (Sr)
22	Blessy Justine
23	Caroline P. Wilson
24	Chanchal Manoj
25	Deenamol P D
26	Della V V
27	Dona Francis Pinhero
28	Emilda Mathew
29	Jasna K Joy
30	Jeeva Joy

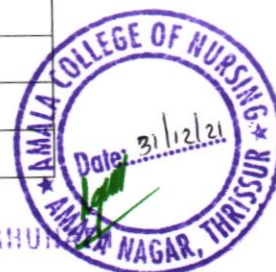
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31	Jilu Joice
32	Jinu Joice
33	Jismol Jose
34	Jitha Johnson
35	Jiya Jomy
36	Lavannya Paulose
37	Megha Antony
38	Merin Johny
39	Merlin K Babu
40	Minnu George
41	Minu Savier
42	Neenu T J
43	Parvathi Narayanan
44	Rosamma Thomas
45	Rosna Francis
46	Roslin K V
47	Stephiya Sunny
48	Sumi Shine
49	Susan Peter

B.Sc. NURSING STUDENTS – 2018 BATCH

Sl. No.	Name of the student
1	Ajila P J
2	Aleena Sunny
3	Amala Tomy
4	Ancy. K .A
5	Angel Sojan
6	Anitta Abby
7	Anitta Johny
8	Anjali A Mohandas
9	Anly Milton
10	Ann Maria Joseph
11	Ann Mary Biju
12	Anna Joseph
13	Ardhra C. Prakash
14	Arun Mohan V
15	Averine Mariya Jose
16	Benliya Bose



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17	Bessy Mol
18	Blessy Maria Chacko
19	Diona Ann Joseph
20	Diya Davis
21	Dora Jarold
22	Jeslin K J
23	Jismy Paul
24	Keerthi M Surendran
25	Mariya Jaison
26	Mary Celin
27	Meenakshi M Murali
28	Megha Jayaraj V K
29	Reshma Babu
30	Rose Mary Baby
31	Rosy Joseph
32	Safna P S
33	Salomi K J
34	Sandra Benny
35	Sandra Rose Sebastian
36	Shabeer Ali A M
37	Shaniya Shaji
38	Sharon Shajan P
39	Sherin Tresa Mathew
40	Signa Paulson
41	Sisira Suresh O
42	Siya Joy
43	Sneha Shaju
44	Sneha Simon T
45	Snesi Augustine
46	Sona Mol Joseph
47	Sophiya Thomas
48	Teena John
49	Tincy E T
50	Vishnupriya T R

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REQUEST LETTER



AMALA COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society)

Amala Nagar P.O., Thrissur-680 555, Kerala, India.

Date: 20.09.2021

From,

The Principal,
Amala College of Nursing
Thrissur

To,

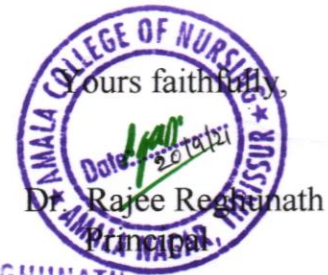
Dr Anish S MD DNB (General Medicine - PGDG Geriatrics)
Assistant Professor in General Medicine
Amala Institute of Medical Sciences
Thrissur

Sir,

Sub: Request for conducting hands on session – reg.

As part of curriculum enrichment, “Add on Course on Gerontology” is arranged for B.Sc. Nursing students. So I request you to arrange lectures in online and offline modes from 23rd to 29th November 2021 for 100 B.Sc. Nursing. Kindly do the needful.

Thanking you



Prof. Dr. RAJEE REGHUNATH
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AMALA COLLEGE OF NURSING

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Amala Nagar P.O., Thrissur-680 555, Kerala, India.

Date 19.11.2021

As part of curriculum enrichment an add-on course on gerontology has to be arranged for B.Sc. nursing students from 23 November 2021. The course arrangement has been assigned to Mr. Don Jose K, Assistant Professor Amala College of Nursing.



Principal

Prof. Dr. RAJEE REGHUNATH
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**LIST OF CLASSES AND
RESOURCE PERSONS**



AMALA COLLEGE OF NURSING

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Amala Nagar P.O., Thrissur-680 555, Kerala, India.

List of Classes and Resource Person

Sl.No	Date	Topic	Resource Person
1	23/11/2021	Introduction to Gerontology	Dr Anish S
2	24/11/2021	Geriatric assessment	Dr Anish S
3	25/11/2021	Normal ageing	Prof. Lakshmi G
4	26/11/2021	Cognitive decline in old age	Prof Dr. Rajee Reghunath
5	27/11/2021	Home care of an elderly person	Prof. Lakshmi G
6	28/11/2021	Health care needs of elderly people	Sr. Jyothish CSC
7	29/11/2021	Care of Care Givers of Elderly with Dementia	Prof Dr. Rajee Reghunath



[Signature]
Principal

Prof. Dr. RAJEE REGHUNATH
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STUDENT EVALUATION

Name of the Student: Blessey Justine

Batch: 2017

VALUE ADD COURSE ON GERONTOLOGY

EVALUATION

7
10

1. Gerontology is the study of the aging process from
 - a) childhood to late life.
 - b) maturity to old age.
 - c) middle age to retirement.
2. Gerontologists define aging in terms of
 - a) the number of years since the individual's birth.
 - b) changes in memory, learning, adaptive capacity, personality, and mental functioning.
 - c) social roles, relationships, and the overall context in which we grow old.
 - d) All of these choices.
3. Recent research indicates that genes account for about of our longevity.
 - a) one-fourth
 - b) one-third
 - c) one-half
 - d) two-thirds
4. "Culturally competent" health care providers
 - a) require the elderly to adapt their values to an institutional environment.
 - b) encourage the elderly to become dependent on their services.
 - c) help the elderly develop personal mastery of their changing environments.
 - d) motivate the elderly to ignore the aging process.
5. Geriatrics
 - a) is more multidimensional than gerontology.
 - b) uses a biopsychosocial model.
 - c) helps the elderly gain greater insight into the meaning of life.
 - d) focus on preventing and managing disease in later life.
6. A major reason for studying human aging is that
 - a) We are all growing older
 - b) The number and proportion of older adults is increasing
 - c) More job opportunities are available for those with some knowledge of aging
 - d) All of the above
7. Centenarians are people who
 - a) Were born before the centennial
 - b) Study old age and older adults
 - c) Are 100 or more years old
 - d) Have not yet reached old age
8. Prejudice or bias against older adults is referred to as
 - a) Ageism
 - b) Oldism
 - c) Age bigotry
 - d) Senilism
9. The study of older adults and aging is referred to as
 - a) Gerontology
 - b) Geropsychiatry
 - c) Geriatrics
 - d) Gero-education
10. Which of the following groups is likely to have the more positive view of aging and older adults?
 - a) Other older adults
 - b) Children younger than 10
 - c) Young adults
 - d) Adolescents

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AMALA COLLEGE OF NURSING * AMALA *
Date: 28/11/21

Name of the Student: Della v.v

Batch: 2017 -

VALUE ADD COURSE ON GERONTOLOGY
EVALUATION

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VALUE ADD COURSE ON GERONTOLOGY

EVALUATION

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STUDENT FEEDBACK

AMALA COLLEGE OF NURSING, THRISSUR

ADD ON COURSE ON GERONTOLOGY

FEEDBACK FORM

Course : BSC NURSING

Year : 2017 batch.

How would you rate the overall experience?

Poor Average Good Very Good Excellent

How relevant was the topic?

Not Relevant Relevant

Please rate your satisfaction with the content of the training programme by indicating your degree of agreement and disagreement with each statement given below

Sessions delivered information that I expected to receive

Strongly agree Agree Neutral Disagree Strongly Disagree

The subject matter was presented effectively

Strongly agree Agree Neutral Disagree Strongly Disagree

Time allotted for sessions were sufficient to cover the topics

Strongly agree Agree Neutral Disagree Strongly Disagree

Presenters were knowledgeable

Strongly agree Agree Neutral Disagree Strongly Disagree

Presenters interacted well with the participants

Strongly agree Agree Neutral Disagree Strongly Disagree

Queries were addressed well

Strongly agree Agree Neutral Disagree Strongly Disagree

Topic was relevant for career growth

Strongly agree Agree Neutral Disagree Strongly Disagree

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AMALA COLLEGE OF NURSING, THRISSUR

ADD ON COURSE ON GERONTOLOGY

FEEDBACK FORM

Course : BSC. NURSING

Year : 2017 batch

How would you rate the overall experience?

Poor Average Good Very Good Excellent

How relevant was the topic?

Not Relevant Relevant

Please rate your satisfaction with the content of the training programme by indicating your degree of agreement and disagreement with each statement given below

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Presenters interacted well with the participants

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Queries were addressed well

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Topic was relevant for career growth

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AMALA COLLEGE OF NURSING, THRISSUR

ADD ON COURSE ON GERONTOLOGY

FEEDBACK FORM

Course : BSC. NURSING

Year : 2017 batch

How would you rate the overall experience?

Poor Average Good Very Good Excellent

How relevant was the topic?

Not Relevant Relevant

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