



AMALA COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society)

Amala Nagar P.O., Thrissur-680 555, Kerala, India.

Website : www.amalanursingcollege.org

FIRST CYCLE NAAC ACCREDITATION 2022

CRITERION 1

CURRICULAR ASPECTS

1.2 Academic Flexibility

1.2.2 Syllabus of Add-on Courses

Submitted to



THE NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL

SYLLABUS

CURRICULUM FOR ADD ON COURSE IN GERONTOLOGY

**IN COLLABORATION WITH MARIAN COLLEGE, CHRIST COLLEGE
OF ENGINEERING , ST THOAMS COLLEGE & AMALA COLLEGE OF
NURSING**



AMALA COLLEGE OF NURSING
AMALA NAGAR, THRISSUR - 680555

AMALA COLLEGE OF NURSING

AMALA NAGAR P. O, THRISSUR - 680555



PREFACE

Amala Institute of Medical Sciences, named after Mary Immaculate, is a Minority Christian Institution, which is open to all irrespective of religion, caste or creed. It aims at giving effective training to the youth to become nursing professionals devoted to the healing ministry, especially in the rural areas. It also strives to strengthen the quality of service offered in the large number of medical institutions run by the community. AIMS are a Unit of Amala Cancer Hospital Society managed by the Devamatha Province of the Carmelites of Mary Immaculate (CMI), founded by St. Kuriakose Elias Chavara, a sage-cum-savant. Amala, at present, offers an MBBS, Medical PG courses, Ph.D. Nursing, M.Sc. Nursing and B.Sc. Nursing courses and is affiliated to the Kerala University of Health Sciences. Students are admitted to this institute as per the admission procedure stipulated by the concerned authorities and in the tenor of the admission policy of the management.

CONTENT

Sl. No.	Content	Page No
1	Course Description	4
2	Scope and Objectives	5
3	Course Outline	6
4	Methods of Teaching and Credentialing	7
5	References	8

Course Coordinators

Dr. Anish S Asst Professor Dept of General Medicine, Amala Institute of Medical Sciences, Thrissur

Prof Lakshmi G, HOD Dept of Medical Surgical Nursing Amala College of Nursing, Thrissur

Rev Sr. Jyothish CSC, Associate Prof Senior Dept Of Medical Surgical Nursing Amala College Of Nursing Thrissur

Title: Curriculum For Add On Course in Gerontology

Duration of course: 5weeks

Total credits: 1 credits

Course Description

Gerontology is a study of late Adulthood and of Older Adults as a special group.

An interdisciplinary approach is not only appropriate but necessary given the complex health and mental health, social and economic concerns of Older Adults.

The elderly population in India is second largest in the world, next only to China.

This population which was 77 million according to the 2001 Census (7.5 per cent of the total population), which grew to 104 million in 2011 (2011 Census) and is projected to increase to 137 in 2021. Population projections show that by 2050, the elderly.

SCOPE AND OBJECTIVES:

OBJECTIVES:

- To prepare learners for interdisciplinary practice with older adults and their families while providing professional leadership in the field of Gerontology.
- To generate a trained cadre of functionaries for effective intervention based on a for enhancing the 'Quality of Life' of Older Adults

SCOPE

Gerontology is a growing and upcoming field - Careers in Ageing are going to be among the next big things in the 21st Century workforce, thus, after completing the course the candidates employability potential can be enhanced especially in interviews aboard

Their activities may include:

- Developing programmes such as health promotion, senior theater groups, or Intergenerational activities for older persons in senior centers, community agencies, or retirement communities.
- Counseling older persons and their families about issues of care giving, employment, death and dying, or mental health.

COURSE OUTLINE:

MODULE NO	CONTENT	ACTIVITIES	DURATION
1	Introduction to Gerontology <ul style="list-style-type: none"> • What happens to your body as you age – • Physiology of aging 	Lectures Self directed tasks, Interactive sessions	1 week
2	Psychosocial aspects of ageing <ul style="list-style-type: none"> • Needs of the elderly • Psychosocial needs and problems 	Lectures Self directed tasks, movie Critiquing and short film making Interactive sessions Discussions	1 week
3	Cognitive decline in old age <ul style="list-style-type: none"> • Dealing with dementia • Understanding dementia 	Lectures Self directed tasks, movie watching Critiquing and short film making	1 week
4	Home care e of an elderly person <ul style="list-style-type: none"> • Rapid assessment of elderly • Needs of an elderly person • Caring for elderly with special needs • Assistive devices / technology • Creation of an elder friendly home through technology 	Lectures, projects, self directed learning	1 week

5	Hospice Care <ul style="list-style-type: none"> • Legal and ethical issues in caring terminally ill • Advance directives • Loss safeguarding rights of elderly • NGO'Ss and organizations for elderly 	Lecture cum discussion	1 week
---	--	------------------------	--------

CREDENTIALING:

Students will be awarded with one credit hour on completion of course.

REFERENCES:

1. Journals

- Advances in Life course research
 - Age and aging: The international journal of the British Geriatrics society
 - Aging and mental health : An international journal
 - American journal of Geriatric psychiatry.
2. Basic geriatric nursing by Patricia Williams
 3. Physical change and aging: A guide for the helping professions by Mary Jean and Sue. V. Saxon
 4. Brocklehurst's text book of Geriatrics Medicine and Gerontology

AMALA COLLEGE OF NURSING

VISION

To establish a Center of Excellence providing value- added education that combines effective teaching focused academic exposure and productive research with the aim of training healthcare personnel with professionalism and spirit of love and service as their hallmarks.

MISSION

We constantly seek to recruit brilliant staff and provide state-of-the art infrastructure in an Eco-friendly ambience with a view to challenging the students to become forward-looking dedicated graduate nurses imbued with compassionate love towards all, especially the poor and the marginalized.

