



# AMALA COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society)

Amala Nagar P.O., Thrissur-680 555, Kerala, India.

Website : [www.amalanursingcollege.org](http://www.amalanursingcollege.org)

**FIRST CYCLE NAAC ACCREDITATION 2022**

## CRITERION 1

## CURRICULAR ASPECTS

### 1.3 Curriculum Enrichment

#### *1.3.1 Reports of Programmes Related to Gender*

*Submitted to*



**THE NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL**

**Reports of Programmes  
Conducted to Address  
Cross Cutting Issue  
Gender**



# AMALA COLLEGE OF NURSING

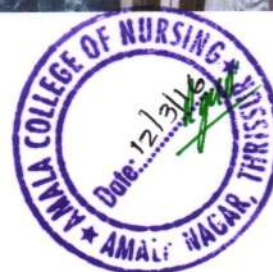
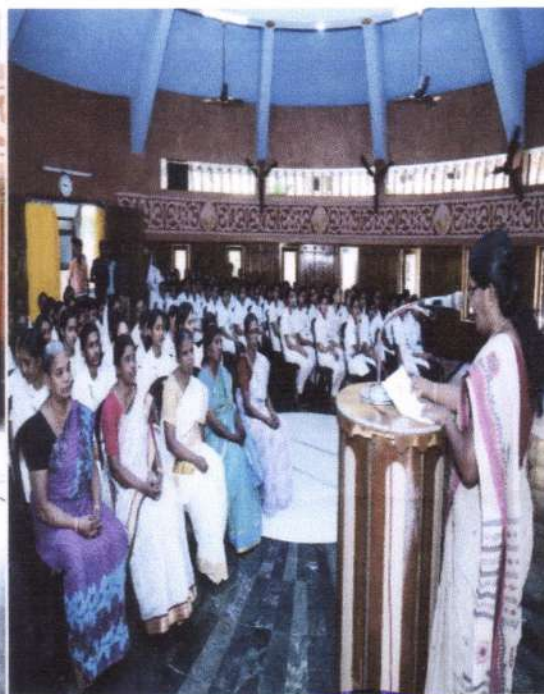
(An undertaking of Amala Cancer Hospital Society)

Amala Nagar P.O., Thrissur-680 555, Kerala, India.

**Title: International Women's Day Celebration**

**Date: 08.03. 2016**

International women's day was celebrated in Amala chapel on 08.03.2016 at 2pm. Mrs. SeethaRaveendran , chairperson, Kunnamkulam corporation inaugurated the program. Thrissur co-operation counselor Mrs. Laly James delivered the presidential address. The chief guest and other dignitaries delivered a speech on women empowerment and the theme of the celebration "Planet 50-50 by 2030: Step it up for Gender Equality. Rev. Fr. Francis Kurisserry Director, AIMS, Joint director Rev. Fr. Julius Arakkal, Associate director Rev. Fr. Deljo Puthur. Fifty members attended the program. The event came to an end at 4pm.



Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 :



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Amala Nagar P.O., Thrissur-680 555, Kerala, India.

**Title: Role of Women In The Family And Society –Outreach Program**

**Date: 16.12.2016**

On 16<sup>th</sup> December 2016 students of Amalacollege of nursing organized a class for the women of Parambathally community, under Mullasserry community health center. The event started at 11am. The class was presented in the form of role play on the role of women in the family and community followed by an interactive session on breast cancer, lifestyle disease and its prevention and management. 36 members attended the program. The formal welcome address and vote of thanks was given by Sr. Merly John, HOD community health nursing. The event came to an end at 12.15pm.



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Amala Nagar P.O., Thrissur-680 555, Kerala, India.

**Title: International Women’s Day Celebration**

**Date: 08.03.2017**

On the occasion of the international women’s day Amala has organised a celebration at Amala chapel at 10.am. The theme for women’s day was “be bold for change”. As a part of womens day celebration, 10 women from Kaiparambupanjayath were honored for their excellence in social service during the program. The event was inaugurated by Thrissur district deputy medical officer Dr. Bindhu Thomas. The formal welcome speech was delivered by Rev.Fr. Francis Kurisserry CMI, Director, AIMS. All the administrative staffs and students from ACON attended the program. 83 members attended the function. The event came to an end at 12N.



News item in Amalavanicampus newsletter

ആബാ വനിതാദിനാചരണം



അടാക്, കൈപറമ്പ് പഞ്ചായത്തുകളിലെ 10 വനിതകളെ അമലയിൽ പ്രവർത്തിച്ചു വരുന്ന ആബാ സൊസൈറ്റി വനിതാദിനാചരണത്തിന്റെ ഭാഗമായി ആദരിച്ചു. ജില്ലാ ഡെപ്യൂട്ടി മെഡിക്കൽ ഓഫീസർ ബിന്ദുതോമസ് ഉദ്ഘാടനം നിർവ്വഹിച്ചു. ടി. ജയലക്ഷ്മി, എം.ആർ. സുലേഖ, ലില്ലി ഡേവിസ്, പീൻസി പ്രീൻസ്, മേരിലാസർ, കൊച്ചുമേരി വർഗ്ഗീസ്, ലിസി പാലോസ്, പട്രീഷ്യരോസ്, ജോയ്സി സ്റ്റീഫൻ, ട്രീസ ജോയ് എന്നിവരെയായി പുരസ്കാരം നൽകി ആദരിച്ചത്. ചെയർമാൻ ഫാ. ഗ്രാൻസിൻ, ഡയറക്ടർ ഫ്രാൻസിസ് മോഡറേറ്റർ ഫാ. തോമസ് വാഴക്കാല, ആബാ പ്രസിഡൻ്റ് ഡോ. വർഗ്ഗീസ് മേരി നാണി കോൺവെൻ്റർ മദർ സിസ്ലി ഡേവിസ് എന്നിവർ പങ്കെടുത്തു.

News item regarding women's day celebration



Prot. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 :



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**Title: Women Safety Program: Resist, Persist, and Rise**

**Date: 26.08.2017**

To empower the women against the violence, Chungathjewellery Thrissur conducted women safety program at Amala auditorium at 10am. Regional head officer of Chungathjewellery, places a strong emphasis on teaching self defense techniques with the realization that students may be physically attacked and should be able to defend themselves realistically. The program employs the use of pepper spray as a defense tool, and they demonstrated practical deployment of pepper spray in a safe and outdoor environment. The progame was attended by 100 students and staffs. The formal welcome address and vote of thanks was given by Prof. Dr. Rajee Reghunath, Principal, ACON. The event came to an end at 11.30am.



Prof. Dr. RAJEE REGHUNATH  
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**Title: International Women's Day Celebration**

**Date: 08.03.2018**

International women's day was celebrated by the students of Amalacollege of nursing. Rev.Fr. Francis Kurissery CMI, graced the function with his presence. The program started at 10am. A dance by 2017 batch and an award winning street play were performed projecting women and their role in society. All students and staffs of Amalacollege of nursing participated in the program. The formal welcome address and vote of thanks was given by Prof. Dr. RajeeReghunath, Principal, ACON. The event came to an end at 12N. A total of 132 members attended the function.



Prof. Dr. RAJEE REGHUNATH  
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Amala Nagar P.O., Thrissur-680 555, Kerala, India.

**Title: Zero Discrimination Day**

**Date: 28.02.2019**

Zero discrimination day was observed on 28<sup>th</sup> February. The day was celebrated in a view of promoting equality among all genders and races. The event was commenced at 2pm at Lecture hall-3. The chief guest for the day was Mrs. Nidhi Sosa Kurian, CEO, Cosmos group, a prominent women/social activist and an alumna of Amala Nursing College. The program was inaugurated by the chief guest followed by a debate on women entry in religious institutes (should be/ should not be). All students and staffs of Amalacollege of nursing participated in the program. A total of 187 members attended the function. The formal welcome address and vote of thanks was given by Prof. Dr. RajeeReghunath, Principal, ACON. The event came to an end at 4pm.



Prof. Dr. RAJEE REGHUNATH  
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AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 :

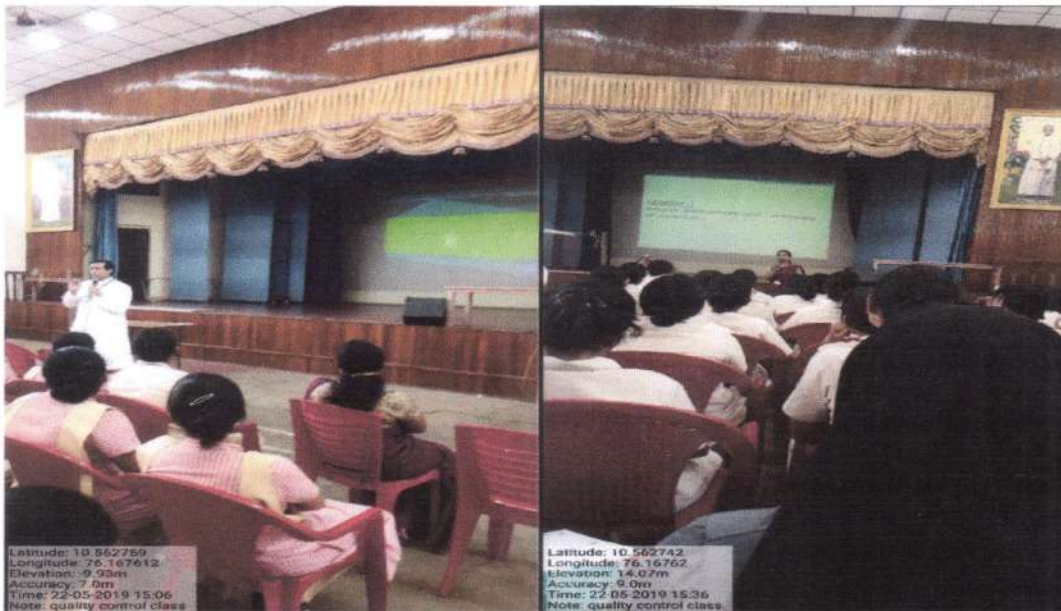




**Title: Orientation Program on Anti-Sexual Harassment Policy**

**Date: 22.05.2019**

An orientation program was organized in Amala auditorium for first year B.Sc. nursing students of ACON. The event was commenced at 10am. Rev.Fr. DeljoPuthur CMI, Asso.Director of AIMS, Dr. Sr. Merly John CHF, chief nursing officer, Dr. Prof.RajeeReghunath,Principal, ACONwere attended the program and shared their views. Talk on orientation and awareness of anti-sexual harassment committee and student grievance cell were given by administrative and quality control department staffs of Amala. A total of 50 members attended the program. The formal welcome address and vote of thanks was given by Dr. Prof. RajeeReghunath, Principal, ACON. The event came to an end at 12pm.



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**Title: International Women's Day Celebration**

**Date: 08.03.2019**

International women's day was celebrated on 8<sup>th</sup> march. The event commenced at 10am with a prayer by 2017 batch. Theme of the day was presented by 2016 batch "think equal, build smart, innovate/or change- balance for better". The program was inaugurated by Dr. Tinju James, assistant professor, dept. of physiology. She further explained and explored the topic. Prof. Dr. Rajee Reghunath delivered a felicitation message highlighting the necessity of empowering women and girl child in this fast paced era. All the students and staffs of Amalacollege of nursing participated in the program. A total of 192 members attended the function. The formal welcome address and vote of thanks was given by SNA advisor Mrs. Rose Maria. The event came to an end at 12N.



Prof. Dr. RAJEE REGHUNATH  
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**Title: Value Added Education Program on Current Issues of Adolescent Girls and Parental Relationship**

**Date: 30.04.2019**

A value added education program conducted by Amala College of Nursing on 30<sup>th</sup> April. The program was started at 10am in Amala auditorium. Thrissur city police sub-inspector Mr.A.O. Babu delivered a thoughtful session on current issues of adolescent girls and parental relationship and common behavioral problems of girls and how to empower them and tackle the problems with the help of experts. All students and staffs of Amalacollege of nursing participated in the program. A total of 178 members attended the function. The formal welcome address and vote of thanks was given by Prof. Dr. RajeeReghunath, Principal, ACON. The event came to an end at 1pm.



Prof. Dr. RAJEE REGHUNATH  
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## Report of Zero Discrimination Day

Amala college of nursing observed zero discrimination day on 09.03.2020. in Lecture hall-3 at 3pm to 4pm. An event was organized as part of the day in lecture hall-3 at 3 pm. Prof. Dr. Rajee Reghunath, principal Amala College of Nursing, delivered a speech on the theme of the day and he stressed on the areas such as fight against discrimination faced by women and girls, and the organization aims to raise awareness, mobilize action, and promote equality. There was a debate session during the program in which student representatives from all the batches participated. The program concluded at 4pm. Vote of thanks was proposed by Ms. Ashlin Jose, SNA representative, ACON. A total of 150 members attended the program.



Program coordinator



Principal

Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 :



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## Report of International women's Day

International women's day was celebrated at Amala chapel in collaboration with OBG department of AIMS. The program commenced at 10.30am on 09.03.2020 with a prayer song by fourth year B.Sc. nursing students. A formal welcome speech was delivered by Dr. Anoj Kattukaran. The event was inaugurated by Mrs. Sheela Girish, vice president, Puzhakal block panchayath. Rev. Fr. Francis Kurisserry CMI, Director, AIMS, Rev. Fr. Julius Arakkal CMI, Joint Director, Prof. Dr. Rajee Reghunath, Principal, ACON, Dr. Betsy Thomas, Medical Superintendent, Dr. Anoj Kattukaran, HOD, Dept. of OBG were felicitated the gathering and delivered a speech on the theme of the day- I am Generation Equality: Realizing Women's Rights. A medical camp and awareness program was also organized as a part of the celebration. The event came to an end at 1pm. Vote of thanks was given by Rev. Fr. Thomas Vazhakala CMI, Associate director, AIMS. A total of 150 members attended the function.



Latitude: 10.560638  
Longitude: 76.168411  
Accuracy: 900.0m  
Time: 03-09-2020 11:00  
Note: womens day medical camp



*Regu*  
Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 :

# AMALA COLLEGE OF NURSING, THRISSUR

World Women's Day 2020 &

Medical Camp

## PROGRAMME SCHEDULE

*Registration for Medical Camp at 8.30 a.m.*

*Time : 10.30 a.m.*

*Venue: Amala Chapel*

*Prayer : IV year B.Sc. Nursing Students*

*Welcome Speech : Dr. Anoj Kattukaran  
HOD, Dept. of OBG*

*Inauguration : Mrs. Sheeba Girish  
Vice President  
Puzhakkal Block Panchayath*

*Token of Appreciation for Dr. Sowmya (Alumna of AIIMS)*

*Felicitations : Rev. Fr. Julius Arakal CMI  
Joint Director,  
Amala Institute of Medical Sciences,  
Thrissur*

*: Dr. Betsy Thomas  
Principal,  
Amala Institute of Medical Sciences,  
Thrissur*

*: Dr. Rejee Raghunath  
Principal,  
Amala College of Nursing*

*Awareness Class : IV year B.Sc. Nursing Students*

*Vote of Thanks : Rev. Fr. Thomas Vazhakkala CMI  
Associate Director,  
Amala Institute of Medical Sciences,  
Thrissur*

*Health Checkup and pap smear test by OBG Department, Amala Institute of Medical Sciences and  
Fourth year B.Sc. Nursing Students, Amala College of Nursing*



*Regd*  
 Prof. Dr. RAJEE REGHUNATH  
 PRINCIPAL  
 AMALA COLLEGE OF NURSING  
 AMALA NAGAR P.O., THRISSUR-680 :



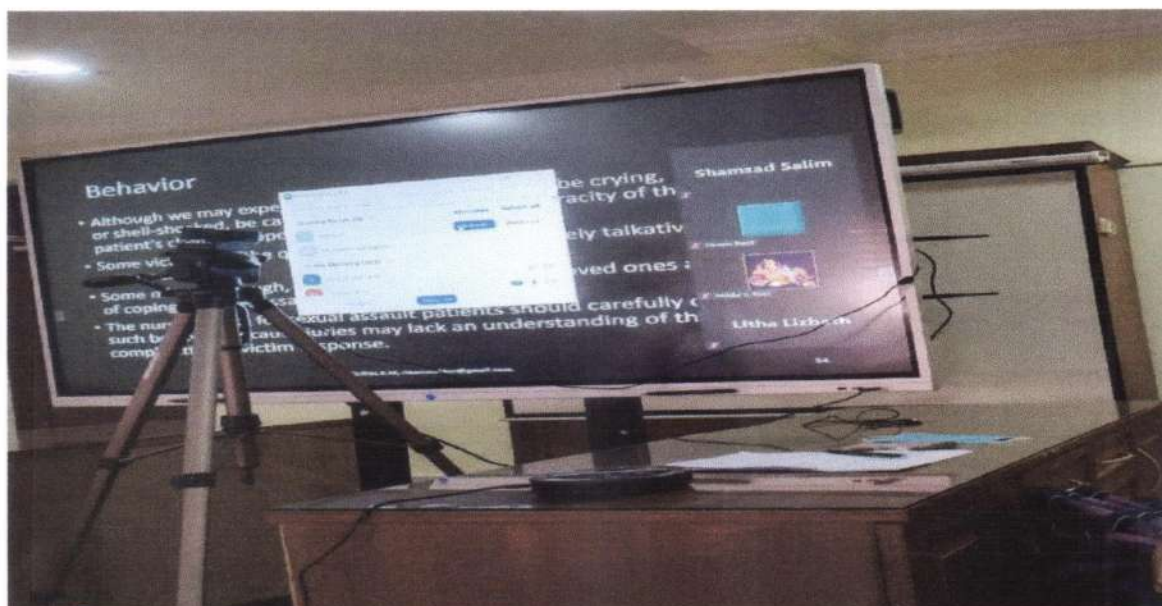
# AMALA COLLEGE OF NURSING

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Amala Nagar P.O., Thrissur-680 555, Kerala, India.

## Report of National Webinar on Gender Based Violence during Covid-19

A national webinar was organized by Department of Mental Health Nursing, ACON through online platform – Zoom on 02/11/2020 at 10am -12pm. The program commenced with a Silent Prayer. The formal Welcome address was given by Prof. Dr. Rajee Raghunath, Principal, Amala College Of Nursing, Thrissur. The webinar was inaugurated by Rev. Fr. Julius Arakal CMI , Director, Amala Institute Of Medical Sciences. Felicitation message was given by Rev. Fr. Francis Kurissery CMI, Former Director, Amala Institute Of Medical Sciences. Session I was on sexual and gender based violence during COVID 19 by Dr Anu Mary Mani, Assistant Professor, Dept Of Psychiatry, Amala Institute Of Medical Sciences. Session II on sexual health during covid 19 pandemic and caring victims of abuse by Dr Riaz K M, Assistant Professor, Dept of Mental Health Nursing, Govt. College Of Nursing, Thrissur. There was a Question and answer session and Vote Of Thanks was given by Mrs Simi C Mathew, Lecturer, Dept Of Mental Health Nursing Amala College Of Nursing. A total of 400 members including students of third year Bsc Nursing students attended the webinar. E-certificate was provided to all members who attended the webinar.






<p style="text-align: center;"><i>Department Of Mental Health Nursing Organizes National Live Webinar on</i></p> <div style="border: 1px solid black; border-radius: 50%; width: 100px; height: 100px; margin: 0 auto; display: flex; align-items: center; justify-content: center; text-align: center;"> <p><b>GENDER BASED VIOLENCE DURING COVID 19</b></p> </div> <p style="text-align: center;"><i>2<sup>nd</sup> November 2020 10:00-12:00 PM</i></p> <p><b>E-Certificate Will Be Issued On Submission Of Feedback Form</b></p> <p><b>Registration :</b> <a href="https://forms.gle/2z1Ln6fsZkzGXA36A">https://forms.gle/2z1Ln6fsZkzGXA36A</a></p>	 <p><b>AMALA COLLEGE OF NURSING, THRISSUR</b> (An Undertaking Of Amala Cancer Hospital Society Affiliated To KUHS)</p> <p><b>Session I ( 10 am to 11 am)</b> Sexual and Gender Based Violence During COVID 19 Pandemic</p> <p><b>Resource person</b> Dr Anu Mary Mani Assistant Professor Department of psychiatry Amala Institute Of .Medical Sciences Thrissur</p>	<p><b>Session II ( 11 am to 12 pm)</b> Sexual health During COVID 19 Pandemic &amp; caring victims of abuse</p> <p><b>Resource person</b> Dr Riaz K M Assistant Professor Department of .Mental Health Nursing Govt. College Of .Nursing Thrissur</p>
	<p><b>Organizing Chairperson:</b> Dr Rajee Reghunath Principal, Amala college of nursing</p> <p><b>Contact details:</b> <a href="mailto:amalanursingcollege@amalaims.org">amalanursingcollege@amalaims.org</a> 9544057719, 9605215691</p>	<p><b>Programme coordinator</b> Mrs Simi C. Mathew Lecturer Amala college of nursing</p> <p style="text-align: right;"><b>PLATFORM ZOOM</b></p>

  
**Program coordinator**



  
**Principal**  
Prot. Dr. RAJEE REGHUNATH  
PRINCIPAL  
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AMALA NAGAR P.O., THRISSUR-680 :



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## Report of International Day for the Elimination of Violence against Women

International day for the elimination of violence against women was observed on 25<sup>th</sup> November 2020 through an online meeting at 10am to 11am. As a part of this event an E-poster competition was conducted by KESS and Vimala college, Thrissur. 50 Students from Amala college of nursing actively participated in the competition and 2 students won prizes for their posters.

**International Day  
for the Elimination  
of Violence Against Women**

**INTERCOLLEGIATE  
POSTER  
COMPETITION**

**Theme  
'combating the  
SHADOW PANDEMIC'**

**Send your  
Entries to  
umang2020eposter@gmail.com  
Last Date  
10.12.2020**



*[Signature]*  
Program coordinator  
Program coordinator



*[Signature]*  
Principal  
Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
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AMALA NAGAR P.O., THRISSUR-680 :



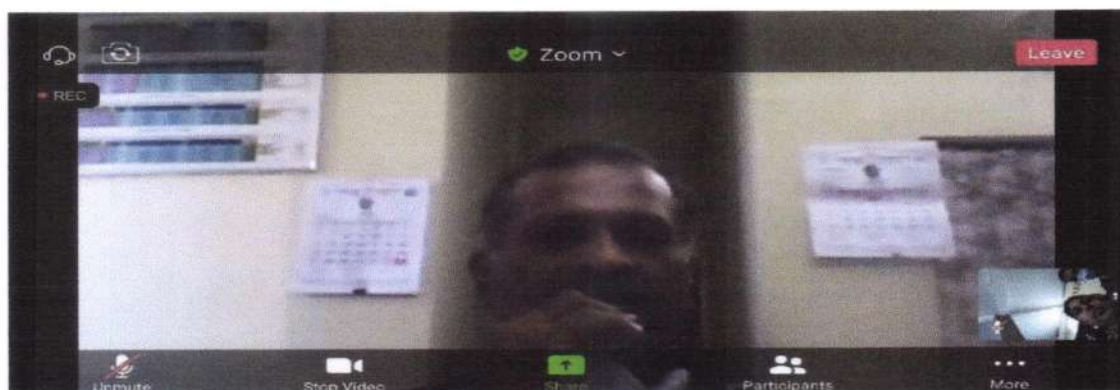
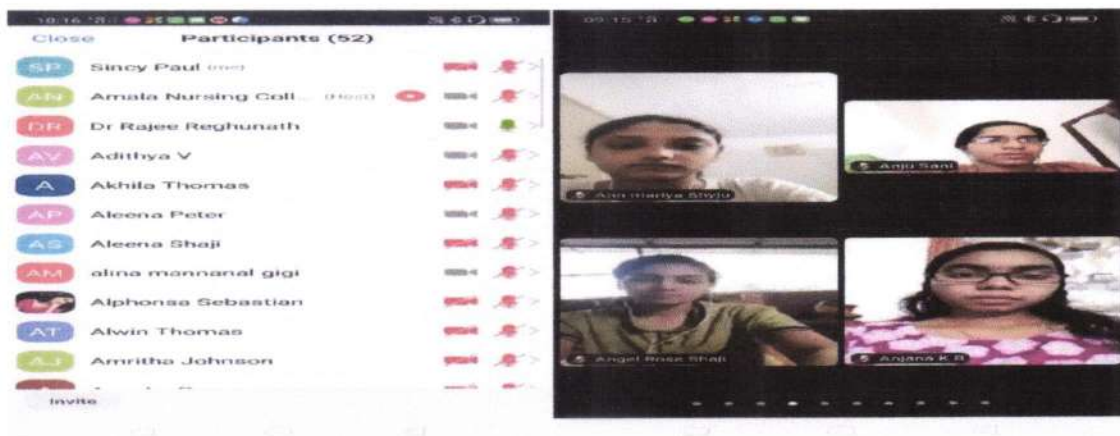
# AMALA COLLEGE OF NURSING

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Amala Nagar P.O., Thrissur-680 555, Kerala, India.

## Report of Orientation Program on Anti-Sexual Harassment Policy

Online orientation meeting on anti sexual harrassment policy was conducted for first year B.Sc. nursing on 06.01.2021 at 9am on zoom platform. The program commenced with a silent prayer. All 50 students of first year BSc nursing. Orientation on policies and procedures, rules and regulations were given to students by Principal Prof. Dr. Rajee Reghunath. Class co-ordinator Sr.Maria gave orientation on anti-sexual harassment policy of the college. The event came to an end at 11am.



*Rajee*  
Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
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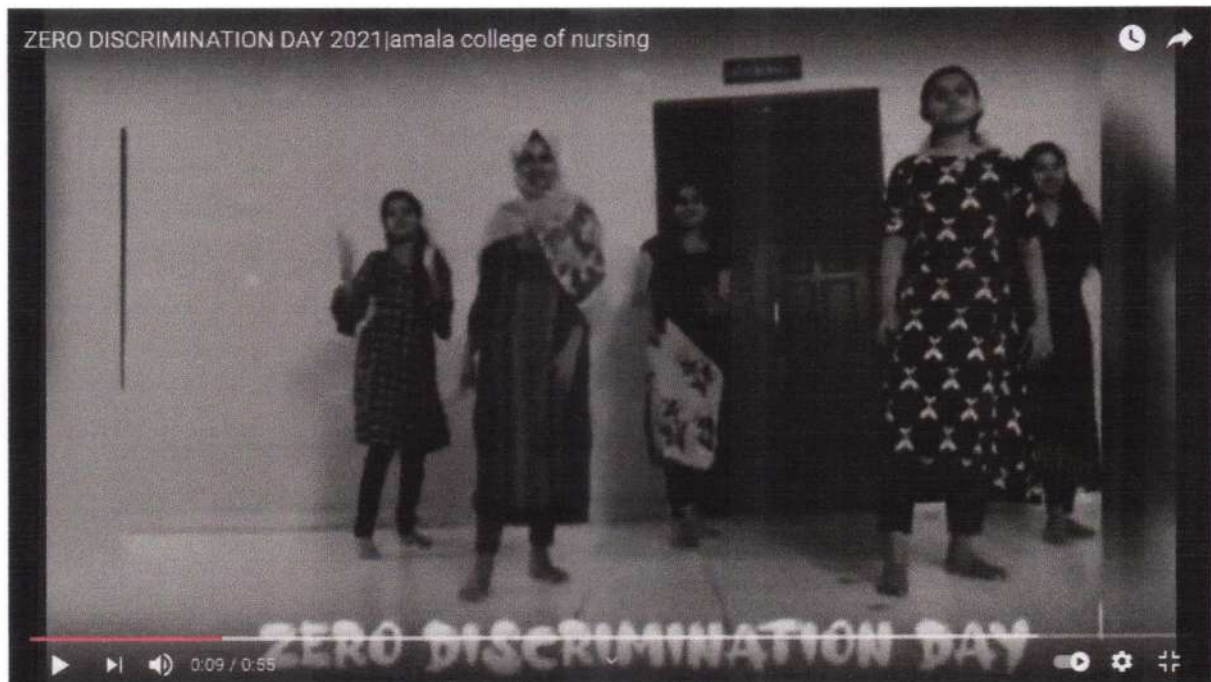
Amala Nagar P.O., Thrissur-680 555, Kerala, India.

## Report of Observation of Zero Discrimination Day

Zero discrimination day was observed online on 3<sup>rd</sup> march 2021. B.Sc. nursing 2019 batch students led the program. The messages were shared online platform abiding to COVID protocol. A video on zero discrimination was prepared by 2019 batch uploaded to YouTube. Students also made a poster to spread the awareness on zero discrimination and which was displayed on the college notice board. A total of 200 students and teachers were attended the program.

The YouTube link of the video is given below:

<https://www.youtube.com/watch?v=IbKCSbISJbw>





**Program coordinator**

**Principal**

Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-6801





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## Report on International Women's day Celebration

International women's day was celebrated on 08.03.2021 organized by Amala college of nursing and Department of OBG, AIMS at Amala auditorium from 10-12 pm. The program was inaugurated by Dr. Ambujam Prof and HOD Govt. medical college, Thrissur. All the directors, Principals of AIMS and ACON, doctors from OBG dept. and students attended the function. There were health check up and pap smear test by Dept. of OBG in the afternoon session. 250 students and teachers attended the function.



## INTERNATIONAL WOMEN'S DAY 2021



On 8<sup>th</sup> March, 2021 at 10.00 a.m.

Venue: Amala Auditorium

### Theme

"Women in leadership : Achieving an equal future in a COVID-19 world"

### Organized by

Department of Obstetrics & Gynecology  
Amala Institute of Medical Sciences, Thrissur  
In Collaboration with  
Obstetrics & Gynaecological Nursing Department, Community  
Health Nursing Department and NSS Unit of Amala College of  
Nursing, Thrissur

Prayer	: IV year B.Sc. Nursing Students
Welcome Speech	: Dr. Anoj Kattukaran HOD, Dept. of Obstetrics & Gynaecology Amala Institute of Medical Sciences
Presidential Address	: Rev. Fr. Jubin Arakkal CMI Director Amala Institute of Medical Sciences
Inauguration	: Dr. Ambujam HOD, Dept. of Obstetrics & Gynaecology Govt. Medical College, Thrissur
An introduction to Chief Guest	: Dr. Betty Thomas Principal Amala Institute of Medical Sciences
<i>Honoring the Chief Guest Dr. Ambujam</i>	
Felicitation	: Dr. Romani Emeritus Professor Dept. of Obstetrics & Gynaecology Amala Institute of Medical Sciences
	: Rev. Fr. Shibu Pathapurakkal Associate Director Amala Institute of Medical Sciences
	: Dr. Rajee Reghunath Principal Amala College of Nursing
Vote of Thank:	: Dr. Prameela Menon Professor Dept. of Obstetrics & Gynaecology Amala Institute of Medical Sciences
Documentary Presentation	: IV year B.Sc. Nursing Students

*Health Checkup and pap smear test by OBG Department, Amala Institute of Medical Sciences and Fourth year B.Sc. Nursing Students, Amala College of Nursing*

## List of patients who came for medical camp

MEDICAL CAMP							
#	NAME	AGE	Health Problem	Complaints			
1	Mani koushane	56	hypertension				
2	Shiny NV	54	pain on back				
3	Neeraj C M	58	for health checkup				
4	Baby Thomas	65	Diabetes mellitus				
5	Alphonsa K A	82	Diabetes mellitus				
6	Sino P A	52	Hypertension				
7	Mani koushane	55	Abdominal pain				
8	Suparna K K	45	Menstrual irregularities				
9	Amma Xaver	50	fluid pocket				
10	Amma Maria	25	Dysmenorrhoea				
11	Shanti Sivanthi	35	Abdominal pain				
12	Madhula K	29	Decreased appetite				
13	Sybil	45	Abdominal pain				
14	Shiraj	39	Back pain				
15	Princy	26	Menstrual irregularities				
16	Sreedevi	81	Back tenderness				
17	Harsha M V	39	Abdominal pain on radiation				
18	Divya Shy	44	Pain on menstruation				
19	Amma M	50	Abdominal pain				
20	Shyamala Babu	48	Headache				
21	Rajeev M	45	Dysmenorrhoea				
22	Miss Diva	49	Bleeding sensation - acute pain				
23	Amma S	55					
24	Shiny M	34	164	67	90/60		
25	Mani C M	58	155	69	120/70		
26	Baby Thomas	65	156	83	140/90		
27	Alphonsa K A	82					
28	Sino P A	52					
29	Mani koushane	45	146	50	110/70		
30	Suparna K K	45	146	50	110/70		
31	Amma Xaver	50	161	68	180/60		
32	Mani koushane	56	161	68	180/60		
33	Amma Maria	25					
34	Shanti Sivanthi	35	161	80	130/70		
35	Madhula K	29	152	65	120/90		
36	Sybil	45					
37	Shiraj	39					
38	Princy	26					
39	Sreedevi	81					
40	Harsha M V	39					
41	Divya Shy	44					
42	Amma M	50	160	65	120/70		
43	Shyamala Babu	48	147	59	110/70		
44	Rajeev M	45	159	51	100/70		
45	Miss Diva	49	157	61	110/60		
46	Amma S	55	156	61	120/90		
47	Shiny M	34	166	62	90/60mm Hg		
48	Mani C M	58	159	67	120/70		
49	Baby Thomas	65	159	72	120/70		
50	Alphonsa K A	82	180	59	180/70		
51	Sino P A	52	165	58	90/60		
52	Mani koushane	45	153	46	80/60		





Latitude: 10.562683  
 Longitude: 76.167699  
 Elevation: 30.62m  
 Accuracy: 10.7m  
 Time: 08-03-2021 09:13  
 Note: women's Day health camp

News item in Malayala Manorama newspaper with details of inauguration of free Medical Care to Mother's and Children born at Amala till 3 years

# അമലയിൽ മാതൃ-ശിശു പദ്ധതിക്കു തുടക്കം

തൃശ്ശൂർ: അമല മെഡിക്കൽ കോളജിൽ അന്താരാഷ്ട്ര വനിതാ ദിനത്തിൽ 100 അമ്മമാർക്കും അവർക്കു ജനിക്കുന്ന ശിശുക്കൾക്കും മൂന്നു വയസ് പ്രായമാകുന്നതുവരെയും സൗജന്യ ചികിത്സ ഉറപ്പാക്കുന്ന മാതൃ-ശിശു പദ്ധതിക്കു തുടക്കം കുറിച്ചു.



ഉദ്ഘാടനം പുഴയ്ക്കൽ ബ്ലോക്ക് പഞ്ചായത്ത് പ്രസിഡന്റ് ജ്യോതി ജോസഫ് നിർവഹിച്ചു. തൃശ്ശൂർ മെഡിക്കൽ കോളജ്


അമല മെഡിക്കൽ കോളജിൽ അന്താരാഷ്ട്ര വനിതാ ദിനത്തിൽ 100 അമ്മമാർക്കും അവർക്കു ജനിക്കുന്ന ശിശുക്കൾക്കും മൂന്നു വയസ് പ്രായമാകുന്നതുവരെയും സൗജന്യ ചികിത്സ ഉറപ്പാക്കുന്ന മാതൃ-ശിശു പദ്ധതിയുടെ ഉദ്ഘാടനം പുഴയ്ക്കൽ ബ്ലോക്ക് പഞ്ചായത്ത് പ്രസിഡന്റ് ജ്യോതി ജോസഫ് നിർവഹിക്കുന്നു.

ഗൈനക്കോളജി വിഭാഗം മേധാവി ഡോ.അബുജഅെ ആദരിച്ചു. അമല ഡയറക്ടർ ഫാ.ജൂലിയസ് അറയ്ക്കൽ, ഡോ.ബെറ്റ്സി തോമസ്, ഫാ.ഷിബു പുത്തൻപുരയ്ക്കൽ, ഡോ. പി.എസ്.രമണി, ഡോ.അനോജ് കാട്ടുക്കാൽ, ഡോ.പ്രമീള മേനോൻ, ഡോ.രാജീരാജുനാഥ് എന്നിവർ പ്രസംഗിച്ചു.

ബി.എസ്.സി.നഴ്സിംഗ് വിദ്യാർത്ഥികൾ തയ്യാറാക്കിയ ഡോക്യുമെന്ററിയുടെ പ്രകാശനകർമ്മവും ചടങ്ങിൽ നടന്നു.

  
**Program coordinator**



  
**Principal**  
 Prof. Dr. RAJEE REGHUNATH  
 PRINCIPAL  
 AMALA COLLEGE OF NURSING  
 AMALA NAGAR P.O., THRISSUR-680 :



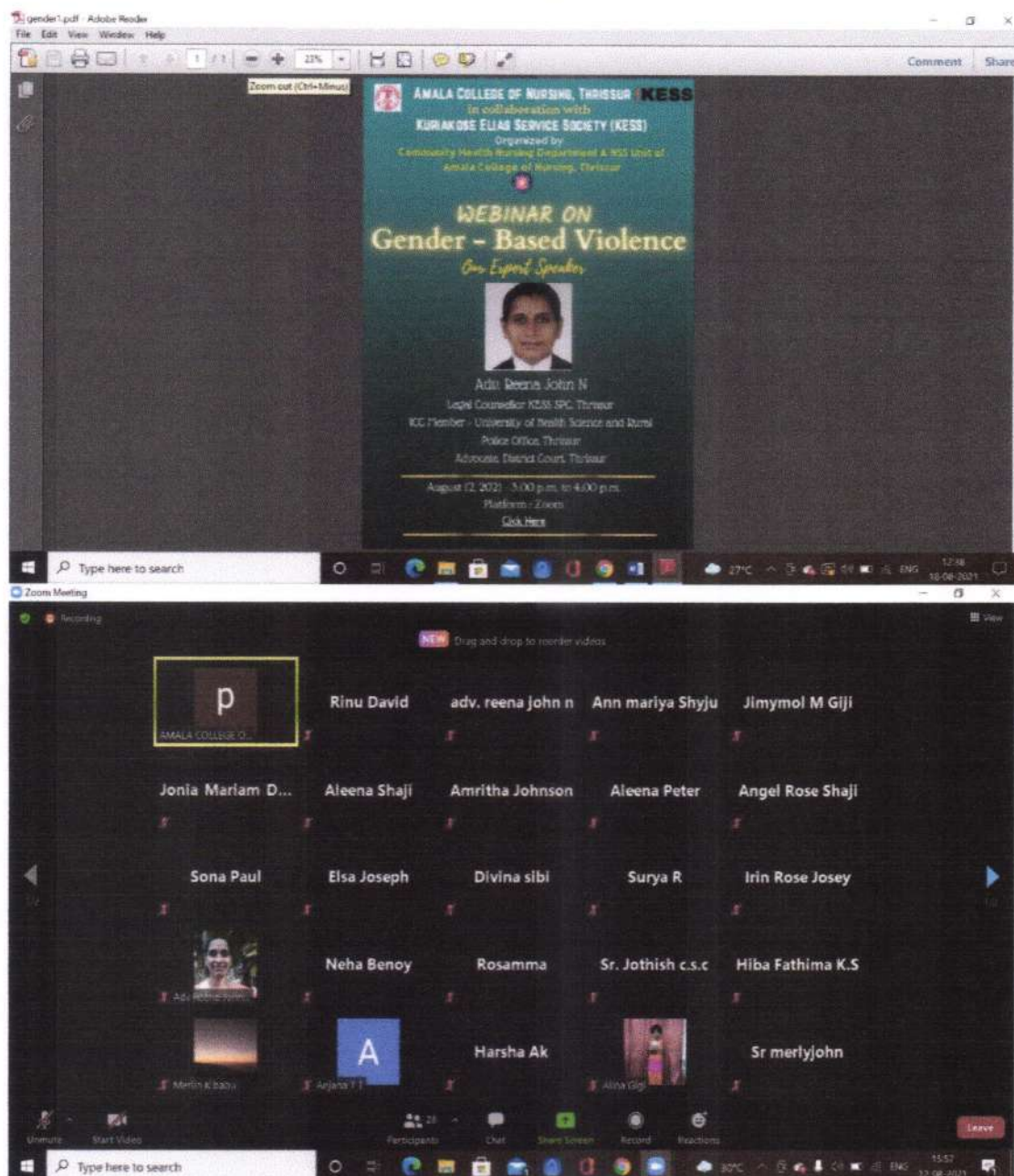
# AMALA COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society)

Amala Nagar P.O., Thrissur-680 555, Kerala, India.

## Report of Webinar on Gender based violence

A webinar on gender based violence was organised by Amala college of Nursing in collaboration with KESS on 12 august 2021 at 3 pm to sensitize students towards the issue. The session was taken by an expert speaker Advocate Reena John N through online platform.



*Regent*  
Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 :



# AMALA COLLEGE OF NURSING

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Amala Nagar P.O., Thrissur-680 555, Kerala, India.

## Report on webinar on women empowerment

A webinar on women empowerment was organized by Amala College of Nursing NSS unit in Collaboration with women and child welfare department on 10/9/2021 at 10 am through online platform for sensitizing the students towards empowering oneself and others and exploring the maximum potential. Two eminent speakers Dr D sheela, retired principal Vaidyaratnam Ayurveda College and Advocate Vineetha Thampi enlightened the students on the topics gender relation and gender laws respectively.

**Amala College of Nursing, Thrissur**  
**NSS Unit**  
*in collaboration with*  
**Women & Child Welfare Department**  
*Organizing*  
**Webinar on**  
**Women Empowerment**

**DATE: 10.09.2021 @ 10.00 A.M.**  
**PLATFORM: ZOOM**  
**Our Expert Speakers**

	
<b>Dr. D. Sheela</b> Retired Principal Vaidyaratnam Ayurveda College Ollur, Thrissur Topic: Gender Relation Time: 10.00 a.m to 12.30 p.m.	<b>Adv. Vineetha Thampi</b> Legal Counselor Jananeethi Service Providing Centre Mannuthy, Thrissur Topic: Gender Law Time: 2.00 p.m. to 3.30 p.m.



*Rajee*  
Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
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29.11.2021

## Gender Equality and women empowerment

An add on course on women health- Gender equality and women empowerment was organized by the Obstetrics and gynaecological Nursing department of Amala College of Nursing through an online platform- Zoom from 2pm-3pm on 29.11.2021. The resource person was Mrs Trivinsha Antony, RN, East Kent Hospital University, Foundation NHS Trust.

**AMALA COLLEGE OF NURSING, THRISSUR**

**ADD ON COURSE ON WOMEN HEALTH  
GENDER EQUALITY AND WOMEN EMPOWERMENT**


**RESOURCE PERSON**

**Mrs. Trivinsha Antony**  
Registered Nurse  
East Kent Hospitals University, Foundation NHS Trust

**Date: 29.11.2021 | 2.00 p.m. to 3.00 p.m.**  
**Platform: Zoom**

*Organized by Obstetrics and Gynaecological Nursing*



  
Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555



# AMALA COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society)

Amala Nagar P.O., Thrissur-680 555, Kerala, India.

16.12.2021

## Adversity Quotient: A measure of surviving crisis

A webinar was organized in collaboration with the Marian College, Kuttikkanam on the topic "Adversity Quotient: A measure of surviving crisis" on 16.12.2021 at 3pm through the Zoom platform. The expert speaker was Mrs Lakshmi G, Professor and IQAC coordinator, Amala College of Nursing. Faculty and students of both colleges took part in this webinar.



**WOMEN CELL**



**Presents**

**Webinar on**

*Adversity Quotient:  
A Measure of Surviving Crisis*



**Ms. Lakshmi G**

*(Professor and IQAC coordinator,  
Amala College of Nursing)*

**16 DECEMBER 2021**

**3 PM**



*Regan*

Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 :



# AMALA COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society)

Amala Nagar P.O., Thrissur-680 555, Kerala, India.

## Report on National Webinar on Constitutional Rights of Women in India

On 9<sup>th</sup> December 2020 at 2pm, a webinar on constitutional rights of women in India was organized for students of Amala college of nursing, via online through zoom platform by KESS (an organization under Devamatha Province) and Vimala College. Inaugural address and keynote address were given by Rev. Fr. Paul Moses CMI and Rev. Fr. Thomas Vazhakkala CMI respectively. The resource person of this webinar was Adv. Reena John, legal councilor, KESS. A total of 150 students attended the webinar.

**WEBINAR**  
**Constitutional Rights of Women in India**

**INAUGURAL ADDRESS:**  
Fr. Paul Moses CMI  
Director, KESS Centre

**KEY NOTE ADDRESS**  
Fr. Thomas Vazhakkala CMI  
Secretary, KESS

**9<sup>th</sup> December 2020**  
**2.00 to 3.00 pm**

**KEY SPEAKER**  
**Adv. Reena John**  
Legal Counsellor, KESS SPC  
ICC Member, University of Health  
Science and Rural Police Office, Thrissur

**Organized by**

**KESS SERVICE PROVIDING CENTRE**  
KESS BHAVAN, NAICKANAL, THRISSUR - 1

**VIMALA COLLEGE**  
DEPT. OF HOME SCIENCE  
Ramavarmapuram, Thrissur

For Details... Dr.Thomas Ruby Mariamma:9745346466, Asha Jemins:9207715410



*Agar*  
Prof. Dr. RAJEE REGHUNATH  
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# AMALA COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society)

Amala Nagar P.O., Thrissur-680 555, Kerala, India.

10.12.2021

## Celebrating Human Rights Day

A webinar was organized in collaboration with the Marian College, Kuttikkanam on the topic "Human Rights A Gender Based Perspective in current scenario" through zoom platform. The expert speaker of the session was Adv.Simi John, Assistant Professor in Law, Faculty of Marian College. Other faculties who participated were Rev.Fr DrShaju KS Vice principal, Dr Justin Chairman of Legal studies and DrJobiBabu joint IQAC coordinator. The program began by an invocation by the students of Amala College of Nursing. The entire programe was coordinated by Mrs Lakshmi G, Professor, IQAC coordinator and by MsAlbrit , lecturer Amala College of Nursing.



## CELEBRATING HUMAN RIGHTS DAY

Topic : Human Rights A Gender Based Perspective in the current scenario

📅 3.00 p.m. | December 10, 2021

Plat Form : Zoom

*Expert Speaker*



*Adv. Simi John*

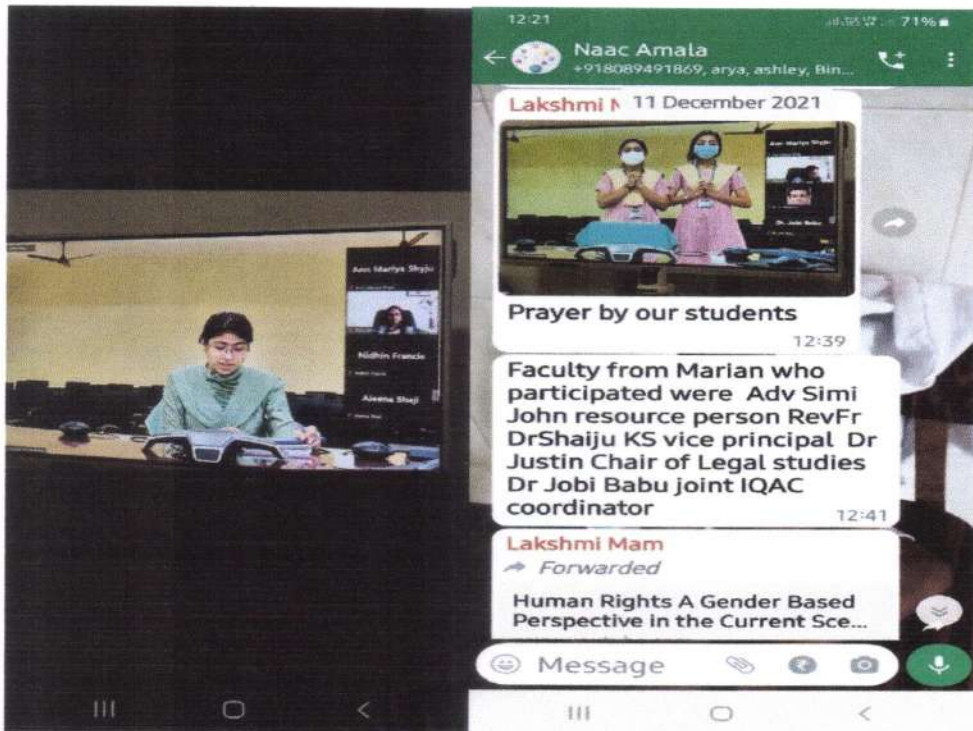
*Assistant Professor in Law*

*Department of Law*

*Marian College (Autonomous), Kuttikkanam*



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*Lgell*  
Prot. Dr. RAJEE REGHUNATH  
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AMALA COLLEGE OF NURSING  
AMALA NAGAR PO., THRISSUR-680 :