



# AMALA COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society)

Amala Nagar P.O., Thrissur-680 555, Kerala, India.

Website : [www.amalanursingcollege.org](http://www.amalanursingcollege.org)

**FIRST CYCLE NAAC ACCREDITATION 2022**

## CRITERION 1

## CURRICULAR ASPECTS

### 1.3 Curriculum Enrichment

#### *1.3.2 Syllabus Value Added*

*Submitted to*



**THE NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL**

**SYLLABUS**  
**VALUE ADDED COURSE ON**  
**Interpersonal communication skill**  
**training**



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## PREFACE

Amala Institute of Medical Sciences, named after Mary Immaculate, is a Minority Christian Institution, which is open to all irrespective of religion, caste or creed. It aims at giving effective training to the youth to become nursing professionals devoted to the healing ministry, especially in the rural areas. It also strives to strengthen the quality of service offered in the large number of medical institutions run by the community. AIMS is a Unit of Amala Cancer Hospital Society managed by the Devamatha Province of the Carmelites of Mary Immaculate (CMI), founded by St. Kuriakose Elias Chavara, a sage-cum-savant. Amala, at present, offers an MBBS, Medical PG courses, Ph.D. Nursing, M.Sc. Nursing and B.Sc. Nursing courses and is affiliated to the Kerala University of Health Sciences. Students are admitted to this institute as per the admission procedure stipulated by the concerned authorities and in the tenor of the admission policy of the management.

**Placement : MSc Nursing**

**Theory : 16 hours**

**Title : Interpersonal Communication Skill Training**

## **COURSE DESCRIPTION**

Self-mastery is an important tool to enhance one's ability to interact effectively with events and circumstances. Value added course on interpersonal communication skill aims to enable one to achieve self-mastery by recognizing how they think, how they perceive the world, how to communicate effectively and how to enrich communication skills.

## **OBJECTIVES**

On the completion of the course the students will be able to

- Study effective management of thoughts, beliefs, focus and actions
- Understand the impact of values on one's actions
- Explore how to build confidence, enthusiasm and courage

## COURSE OUTLINE:

SL.No.	Time	Content
I	6hours	<ul style="list-style-type: none"><li>- <b>Self-mastery, reality and responsibility</b><ul style="list-style-type: none"><li>• Controlling thoughts and actions</li><li>• Shifting paradigms to bring success</li><li>• Tapping the power of emotional loop</li><li>• Gaining power and freedom by taking responsibility</li></ul></li><li><b>Developing</b><ul style="list-style-type: none"><li>• Quality of persistence</li><li>• Quality of resilience</li><li>• Quality courage</li></ul></li></ul>
2	5 hours	<ul style="list-style-type: none"><li>- <b>Achieving vision</b><ul style="list-style-type: none"><li>• Analyzing the impact of leadership</li><li>• Understand how values impact one's purpose</li><li>• Designing destiny with power of personal vision</li><li>• Developing quality of enthusiasm</li><li>● Operating with personal integrity</li></ul></li></ul>
3	5 hours	<ul style="list-style-type: none"><li>- <b>Advanced communication skills</b><ul style="list-style-type: none"><li>• Communication process</li><li>• Avoiding communication gaps</li><li>• Building support</li><li>• Delivering effective oral communication skills</li><li>● Synchronizing verbal and non-verbal communication</li></ul></li></ul>

## **METHOD OF TEACHING**

**This training programme is delivered through lectures, skill assessments, participative discussions, role plays, problem based learning and exercises**

# **AMALA COLLEGE OF NURSING**

## **VISION**

To establish a Center of Excellence providing value- added education that combines effective teaching, focused academic exposure, and productive research with the aim of training healthcare personnel with professionalism and spirit of love and service as their hallmarks.

## **MISSION**

We constantly seek to recruit brilliant staff and provide state-of-the art infrastructure in an Eco-friendly ambience with a view to challenging the students to become forward-looking dedicated graduate nurses imbued with compassionate love towards all, especially the poor and the marginalized.



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