



AMALA COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society)

Amala Nagar P.O., Thrissur-680 555, Kerala, India.

Website : www.amalanursingcollege.org

FIRST CYCLE NAAC ACCREDITATION 2022

CRITERION 1

CURRICULAR ASPECTS

1.3 Curriculum Enrichment

1.3.3 Details of Value Added Course

Submitted to



THE NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL

SYLLABUS

HUMAN VALUE DEVELOPMENT PROGRAM

MAANVI- a human touch



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PREFACE

Amala Institute of Medical Sciences, named after Mary Immaculate, is a Minority Christian Institution, which is open to all irrespective of religion, caste or creed. It aims at giving effective training to the youth to become nursing professionals devoted to the healing ministry, especially in the rural areas. It also strives to strengthen the quality of service offered in the large number of medical institutions run by the community. AIMS is a Unit of Amala Cancer Hospital Society managed by the Devamatha Province of the Carmelites of Mary Immaculate (CMI), founded by St. Kuriakose Elias Chavara, a sage-cum-savant. Amala, at present, offers an MBBS, Medical PG courses, Ph.D. Nursing, M.Sc. Nursing and B.Sc. Nursing courses and is affiliated to the Kerala University of Health Sciences. Students are admitted to this institute as per the admission procedure stipulated by the concerned authorities and in the tenor of the admission policy of the management.

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Placement: B.Sc. Nursing Students

Title : Human Value Development Program

Maanvi- a human touch

Theory: 16 hrs

Practice: 10 hrs

AIMS AND OBJECTIVES:

AIMS

The aim of this course is to guide our youth to identify right human values and inculcate in themselves the values of national integration, equality and unity and to help them become more oriented and mutually fulfilling in their personal, professional and social life.

COURSE OBJECTIVES

This course input is intended

1. To foster basic human values in all students.
2. To provide necessary spiritual, personal and professional guidance.
3. To facilitate the development of a Holistic perspective among students towards life and profession as well as towards happiness and prosperity based on a correct understanding of Human reality and the rest of Existence.
4. To highlight plausible implications of such a Holistic understanding in terms of ethical human conduct, trustful and mutually fulfilling human behavior and mutually enriching interactions with Nature.

COURSE OUTLINE:

Unit	Time	Learning objective	Content	Teaching Learning activity	Assessment method
1	2	To explain the importance of values in everyday life	Introduction to values <ul style="list-style-type: none"> • Definition, • Aims and objectives of value education • Role and need for value education in the contemporary society • Role of education in transformation of values in society • Role of parents, teachers, society, peer group and mass media in fostering values 	Lecture cum discussion	Assignment
2	3	To foster basic human values in all students	Basic human values <ul style="list-style-type: none"> • Constitutional values: Sovereign, democracy, socialism, secularism, equality, justice, liberty, freedom, fraternity • Social values: Pity and probity, self control, universal brotherhood, sincerity, love, empathy and kindness • Professional values: Knowledge thirst, sincerity in profession, regularity, punctuality. • Religious and Moral values: Tolerance, wisdom, character, sacrifice, truthfulness, hope, 	Lecture cum discussion	Role play

			<p>faith, trust, altruism</p> <ul style="list-style-type: none"> • Environmental Ethical values: Conservation of life, cleanliness, 		
3	2	To imbibe self-discipline and etiquettes in student nurses	<p>Discipline and etiquettes</p> <ul style="list-style-type: none"> • Need for sticking onto rules and regulations • Self-discipline its importance- need in nursing • Classroom etiquettes • Social etiquettes • Etiquettes in nursing 	Lecture cum discussion	Observational (5 point rating scale)
4	2	To facilitate the development of sound civic sense	<p>Civic sense</p> <ul style="list-style-type: none"> • What it is and what it is not • Qualities of a good citizen • Money sense- how to spend wisely • Respecting need for space 	<p>Role play</p> <p>Lecture cum discussion</p>	Assignment
5	2	To associate spirituality with nursing	<p>Spirituality in health care</p> <ul style="list-style-type: none"> • Nurse and spirituality • Mutual fulfillment • Meeting challenges of young nurses • Healing touch and silence-useful tools • Where there is a will, there is a way 	<p>Lecture cum discussion</p> <p>Self study</p>	Ongoing evaluation
6	1	To find self motivation and attitude	<p>Finding self</p> <ul style="list-style-type: none"> • What are my aspirations, motivations and desires. • My inspirations • Why do I need to change 	Lecture cum discussion	Self study and report presentation

7	2	To inculcate essence of healthy family life in students	Premarital counseling <ul style="list-style-type: none"> • Family life and healthy sex, abortion and prolife ministry • Career counseling 	Lecture cum discussion Counseling session	Feedback
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METHODS OF TEACHING:

The core module for human value development includes lecture cum discussions, role play, group activity, and study and self- exploration sessions.

CREDENTIALING:

Students who take up their entire contact hours and acquire 50% marks in the assessment will be awarded with 1 credit.

REFERENCES:

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3. Sussan George, 1976, How the Other Half Dies, Penguin Press. Reprinted 1986,1991
4. Ivan Illich,1974, Energy & Equity , The Trinity Press, Worcester, and Harper Collins, USA
5. Donella h. Meadows, Dennis l. Meadows, Jorgen Randers, William w. Behrens III, 1972, limits to Growth, Club of Rome's Report, Universe Books

AMALA COLLEGE OF NURSING

VISION

To establish a Center of Excellence providing value- added education that combines effective teaching focused academic exposure and productive research with the aim of training healthcare personnel with professionalism and spirit of love and service as their hallmarks.

MISSION

We constantly seek to recruit brilliant staff and provide state-of-the art infrastructure in an Eco-friendly ambience with a view to challenging the students to become forward-looking dedicated graduate nurses imbued with compassionate love towards all, especially the poor and the marginalized.

