



# AMALA COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society)

Amala Nagar P.O., Thrissur-680 555, Kerala, India.

Website : [www.amalanursingcollege.org](http://www.amalanursingcollege.org)

**FIRST CYCLE NAAC ACCREDITATION 2022**

## CRITERION 1

## CURRICULAR ASPECTS

### 1.3 Curriculum Enrichment

#### *1.3.3 Syllabus of Value Added Course*

*Submitted to*



**THE NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL**

# **SYLLABUS**

## **VALUE ADDED COURSE**

### **TRAINING PROGRAMME ON LEADERSHIP SKILLS**



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## PREFACE

Amala Institute of Medical Sciences, named after Mary Immaculate, is a Minority Christian Institution, which is open to all irrespective of religion, caste or creed. It aims at giving effective training to the youth to become nursing professionals devoted to the healing ministry, especially in the rural areas. It also strives to strengthen the quality of service offered in the large number of medical institutions run by the community. AIMS is a Unit of Amala Cancer Hospital Society managed by the Devamatha Province of the Carmelites of Mary Immaculate (CMI), founded by St. Kuriakose Elias Chavara, a sage-cum-savant. Amala, at present, offers an MBBS, Medical PG courses, Ph.D. Nursing, M.Sc. Nursing and B.Sc. Nursing courses and is affiliated to the Kerala University of Health Sciences. Students are admitted to this institute as per the admission procedure stipulated by the concerned authorities and in the tenor of the admission policy of the management.

**Placement : MSc Nursing**

**Theory : 15 hours**

**Title : Training programme on leadership skills**

## **COURSE DESCRIPTION**

Training programme on leadership skills is designed to help students to learn and refine attributes of a leader and help them take up managerial roles in clinical practice

## **OBJECTIVES**

On the completion of the course the students will be able to

- Explore leadership qualities
- Examine how to enhance personal leadership skills
- Analyze the public face of the leader

## COURSE OUTLINE:

Sl.No	Time	Content
I	2 hours	<b><i>Leadership styles</i></b> <ul style="list-style-type: none"><li>• Qualities of a leader</li><li>• Leadership styles</li><li>• Attributes of a leader</li></ul>
2	6 hours	<b><i>Leadership qualities</i></b> <ul style="list-style-type: none"><li>• Understanding the importance of emotional intelligence</li><li>• Developing selfawareness,motivation, empathy and social skills</li><li>• 4 E's of leadership (energy, excites, edge, execute)</li></ul>
3	4 hours	<b><i>Public face of leader</i></b> <ul style="list-style-type: none"><li>• Making successful presentation</li><li>• Displaying personal power in communication</li><li>• Overcoming the failure mechanism</li></ul>
4	3 hours	<b><i>Exploring leadership in nursing</i></b> <ul style="list-style-type: none"><li>• Nurse administrator</li><li>• Nurse manager</li><li>• Team nursing</li></ul>

## METHOD OF TEACHING

This training programme is delivered through lectures, skill assessments, discussions and exercises

# **AMALA COLLEGE OF NURSING**

## **VISION**

To establish a Center of Excellence providing value-added education that combines effective teaching, focused academic exposure, and productive research with the aim of training healthcare personnel with professionalism and spirit of love and service as their hallmarks.

## **MISSION**

We constantly seek to recruit brilliant staff and provide state-of-the-art infrastructure in an Eco-friendly ambience with a view to challenging the students to become forward-looking dedicated graduate nurses imbued with compassionate love towards all, especially the poor and the marginalized.



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