



AMALA COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society)

Amala Nagar P.O., Thrissur-680 555, Kerala, India.

Website : www.amalanursingcollege.org

FIRST CYCLE NAAC ACCREDITATION 2022

CRITERION 2

TEACHING – LEARNING AND EVALUATION

2.3. Teaching Learning Process

2.3.1 Cross Over Learning

Submitted to



THE NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL

AMALA COLLEGE OF NURSING, THRISSUR

SECOND YEAR BSC NURSING 2019 BATCH

MEDICAL NURSING

DATE: 23 September 2020

TIME: 3.00-4.00PM

INNOVATIVE TEACHING METHODOLOGY ADOPTED: CROSS-OVER TEACHING

TOPIC COVERED: CPR

FACULTY RESPONSIBLE: MS SINCY PAUL

OUTCOME EVALUATION: GOOGLE FORM

CARDIO PULMONARY RESUSCITATION

DEFINITION

Cardiopulmonary resuscitation (CPR) is a combination of oral resuscitation (mouth-to-mouth breathing or use of a mask), which supplies oxygen to the lungs, and external cardiac massage (chest compression), which is intended to re-establish cardiac function and blood circulation. (Berman AJ)

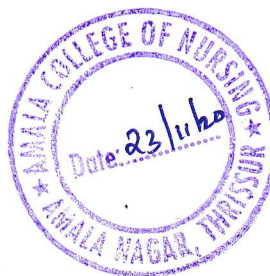
High-quality CPR is key and consists of:

- Keep compression rate of *at least* 100 minute for all persons.
 - Keep compression depth of between 2-2.4 inches for adults and children, and about 1.5 inches for infants.
 - Allow complete chest recoil after each compression.
 - Minimize interruptions in CPR, except to use an AED or to change rescuer positions.
 - Do *not* over ventilate.
 - Provide CPR as a team when possible
-
- Pulse checks are shorter. Feel for a pulse for 10 seconds; if a pulse is absent or if you are not sure you feel a pulse, then begin compressions. Even trained clinicians cannot always reliably tell if they can feel a pulse.
 - For infants, use a manual defibrillator if available. If not available, an AED with pediatric dose attenuator should be used for an infant. If an AED with dose attenuator is not available, then use an adult AED, even for an infant.

WEBSITE LINK:

<https://www.youtube.com/watch?v=-Yqk5cHXsko>

<https://www.youtube.com/watch?v=VKGzXUB9FQs>



19/11

Prof. Dr. RAJEE REGHUNATH
PRINCIPAL
AMALA COLLEGE OF NURSING
AMALA NAGAR PO., THRISSUR-6801

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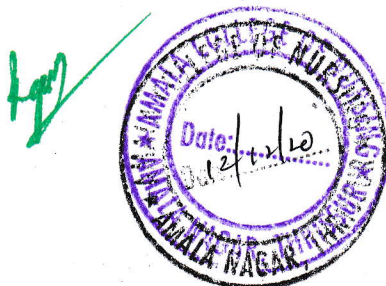
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AMALA COLLEGE OF NURSING
SECOND YEAR BSC NURSING, 2018 BATCH
MEDICAL SURGICAL NURSING

Date: 05/12/2020

Time: 4 -5 pm

To enhance the learning of students various methods of teaching is used for the classes. Students are actively participated in the sessions and responded appropriately to the evaluation

Innovative method of teaching: (CROSS OVER LEARNING) Experiential Based Learning

Theories of aging were taught with the help of Lecture Videos.

Topic covered: Theories of Aging

Faculty responsible: Mr. Don Jose K

No: of participants: 5

Outcome evaluation: Google form

Reference

<https://youtu.be/WV206fobZPg>

<https://youtu.be/ICZDeCQ2UMc>

<https://youtu.be/IPvvJEotn8Q>

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AMALA COLLEGE OF NURSING, THRISSUR

SECOND YEAR BSC NURSING 2019 BATCH

MEDICAL NURSING

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