



AMALA COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society)

Amala Nagar P.O., Thrissur-680 555, Kerala, India.

Website : www.amalanursingcollege.org

FIRST CYCLE NAAC ACCREDITATION 2022

CRITERION 2

TEACHING – LEARNING AND EVALUATION

2.3. Teaching Learning Process

2.3.1 Course Plan

Submitted to



THE NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL

AMALA COLLEGE OF NURSING, THRISSUR

CHILD HEALTH NURSING

COURSE PLAN

Placement: Third year Bsc nursing

Time : 140 hours

Child Health Nursing: 100 hours

External classes: 40 hours

Practical: 420 hours

Course Description

Students identify the normal growth and development, needs/problems of children of various age groups and deviations from normal, recognize the basic concepts, principles and techniques of child care and the role of family in child rearing, develop beginning ability to plan and provide comprehensive nursing care to children suffering from diseases and disorders.

General Objectives

- Explain the concept of child care.
- Describe the principles of child health nursing.
- Recognize the difference between child and adult nursing.
- Identify the reactions of child and family towards hospitalization and illness.
- Describe the major functions and role of pediatric nurse in caring for a hospitalized child.



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- Describe national policy and child welfare programmes.
- Recognize universal Immunization programme.
- Explain the activities of Child Guidance Clinic.
- Identify measures to prevent common childhood diseases.
- Describe the normal growth & development of children at different ages.
- Identify the nutritional needs of children at different ages & provide parental guidance.
- Appreciate the role of play for normal & sick children.
- Appreciate the accident prevention measures and strategies for children.
- Provide care to normal & high risk Neonates Perform neonatal resuscitation.
- Recognize and manage common neonatal problems.
- Demonstrate skill in doing specific Child Health Nursing procedures.
- Provide nursing care to children with various disorders.
- Demonstrate skill in providing care to children with communicable diseases.
- Demonstrate skill in providing Nursing Care to children with emergency conditions.



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Unit	Time (hrs)	Learning objective	Content	Teaching Learning Activities	Assessment/ Methods
I	9	<p>Explain the concept of child care.</p> <p>Describe the principles of child health nursing.</p> <p>Recognize the difference between child and adult nursing.</p> <p>Identify the reactions of child and family towards hospitalization and illness.</p> <p>Describe the major functions and role of pediatric nurse in caring for a hospitalized child.</p>	<p>Concepts of child care.</p> <p>History of Child Health Nursing.</p> <p>Principles of Child Health Nursing.</p> <p>Difference between adult and child nursing.</p> <p>Rights of children.</p> <p>Qualities of a Child Health Nurse.</p> <p>Role of Child Health Nurse in caring for a hospitalized child.</p> <p>Reaction of child and family towards illness and hospitalization.</p> <p>and nurse's role in minimizing stress.</p> <p>General preoperative and postoperative management of children.</p>	<p>Lecture</p> <p>Discussion</p>	<p>Essay type</p> <p>Short answers</p> <p>Objective type</p>
II	5	<p>Describe national policy and child welfare programmes.</p> <p>Recognize universal Immunization programme.</p> <p>Explain the activities of Child Guidance Clinic.</p> <p>Identify measures to prevent common childhood diseases .</p>	<p>Preventive Pediatrics</p> <p>National policy & legislations in relation to child health and welfare programmes.</p> <p>State, National, International Child Morbidity and mortality rates .</p> <p>Universal Immunization Programme, cold chain, underfive clinic, wellbaby Clinic.</p> <p>Genetic counseling.</p> <p>Child Guidance Clinic, IMNCI.</p>	<p>Lecture</p> <p>Discussion</p> <p>Immunization clinic</p> <p>Field visit to Child Guidance Clinic</p>	<p>Short Answers, Assessment of Reports</p>
III	10	<p>Describe the normal growth & development of children at different ages.</p>	<p>The healthy child</p> <p>Principles of growth and Development.</p>	<p>Lecture</p> <p>Discussion</p> <p>Developmental</p>	<p>Short answers</p> <p>Objective type</p> <p>Assessment</p>



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		Identify the nutritional needs of children at different ages & provide parental guidance. Appreciate the role of play for normal & sick children. Appreciate the accident prevention measures and strategies for children.	Factors affecting growth & development. Growth and development from conception to adolescence. Nutritional needs of children & infants: breast feeding, exclusive breast feeding, supplementary/ artificial feeding and weaning. Baby friendly hospital initiative. Accidents: causes and Prevention . Play needs of children .	assessment of infant and children Field visit to Anganwadi	of field visit and developmental study reports
IV	9	Provide care to normal & high risk neonates. Perform neonatal resuscitation. Recognize and manage common neonatal problems.	Nursing care of a neonate Nursing care of a normal newborn/Essential newborn care. Kangaroo mother care. Nursing management of High risk Neonate, Low birth weight, Respiratory distress syndrome, Pre term, Hyperbilirubinemia, Meconium Aspiration Syndrome, Infant of diabetic mothers, Neonatal infections and preventive measures.	Lecture Discussion Workshop on neonatal resuscitation Demonstration Practice session, Clinical practice	Short Answers Objective type Assessment of skills with checklist
V	5	Demonstrate skill in doing specific Child Health Nursing procedures. Provide nursing care to children with various nutritional disorders.	Nursing management in common childhood diseases. Specific Child Health Nursing Procedures. Nutritional deficiency disorders Protein Energy Malnutrition, Vitamin & Mineral Deficiencies	Lecture Discussion Demonstration Practice session Clinical practice	Short answers Objective type Assessment of skills with checklist
VI	5	Provide nursing care in common respiratory disorders in	Respiratory disorders and infections Croup, Bronchiolitis, Bronchitis,	Lecture Discussion	Essay type Short answers



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		children. Demonstrate skill in identifying respiratory disorders in children.	Pneumonia, Tuberculosis, Epiglottitis, Bronchial Asthma, Emphysema, Empyema.	Demonstration Practice session Clinical practice	_ Objective type _ Assessment of skills with checklist
VII	7	Provide nursing care in common gastro intestinal disorders in children. Demonstrate skill in identifying gastro intestinal disorders in children.	Gastrointestinal disorders Medical: gastro enteritis, Malabsorption syndrome, Hepatitis, Indian childhood cirrhosis Surgical: Cleft lip & Palate, Tracheoesophageal fistula, Pyloric stenosis, Intestinal obstruction, Diaphragmatic Hernia, Intussusception, Hirschsprung's disease, Anorectal malformation, Omphalocele, Abdominal wall defects, Hernias	Lecture Discussion Clinical Practice	essay type Short answers _ Objective type _ Assessment of skills with checklist
VIII	6	Demonstrate skill in providing Nursing Care to children with cardio vascular disorders.	Cardio vascular disorders Medical : Rheumatic fever, rheumatic heart disease, Heart failure, Kawasaki Disease. Surgical : Patent ductus arteriosus, Ventricular septal defect, Atrial septal defect, Tetralogy of Fallot, TGA, TAPV	Lecture Discussion Clinical practice	Essay type _ Short answers _ Objective type _ Assessment of skills with checklist
IX	6	Demonstrate skill in providing nursing care to children with common genito-urinary disorders.	Genitourinary disorders: Medical: UTI, Acute glomerulo nephritis, Nephrotic syndrome, Surgical: Wilms' tumor, Obstructive uropathy, Epispadias, Hypospadias, Ectopia vesica.	Lecture Discussion Clinical practice	Essay type _ Short answers _ Objective type _ Assessment of skills with checklist



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X	6	Provide nursing care in common neurological infections in children.	Neurological infections and disorders: Medical: convulsions, epilepsy, meningitis, Encephalitis, cerebral palsy. Surgical: Head Injury, Brain Tumors, hydrocephalus, Neural tube defects, Encephalocele	Lecture Discussion Clinical practice	Essay type _ Short answers _ Objective type _ Assessment of skills with checklist
XI	5	Provide nursing care in common hematological disorders in children.	Hematological disorders: Anemias, thalassemia, ITP, Leukemia, Hodgkins' & Non Hodgkin's Lymphoma, hemophilia.	Lecture Discussion Clinical practice	Essay type _ Short answers _ Objective type _ Assessment of skills with checklist
XII	3	Provide nursing care in common endocrine disorders in children.	Endocrine disorders: Juvenile Diabetes Mellitus, Congenital hypothyroidism	Lecture Discussion Clinical practice	Short answers _ Objective type
XIII	2	Demonstrate skill in identifying orthopedic disorders and provide nursing care in orthopedic disorders in children.	Orthopedic disorders: club feet, hip dislocation and fracture.	Lecture Discussion Clinical practice	_ Short answers _ Objective type
XIV	5	Provide nursing care in common genetic disorders in children.	Genetic Disorders Common chromosomal Disorders, Down's Syndrome, Turner's syndrome, Klinefelter's syndrome, Edwards syndrome, Albinism, Inborn errors of metabolism, phenylketonuria, galactosemia, and mental retardation.	Lecture Discussion Clinical practice	_ Short answers _ Objective type



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XV	2	Demonstrate skill in providing care to children with disorders of skin, eye, and ears.	Common disorders of skin, eye, and ears	Lecture Discussion Clinical practice	Short answers _ Objective type
XVI	5	Demonstrate skill in providing care to children with communicable diseases.	Common communicable diseases in children, their - identification, nursing management in hospital and home and prevention.	Lecture Discussion Clinical practice	Short answers _ Objective type
XVII	6	Demonstrate skill in providing Nursing Care to children with emergency conditions.	Child health emergencies poisoning, foreign bodies. Shock, hemorrhage, burns and drowning, snake bite. Nursing care of infant and children with HIV/AIDS, Dengue fever, Chikungunya.	Lecture Discussion Clinical practice	Short answers _ Objective type
XVIII	4	Manage the child with behavioural & social problems. Identify the social & welfare services for challenged children	Management of behavioural & social problems in children _ Management of Common behavioural disorders _ Management of common psychiatric problems _ Management of challenged children: Mentally, Physically, & Socially challenged _ Welfare services for challenged children in India.	Lecture Discussion _ Field visits to school for mentally, physically and socially challenged	Short answers _ Objective type




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