



AMALA COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society)

Amala Nagar P.O., Thrissur-680 555, Kerala, India.

Website : www.amalanursingcollege.org

FIRST CYCLE NAAC ACCREDITATION 2022

CRITERION 2

TEACHING – LEARNING AND EVALUATION

2.3. Teaching Learning Process

2.3.1 Process Recording

Submitted to



THE NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL

PROCESS RECORDING

Submitted to,
Mrs. Binny A. P
Associate Professor
ACON

Submitted By,
Benliga Bose
3rd year Bsc Nursing
Roll no: 16

~~Binny~~
24/11/21

Submitted on: 23/11/21

Prof. Dr. RAJEEV REGHUNATH

AMALA COLLEGE OF NURSING
AMALA NAGAR P.O., THRISSUR



I) IDENTIFICATION DATA

Name : Mr. Venu.
 Age : 51 yrs.
 Sex : Male.
 Religion : Hindu.
 Marital status : Married.
 Educational status : 5th std.
 Occupation : Fisherman.
 Income per month : 5000/-
 Languages known : Malayalam.
 IP No : 2048031
 Ward No : Ward-6
 Diagnosis : Alcohol Dependence Syndrome.
 Address : Kozhisseri(H) Valappad beach.
 Date of admission : 12/11/21
 Date & time of process recording : 22/11/21

[Signature]



2) PLACE OF INTERACTION

The interaction was taken place at ward-6 of department of psychiatry.

3) DESCRIPTION OF THE ENVIRONMENT

A comfortable environment was provided to the client.

4) REASON FOR SELECTING THE PATIENT

client exhibiting so much of symptoms.

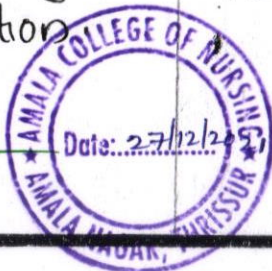
5) OBJECTIVES

- * To assess the insight of the client.

Ryan



NURSES' RESPONSE		PATIENTS' RESPONSE		TECHNIQUE	INFERENCE
VERBAL	NON-VERBAL	VERBAL	NON-VERBAL		
Hi, Had your breakfast?	Smiling	Yes, I had Idli & chutney	Smiling	Initiating therapeutic communication	Initiating therapeutic communication
I want to talk with you for a few minutes if you are comfortable.	Smiling.	Yes, no problems	Smiling		
What is the reason for your admission?	Smiling	I feel irritated while sitting, standing, lying & doing activities	Worried	Broad opening.	
You said, you are getting irritated, why do you feel so?	looking	I can't control my alcohol consumption	Worried.	Focusing	



NURSES RESPONSE		PATIENT'S RESPONSE		TECHNIQUE	INFERENCE
VERBAL	NON-VERBAL	VERBAL	NON-VERBAL		
Why do you drink ?	Enthusiastic	I have many problems & stress in my life. Alcohol reduces my stress.	Eye to eye contact maintained	Focusing	voluntarily got admitted
Who took you to hospital ?	looking.	I told my wife & brother that I want to consult doctor.	Anxious	Broad opening	
What are the problems in your life ?	looking	I have financial issues.	Worried	Focusing	
Can drinking alcohol change all these problems ?	looking	No, Alcohol can't solve my problems I knew it.	looking	suggestion.	



NURSES RESPONSE		PATIENTS RESPONSE		TECHNIQUE	INFERENCE
VERBAL	NON-VERBAL	VERBAL	NON-VERBAL		
Have you ever felt to stop your drinking habit?	Smiling.	Yes, I did it. But I can't control and again consume alcohol.	worried	Theme Identification	Grade-5 Intellectual Insight
Drinking is a bad habit. Alcohol can't solve your problems. Alcohol makes more health issues and more money loss. Try to cope up with the	Smiling	OK, I will try it	Smiling	Informing	



NURSES RESPONSE		PATIENT RESPONSE		TECHNIQUES	INFERENCE
VERBAL	NON VERBAL	VERBAL	NON VERBAL		
<p>Stresses in life and share all problems with your trusted friend or family.</p> <p>Ok, bye, we can talk tomorrow.</p>	Smiling	Okay	Smiling		Termination of therapeutic communication.

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SUMMARY

Mr. Venu, 51 years old, got admitted to Amala Medical college Hospital on 12th November 2021 with chief complaints of irritability, agitation, decreased need for sleep, lack of interest in all activities and diagnosed as a case of Alcohol Dependence syndrome. I communicated with the patient. The interaction was well. The client doesn't performed indifferently throughout the communication.

From the session, I understood that the client have insight grade 5 - Intellectual Insight. He agreed that he is an alcoholic and he knew alcohol won't solve his problems. But he can't stop craving for alcohol. At the end of session, I helped the client by making him think about his family and to share his problems.

The next session planned on 23rd November 2021 at the psychiatry ward.