



AMALA COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society)

Amala Nagar P.O., Thrissur-680 555, Kerala, India.

Website : www.amalanursingcollege.org

FIRST CYCLE NAAC ACCREDITATION 2022

CRITERION 2

TEACHING – LEARNING AND EVALUATION

2.3. Teaching Learning Process

2.3.5 Reflective Learning

Submitted to



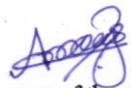
THE NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL

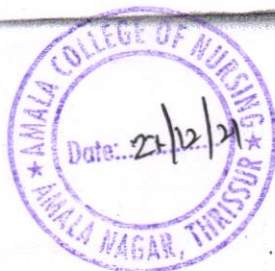
STUDENT FEEDBACK FORM

Name of the Student: Ann Marya Sabu Year & Batch 2019 Batch

Sl. No.	Criteria	Strongly agree (4)	Agree (3)	Disagree (2)	Strongly disagree (1)
1	Objectives were stated clearly and met	✓			
2	The sessions were well organized	✓			
3	Situations were appropriate for the current scenario	✓			
4	The instructor adopted student centered learning strategies and techniques	✓			
5	Materials provided were helpful	✓			
6	Information and skills presented were relevant and useful	✓			
7	The instructor provided adequate time for questions and answered them satisfactorily	✓			
8	The sessions gave confidence to work effectively in any setting	✓			
9	Received enough time to practice skills	✓			
10	Feedback provided at appropriate timings	✓			

Any other suggestion:


 Signature of the student:





Reflective writing

* Descriptions

When we went for rounds with doctor as per the order of staff nurse and teachers and as we approached the group of doctors one of the house surgeon's asked us to go away and not to follow them in a rough manner.

* Feelings :-

We felt extremely sad and ashamed in that situation as all the bystanders and patients were watching us.

* Evaluation :-

The staff nurses were busy so they asked us to assist doctor instead of them. During this situation we could have made the doctors understand that we were there as per the instruction by staff nurse.

* Analysis :-

In our point of view as we analysed this scenario we were capable to know that many of them are not giving the respect that we deserve and there is a great chance of misunderstanding among the health workers in ward.

* Conclusion :-

During the doctors rounds we were asked to assist them and they asked to go away and we understand that we have to ask their permission to follow them.



Prof. Dr. RAJEEVEGHUNATH
PRINCIPAL

Anakha Paurathan

005

REFLECTIVE DIARY

23/02/21
F pro.

I would start to think
that it's ok that I
lost my hair. It's these
is a chance that I
can secure my life.

I would start to
communicate
with others
confidently.

12/02/21
11/02/21

the necessary.
- will self - control will
the situation surrounding.
I will take the risk
I will be really good

start to take
to others
control of self. know I
to others
I will be able to take

7 pm

self reflection.

I saw a patient today at work who have CKD, on dialysis and had financial carbz free next therman-
dialysis.

Feeling

I feel worry feel very much stressed about how to deal with financial carbz.

- I will cry and tense to how to deal the situation

03/03/21
3pm

I will be very much
stressed as these are no
way deal with financial
costs on my own

I will not be able
to talk to anyone
freely.

04/03/21
6pm

Now I will ^{think} try to
seek help from somebody
who can help me off from
charity trust etc.

I will ~~to~~ ventilate
my feeling and seek
help from other both
financially and
psychologically.

05/03/21

7:30pm

I started that too
-think that those are
a hope that I will
find a solution.

I started to become
confident, started
to pray and continue
with work others.

01/03/21
6 pm

I will be empathetic
towards her and her
situation.

enabled to have a
professional relationship
with the patient
and try to help to
ventilate her feelings.

01/03/21
6 pm

she is sad.

for the first time report

of her report yesterday

at 11:00 am

my grade

of the patient's situation

with her husband and

I will start communicating

09/03/21

5:30pm

I will feel more
empathetic towards her
and will start to think
how to help her.

I will try to make
her feel happy and
give psychological
support.

09/03/21
4 pm.

I will be more empathetic towards her and started to think hard to help her

I will tell about her afternoon about work and start.

7:30pm

I will feel gloomy that I can't do anything for them and will feel helpless.

12/03/21
7:00 pm.

I will expect that I can help them in some other way.

I will try to make them a bit relaxed and communicate with them.

I will communicate with the hospital management that they can help the patient and family financially.

INTERPRETATION

I learn from this self reflection and situational reflection that empathy plays an important role while caring a patient. Empathy can somewhat help us to improve the health of the patient. At least we can support them psychologically. Empathy can be showed towards the patient so that their stress can be relieved.

Both self reflection and situational reflection uses a way to think how empathy can create a support system between patient and nurses.

ANALYSIS

Understand that the feelings of patient and their families by knowing them is easy for us to treat them. Verbal communication and communication through gestures and body language is important. Our emotional bonding within professional relationship is helpful in treating them. Paying attention to them is a way to show them that we care for them.

DECISION

I have decided to be more empathetic towards the patient and family through whom I may come in contact in future.

I will pay attention to the needs of patient and family.

I will lay my maximum in order to think from their side and do the necessary things for them.