



# AMALA COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society)

Amala Nagar P.O., Thrissur-680 555, Kerala, India.

Website : [www.amalanursingcollege.org](http://www.amalanursingcollege.org)

## First Cycle NAAC Accreditation 2022

Criterion 3

### Research, Innovations and Extension

3.3. Research publications and Awards

*3.3.2 List of PG Guides and Students*

Submitted to



**THE NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL**

3.3.2 (QnM) Average number of PhD/DM/M.Ch/PG degrees in the respective disciplines awarded per recognized PG teachers\* of the Institution during the last five years

Name of the PhD/DM/M.Ch/PG scholar	Name of the Department	Name of the guide	Title of the thesis	Year of registration of the scholar	Year of award of PhD/DM/M.Ch/PG degree
AishwaryaHarichandran	Medical Surgical Nursing	Lakshmi G	Effectiveness Of Community Based Intervention Programme On Knowledge And Attitude Regarding Stroke Prevention Among Population At Risk In A Selected Community, Thrissur	2013	2016
Asha Paul	Medical Surgical Nursing	Merly John	Effectiveness Of A Guided Risk Management Strategy On Knowledge And Attitude Regarding The Prevention Of Metabolic Syndrome Among Adolescents Studying In A Selected Higher Secondary School, Thrissur	2013	2015
Deleena Mathew	Medical Surgical Nursing	Lakshmi G	A Study To Assess The Effect Of Foot And Ankle Exercise On Intradialytic Muscle Cramps	2013	2015



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**Prof. Dr. RAJEE REGHUNATH**  
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			Among Patients Undergoing Hemodialysis In Amala Institute Of Medical Sciences Thrissur		
Jincy V Abraham	Medical Surgical Nursing	Jyothish CSC	Effectiveness Of Structured Intervention Programme On Knowledge And Attitude Regarding Management And Prevention Of Low Back Pain Among Class IV Workers In Amala Institute Of Medical Sciences, Thrissur	2013	2015
Limi M Mathai	Obstetric & Gynaecological Nursing	Litha Lizbeth	Structured Teaching Programme On Knowledge Regarding Management Of Post Hysterectomy Syndrome Among Women Who Have Undergone Hysterectomy In Amala Institute Of Medical Sciences, Thrissur.	2013	2015



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Litty Thomas	Mental Health Nursing	Nirmala	Effectiveness Of Parent Education Programme In Changing The Knowledge, Attitude And Level Of Anxiety Of Mothers Of Primary School Children Regarding Childhood Sexual Abuse	2013	2015
Meera G	Obstetric & Gynaecological Nursing	Chanlin Chacko	Effectiveness Of Multifaceted Teaching Programme On Knowledge And Maternal Well-Being Among Postnatal Women In Amala Institute Of Medical Sciences, Thrissur	2012	2015
Neethumol Joy	Medical Surgical Nursing	Mary Mannarathu	Effectiveness Of A Structured Teaching Programme On Knowledge Regarding The Early Detection And Prevention Of Diabetic Nephropathy Among Type 2 Diabetes Mellitus Patients In Amala	2013	2015



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			Institute Of Medical Sciences Thrissur.		
Sruthi M	Mental Health Nursing	Nirmala	Effectiveness Of Bidirectional Dyadic Association On Anxiety And Self Esteem Among Patients Who Have Undergone Mastectomy In Amala Institute Of Medical Sciences, Thrissur	2013	2015
Vinny Varghese	Obstetric & Gynaecological Nursing	Litha Lizbeth	Effectiveness Of Self Instructional Module On Knowledge And Practice Regarding Prevention Of Gestational Diabetes Mellitus Among High Risk Antenatal Mothers Attending The Outpatient Department Of Amala Institute Of Medical Sciences, Thrissur.	2013	2015

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AishwaryaHarichandran	Medical Surgical Nursing	Lakshmi G	Effectiveness of community based intervention programme on knowledge and attitude regarding stroke prevention among population at risk in a selected community, Thrissur	2013	2016
Arya V Ajith	Medical Surgical Nursing	Jyothish CSC	A study to assess the effect of honey on prevention of radiation induced oral mucositis among head and neck cancer patients undergoing radiation therapy in Amala Institute of Medical Sciences, Thrissur	2015	2017
Daisy M V	Medical Surgical Nursing	Lakshmi G	Effect of structured teaching programme on knowledge, attitude and practice regarding breast self examination and prevention of breast cancer among nun sisters	2015	2017



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Flemy Sunny T	Mental Health Nursing	Nirmala	Effect of reminiscence therapy of the level of depression among old age people in selected old age people in selected old age home, Thrissur District	2015	2017
Jane Mary Jose	Medical Surgical Nursing	Jyothi K F	Effect of AnulomVilom Pranayama on level dyspnea among asthma patients in Amala Institute of Medical Sciences	2015	2017
Minnu Joy C	Obstetric & Gynaecological Nursing	Aneesha V B	Effect of Jasmine oil aromatherapy on labour progress and pain among primiparturients in Amala Institute of Medical Sciences, Thrissur	2015	2017
Sreelekha R	Medical Surgical Nursing	Merly John	Effect of pelvic exercise on urinary incontinence among elderly women	2015	2017
Tina N Varghese	Obstetric & Gynaecological Nursing	Litha Lizbeth	A study to assess the correlation between biological variables and menstrual	2015	2017



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			profile among nursing students in selected nursing colleges in Thrissur district".		
MilkaOppan	Mental Health Nursing	Chanlin Chacko	A study to assess the effect of laughter therapy on stress among old age people residing in selected old age homes, Thirssur District	2016	2018
Vishnu R	Medical Surgical Nursing	Moly Thomas	Effectiveness of guided home care management strategy on knowledge and practice regarding home care among patient receiving chemotherapy	2016	2018
PhebaElza George	Medical Surgical Nursing	Lakshmi G	Lived experiences of mechanically ventilated post cardiac surgery patients - A phenomenological approach	2016	2018
Dona Francis	Mental Health Nursing	Merly John	Effectiveness of awareness programme on knowledge, attitude	2016	2018



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			and anxiety among mothers of teenage children regarding substance abuse		
Soumyalgnatious	Mental Health Nursing	Jyothi K F	Effectiveness of assertiveness training programme on self esteem and assertive behavior among adolescent girls studying in selected nursing college of Thrissur district	2016	2018
Anjali K A	Obstetric & Gynaecological Nursing	Aneesha V B	Correlation between selected maternal parameters and obstetric outcome among women admitted in antenatal wards	2016	2018
ChirayathTrivinsha Antony	Obstetric & Gynaecological Nursing	Litha Lizbeth	Effectiveness of an information booklet on knowledge and practice regarding lifestyle modifications on polycystic ovarian syndrome among adolescent girls	2016	2018



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Celine Mathews	Medical Surgical Nursing	Chanlin Chacko	A study to assess the effect of structured teaching programme on knowledge regarding prevention of computer vision syndrome among long term computer users in Amala Institute of Medical Sciences, Thrissur	2015	2019
Athira A	Obstetric & Gynaecological Nursing	Litha Lizbeth	A study to assess the prevalence of post partum depression and its associate factors among postnatal mothers in Amala Institute of Medical Sciences	2017	2019
Daly C D	Mental Health Nursing	Cherupushpam	A study to assess the emotional intelligence, level of stress and coping strategies among B.Sc. Nursing students of selected Nursing colleges, Thrissur	2017	2020
Jossy John	Medical Surgical Nursing	Chanlin Chacko	Lived experiences of patients with colostomy-a	2017	2019



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			Phenominological study		
G. Mary Monica	Medical Surgical Nursing	Lakshmi G	Spirituality among terminally ill cancer patients-a grounded theory approach".	2017	2019
Siji C P	Medical Surgical Nursing	Jyothish CSC	A study to identify the predictors of caregiver burden among female caregivers of patients admitted in oncology ward, Amala Institute of Medical Sciences, Thrissur	2017	2019
Sreejitha K R	Medical Surgical Nursing	Moly Thomas	A study to assess the level of distress and its predictors among post mastectomy patients receiving adjuvant therapy".	2017	2020
Akshaya A K	Mental Health Nursing	Cherupushpam	Effectiveness of guided mind management technique on anxiety and depression among patients undergoing haemodialysis	2018	2020



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Bijimol C C	Mental Health Nursing	Jyothish CSC	A study to assess the effectiveness of awareness programme on knowledge, attitude and practice among adolescents regarding substance abuse in selected schools, Thrissur	2018	2020
Jesna Joseph	Obstetric & Gynaecological Nursing	Rinu David	Comparison of knowledge and dietary practices of anaemic and non anaemic antenatal women	2018	2020
Mekhana V D	Obstetric & Gynaecological Nursing	Litha Lizbeth	Effect of reflex zone stimulation on lactation among post caesarean mothers	2018	2020
Priyankamol P Jose	Medical Surgical Nursing	Lakshmi G	Lived experiences of patients receiving chemotherapy	2018	2020
Shilsa James	Medical Surgical Nursing	Don Jose K	Spousal support among women with reproductive cancer and its correlation with their coping strategies	2018	2020



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Liji K M	Mental Health Nursing	Dr.RajeeReghunath	Effect of reflective learning on empathy among B.Sc. Nursing students in a selected nursing college, Thrissur	2019	2021
	Mental Health Nursing	Shaly Joseph pullan	Psychological Trauma and hoping strategy among adult victims of flood	2019	2021
	Medical Surgical Nursing	Don Jose K	Prevalence and factors associated with cancer related fatigue among patients receiving various treatment modalities with a view to develop a self directed fatigue management programme	2019	2021
	Medical Surgical Nursing	Sr. Jyothish	Quality of life and burden among primary care givers of patients receiving palliative care	2019	2021



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	Medical Surgical Nursing	Chanlin Chacko	Pubertal preparedness in terms of knowledge and attitude among early adolescent girls	2019	2021
	Medical Surgical Nursing	Fancy Paul K	Emotional intelligence as a predictor of health related quality of life among breast cancer survivors	2019	2021
	Medical Surgical Nursing	Lakshmi G	Lived experiences of nursing care among terminally ill patients	2019	2021
	Medical Surgical Nursing	Moly Thomas	Impact of chemotherapy induced nausea and vomiting on quality of life among patients receiving chemotherapy	2019	2021



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