



# AMALA COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society)

Amala Nagar P.O., Thrissur-680 555, Kerala, India.

Website : [www.amalanursingcollege.org](http://www.amalanursingcollege.org)

## First Cycle NAAC Accreditation 2022

Criterion 3

### Research, Innovations and Extension

#### 3.4. Extension Activities

##### *3.4.1 Principal Declaration*

Submitted to



**THE NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL**



# AMALA COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society)

Amala Nagar, Thrissur - 680 555, Kerala

Affiliated to Kerala University of Health Sciences and recognized by Kerala Nurses and Midwives Council & Indian Nursing Council  
(Certificate No. 18-16/2893-INC)

Date: 30.12.2021

## DECLARATION BY PRINCIPAL

This is to certify that following are the extension and outreach activities carried out during last 5 years.

Sl. No.	Name of the activity	Year
1	Community Outreach Activities, Community Posting / visit	2020-2021
2	Health Education Programme	
3	Nutrition week observation	
4	World Leprosy Day	
5	World Epilepsy Day	
6	World COPD Day	
7	World Men's Day	
8	International Day of elimination of violence against women	
9	Cervical cancer awareness programme	
10	World Aids Day	
11	World Human Rights Day	
12	Women's day	
13	Old age day	
14	Environmental day observation by planting trees	
15	Yoga day	
16	Eco Club Activities	
17	Earth day	
18	Dry day	
19	Water day	
20	TB day	

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Sl. No.	Name of the activity	Year
21	World Health Day	2020-2021
22	Participation in pulse polio programme	
23	Covid vaccination participation	
24	National Youth day	
25	National martyr day	
26	NSS Day	
27	World Heart Day	
28	National Constitution Day	
29	Darsana Christmas Angel Beats	
30	NSS Seven day camp	
31	Film Club / Literary Club Activities	
32	Donating hair to Cancer patients	
1	Community Outreach Activities	2019-2020
2	Eco Club Activities , Physical Education Activities	
3	Arogya Gaagratha Yathra	
4	Old age home visit and health checkups, awareness programmes	
5	Mental Health Day	
6	Adolescent health services, awareness classes	
7	Survey in adopted community	
8	Special school visit and health awareness programmes	
9	Nutrition programmes	
10	Vayojana Sangamam	
11	Women's day observation	
12	Field Visit Report	
13	Blood Donation	
14	Health Day	
15	Field Visit Report	
16	Immunization Week	
17	TB awareness Programmes, rally,	
18	health education	
19	Food Fest	
20	Field Visit Report	
21	Pain & Palliative Care Day	
22	Health Education	
23	Old Home Visit	
24	Observation of international yoga day	
25	International Anti Drugs Day	
26	National Insurance Day	
27	National Seminar on Emergency Medicine	
28	Gastro Workshop	



Sl. No.	Name of the activity	Year
29	Seminar Bone Marrow Transplantation	2019-2020
30	International Old Age Day	
31	International Geriatric Day	
32	Radiology Conference	
33	Anesthesia Workshop	
34	Ayurveda Day	
35	Book Publication	
36	Fellowship unit convention	2018-2019
1	Community Outreach Activities	
2	Survey in adopted community	
3	Survey in adopted community	
4	Nurses Day	
5	Vitiligo Day	
6	Achievements	
7	Community Health Programme	
8	Survey	
9	Nutrition Programme	
10	IEC Activity	
11	Water Purification visit	
12	Milma dairy visit	
13	NABH Accreditation	
14	Nursing Manual Publication	
15	Continuing Education Programme	
16	Concordium Workshop	
17	Anti-Tobacco Day	
18	Psoarisis Day	
19	Cancer Researchers Meet	
20	MRI Compactable Ventilator	
21	Conducted Workshop	
22	Words Aids Day	
23	Award for Pediatric Department	2017-2018
1	Community Outreach Activities	
2	World Cancer Day	
3	Report on annual conference	
4	Arthritis Patient Association	
5	Special Team initiated for Lung Cancer treatment	
6	Homeo Day	
7	Schizophrenia Day	
8	P.G Programme in Amala Institute of Medical Sciences	

Sl. No.	Name of the activity	Year	
9	Spices Garden	2017-2018	
10	Arthritis Resistance Association		
11	Provide hope -treatment by Mr.Madabe Kunjikuttan		
12	Celebrating No Horn Day		
13	Started Ph.D. Programme in amala Nursing College		
14	Amala Nursing College Day		
15	Inauguration of Solar Plant and Rain Water Harvesting Reservoir		
16	Exhibition		
17	World Heart Day		
18	Modern Dental X-ray		
19	Infection control		
20	CMI Foundation		
21	Demonstration , Spiritual service, Yoga		
22	Nutrition programmes		
23	IEC Activity		
24	School Health Programmes		
25	Pulse polio programme		
26	Survey in adopted community		
27	Pulse polio programme		
1	Community Outreach Activities		2016-2017
2	Survey in adopted community		
3	Survey in adopted community		
4	Nutrition programmes		
5	old age home visit and health checkups, awareness programmes		
6	School Health Programmes – TB Day		
7	TB awareness Programmes, rally, health education		
8	Leprosy Day observation by visit to the centre and awareness programmes		
9	Cancer awareness programme, health check up		
10	Medical Camp		
11	AYUSH Posting		

*Rgan*  
**Dr. Rajee Reghunath**  
**Principal**

**Prof. Dr. RAJEE REGHUNATH**  
**PRINCIPAL**  
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