



AMALA COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society)

Amala Nagar P.O., Thrissur-680 555, Kerala, India.

Website : www.amalanursingcollege.org

FIRST CYCLE NAAC ACCREDITATION 2022

CRITERION 4

INFRASTRUCTURE AND LEARNING RESOURCES

4.1. Physical Facilities

4.1.2. Sports Register

Submitted to



THE NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL

SPORTS - 2020

The sports day of 2020 - 'REAL' was conducted on January 18th. It was hosted by 'MATEOZA' (2016). The meeting was inaugurated by Rev. Fr. Francis Kurekerry Director AIMS by hoisting the flag. The sports day was conducted for 2 days. Indoor items were conducted on 17th & the outdoor items were conducted on 18th.

Indoor

- ① Chess
- ② Carroms
- ③ Badminton

The sports day on 18th began with the March past followed by lamp lighting & the Deepashika. After the inauguration outdoor items were conducted. It includes

Outdoor

400 m - relay

800 m

200 m

100 m

Long Jump

Short Jump

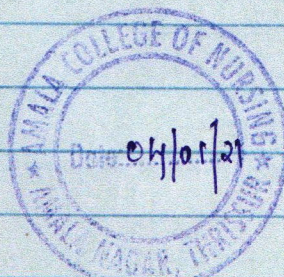
Discus Throw

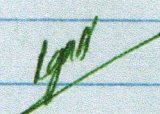
Shotgun Throw

The individual championship for sports competition was awarded to Ms. Athira James from 2017 batch & the overall goes to 2017 batch.



1.	Ponnu Joseph	2016	<u>Ponnu</u>
2.	Swathy K. Yohanan	2016	<u>Swathy</u>
3.	Navya Jose	2016	<u>Navya</u>
4.	Della V.V	2017	<u>Della</u>
5.	Amala Simon	2017	<u>Amala</u>
6.	Aneesha Mani	2017	<u>Aneesha</u>
7.	Fenny Paul	2018	<u>Fenny</u>
8.	Ayisha	2018	<u>Ayisha</u>
9.	Shabeen	2018	<u>Shabeen</u>
10.	Sharon	2019	<u>Sharon</u>
11.	Amy	2019	<u>Amy</u>




 Prof. Dr. RAJEE REGHUNATH
 PRINCIPAL
 AMALA COLLEGE OF NURSING
 AMALA NAGAR P.O., THRISSUR-680 555

SPORTS 2019

We had conducted sports day on January 23th 2019. It was hosted by 'Hamietz'. The meeting was inaugurated by Fr. Paniel Kurissay Director AIMS by hoisting the flag. There were various items.

Indoor

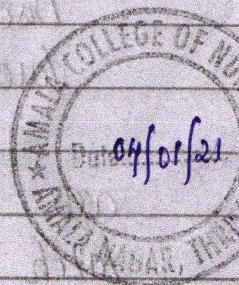
- ① Chess
- ② Carrom
- ③ Badminton

Outdoor

- ① 400m relay
- ② 200m race
- ③ 100 m race.
- ④ Long jump
- ⑤ Short put
- ⑥ Javelin throw.

The individual championship for sport competition was awarded to Ms. Juby from 2015 batch and overall championship was secured by 'Hamietz' 2015.

- | | | |
|------------------------|------|----------------------|
| 1. Elizabeth Johnson | 2016 | Elizabeth |
| 2. Telma John | 2016 | Telma |
| 3. Sandra Benny | 2016 | Sandra |
| 4. Snes? Augustine | 2018 | Snes |
| 5. Chanehal | 2017 | Chane |
| 6. Della | 2017 | Della |
| 7. Athena James | 2017 | Athena |
| 8. Shabeer | 2018 | Shabeer |
| 9. Salomy | 2018 | Salom |
| 10. Teena | 2018 | Teena |
| 11. Swathy K. Yohannan | 2016 | Swathy |
| 12. Dayana Baby | 2016 | Dayana |



Agarwal

SPORTS 2018

We had conducted Sports day on January 19th 2018. It was hosted by Kariy. The meeting was inaugurated by Fr. Francis Kereessy, Director A.M.S. by hoisting the flag. There were various items

Indoor

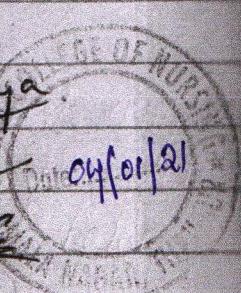
- ① Chess
- ② Carroms
- ③ Badminton

Outdoor

- ① 400 m relay
- ② 200 m race
- ③ 100 m race
- ④ Long jump
- ⑤ Shot put
- ⑥ Javelin throw

The individual Championship for Sport Competition was awarded to Ms. Tuby from 2015 batch, and the overall Championship was secured by Kariy.

- | | |
|----------------------------|-----------------|
| ① Amentha rose Joseph 2015 | <u>Ame</u> |
| ② Tuby Shaji 2015 | <u>Tuby</u> |
| ③ Sandra Benny 2016 | <u>Sandra</u> |
| ④ Soathy K. Yohannan, 2016 | <u>Soathy</u> |
| ⑤ Della V.V 2017 | <u>Della</u> |
| ⑥ Athina 2017 | <u>Athina</u> |
| ⑦ Chanchal 2017 | <u>Chanchal</u> |
| ⑧ Ajeli K. 2015 | <u>Ajeli</u> |
| ⑨ Navya Gose 2016 | <u>Navya</u> |
| ⑩ Donnu Joseph 2016 | <u>Donnu</u> |
| ⑪ Anecha mani 2017 | <u>Anecha</u> |
| ⑫ Liza 2016 | <u>Liza</u> |
| ⑬ Anna 2015 | <u>Anna</u> |



SPORTS 2017

We had Conducted Sportsday on 21st Jan-2017 Which Was hosted by Raos 2014.

The meeting Was Inagurated by Rev. Fr. Francis-Kurissery CMI, Director AIMS, by hosting the Flag.

The programme Was began With Marchpast by 4 Batches at 8:00^{am}

There Were Various Items including Indoor And Outdoor Games like:

Indoor Games

- ① Chess
- ② Caroms
- ③ Badminton
- ④ Throw Ball

Outdoor Games

- ① 100 m Race
- ② 200 m Race
- ③ 4x100 m Relay
- ④ Long jump
- ⑤ Short put
- ⑥ javelin throw
- ⑦ Disc throw

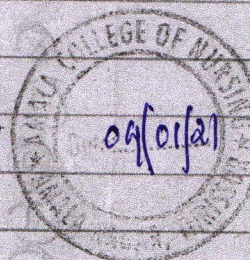
The Individual Championship for Sports Competition Was Awarded to Ms. Albi from 2014 batch, and the Overall championship Was Secured by "Raos 2014 batch."

- ① Jemily Augustine, 2015 - *Jemily*
- ② Megha p.T, 2015 - *Megha*
- ③ Reshma mani, 2015 - *Reshma*
- ④ Sushy k. yohannan, 2016 - *Sushy*
- ⑤ Sandra Benny, 2016 - *Sandra*
- ⑥ Athina games, 2017 - *Athina*
- ⑦ Dello V.V, 2017 - *Dello*
- ⑧ Fmrittha, 2015 - *Fmrittha*

(JBW)

PROF. DR. RAJEEV REGHUNATH
PRINCIPAL

AMALA COLLEGE OF NURSING
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SPORTS 2016

We had Conducted Our Sports day "Jwala" On 25th January 2016 Which Was hosted by ZAOS 2k19. The meeting Was Inaugurated by Rev. Fr. Francis Kurissery Director AIMS, by hoisting the flag.

The programme Was began With marchpast by 4 Batch at 8:00am. There Were Various items:

- | Indoor | Outdoor |
|-------------|-----------------|
| ① Chess | ① 400 m Relaf |
| ② Carroms | ② 200 m Race |
| ③ Badminton | ③ 100 m Race |
| ④ ThrowBall | ④ Long jump |
| | ⑤ Shortput |
| | ⑥ Javelin throw |
| | ⑦ Disc throw |

The Individual Championship for Sports Competition Was awarded to Ms. Albi from 2014 batch, and the Overall Championship Was Secured by 2019 batch.

- | | |
|------------------------------|-----------------|
| ① Tuby Shaji, 2015 | <i>Tuby</i> |
| ② Ananthha Rose Joseph, 2015 | <i>Ananthha</i> |
| ③ Reeshma nani, 2015 | <i>Reeshma</i> |
| ④ Anjali k., 2015 | <i>Anjali</i> |
| ⑤ Dayana Baby, 2016 | <i>Dayana</i> |
| ⑥ Ponnu Joseph, 2016 | <i>Ponnu</i> |
| ⑦ Navya Jose 2016 | <i>Navya</i> |
| ⑧ Sandea Benny 2016 | <i>Sandea</i> |
| ⑨ Daya 2015 | <i>Daya</i> |
| ⑩ Anusha P. G 2015 | <i>Anusha</i> |
| ⑪ Suwathi 2016 | <i>Suwathi</i> |

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