



# AMALA COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society)

Amala Nagar P.O., Thrissur-680 555, Kerala, India.

Website : [www.amalanursingcollege.org](http://www.amalanursingcollege.org)

**FIRST CYCLE NAAC ACCREDITATION 2022**

## CRITERION 7

# INSTITUTION VALUES AND BEST PRACTICES

## 7.2 Best Practices II

*7.2 Best Practice II- APSARA- Guidelines*

*Submitted to*



**THE NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL**

AMALA COLLEGE OF NURSING , THRISSUR

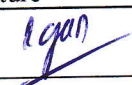
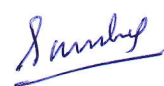

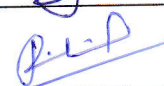


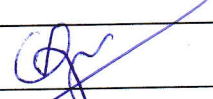
GUIDELINES FOR APSARA (ACON PALLIATIVE AND REACH OUT ACTIVITIES)

APSARA is a specialist home- based palliative care initiative by Amala College of Nursing aimed at instilling a sense of compassion among the nursing students by providing palliative care to the patients suffering from chronic end stage disease.

**Objectives**


1. To instil human values and compassion for nursing students
2. To improve the nursing care skills of the students in a home-based setting
3. To sense the needs of society and be a part of the institutional social responsibility

**Committee members**

	Members	Signature
Chairperson	Prof Dr Rajee Regunath, Principal	
Faculty representatives	Dr Sr Merly John, HOD Community Health Nursing	
	Mrs Shaly Joseph	
	Mrs Rinu David	
	Mrs Aswathy Gopi	
Student representatives	Reshma.Babu Fourth Year BSc Nursing student	
	Chinju K Paul MSc Nursing student	

**Activity**

- Members of the APSARA committee meets every 6 months.
- Students provide home based care to the needy patients at the end stage of a disease like cancer.
- Students provide supervised care by a teaching faculty from the college of nursing.
- Students provide basic care like monitoring vital signs, wound dressing, catheter insertion, catheter care, NG tube feeding etc

  
Prof. Dr. RAJEE REGUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR, THRISSUR



- Students take part actively in assisting the palliative care team which includes doctors, registered nurses and social worker.
- The palliative team will be equipped with a medical kit which includes all articles for the basic care.
- Transportation facilities will be arranged from the college to the desired area of visit.
- The allotted areas for the home visit is within 20 km of the college.

*19/01*

Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 55

